



# SENIORS' CHAT

## Don's Column



Hello, Happy Hands Members and Friends,

For the monthly meeting on March 4, we will have a presentation by Eileen Goran on "Just How Smart Are You" (page 2). For the Social Event on March 18, Vicki Shank will do "Traveling Light" (page 2). For March 25, we will meet at Gallaudet University for a tour (see pages 4-5).

All of our recent events are reported with pictures in this newsletter for your reading pleasure.

As usual, Stay Happy Safely with Our Awesome Hands!

~ Don



### HAPPY BIRTHDAY ...to the folks with birthdays in March

- Phuong Duong [7th]
- Mike Yared [15th]
- Denise Drake [23rd]
- Song Jo [24th]
- Denise Proulx [29th]
- Barry Harlan [30th]



# Happy Hands In-Person Meeting

## March 4 at 10:00 AM



We will have our monthly meeting on March 4, 2026 at 10:00 AM - 2:00 PM. Please bring your own lunch and beverages. For more information, contact Pat Beech at [pgbeech@aol.com](mailto:pgbeech@aol.com).

**BRING YOUR OWN LUNCH & BEVERAGES.**



Before lunch, Bill Morris will share results of the “Super Bowl Playoff Bracket.”

After lunch, Eileen Goran will give a presentation on “Just How Smart Are You?”



# Happy Hands Social Chat

## March 18 at 10:00 AM



We will have our social event on March 18, 2026 at 10:00 AM - 2:00 PM. Please bring your own lunch and beverages. For more information, contact Pat Beech at [pgbeech@aol.com](mailto:pgbeech@aol.com).

**BRING YOUR OWN LUNCH & BEVERAGES.**

After lunch, Vicki Shank will give a presentation on “Traveling Light.”





# Upcoming Events



### April 1

**Menu:** TBD  
**After lunch:** TBD



### April 8 — Two Options:

Option #1 at Wegmans  
**Time:** 10:30-1:00  
**What:** Social Chat



Option #2 at Burnside Farms [Rain Date April 9]  
**What:** Tulip Festival  
[<https://www.burnsidefarms.com/>]  
**Time:** 10AM-12AM  
**Transportation:** On your own  
**Tickets:** <https://www.burnsidefarms.com/tickets>

### April 15

(rescheduled from January 28)  
**Menu:** Bring Your Own Lunch  
**After lunch:**  
“How to play Mahjong”  
by Margaret Huang



### April 22 — Two Options:

Option #1  
**Location:** NVRC  
**During the day:** Games



Option #2  
**Location:** Pinot’s Palette, Herndon, VA  
**During the day:**  
Painting Class (see page 14)  
Registration required



### May 13 (not May 6)

**Menu:** TBD  
**Before lunch:** Election of Fine Tuners for 2025-2026  
**After lunch:** Judging of Scavenger Hunt collections (see page 17)



### May 27

**Menu:** TBD  
**After lunch:** “White Sands Missile Range” by Vilas Johnson



### June 3

Picnic  
at Lake Fairfax Park



### July 8 (not July 1)

**Menu:** TBD  
**After lunch:** TBD



### August 5

**Menu:** TBD  
**After lunch:** TBD



### September 2

**Menu:** TBD  
**After lunch:** “Service Source and Its Mission” by Mariana Shank



### October 7

**Menu:** TBD  
**After lunch:** “WWII Trip in 2025 via Deaf Vacations” by Bev Young



# Happy Hands Tour March 25 at 11:00 AM



We will have a tour of the  
**“We, Native Deaf People, Are Still Here!”**  
exhibition at Chapel Hall at Gallaudet University at 11:00AM.  
Please RSVP by 03-18-2026 [[pgbeech@aol.com](mailto:pgbeech@aol.com)]

For more information, see:  
<https://gallaudet.edu/museum/exhibits/indigenous-deaf-peoples-exhibition/>



Washburn Arts Center has **“Beyond the Waves: Deaf Art”**  
exhibition during 10:00AM-4:00PM.  
You can visit that before or after the 11:00AM tour at Chapel Hall.

For more information, see:  
<https://gallaudet.edu/art-and-media-design/linda-k-jordan-gallery/beyond-the-waves-deaf-art-exhibit-takes-viewers-on-a-journey-through-deaf-arts/>.

# Happy Hands Tour on March 25

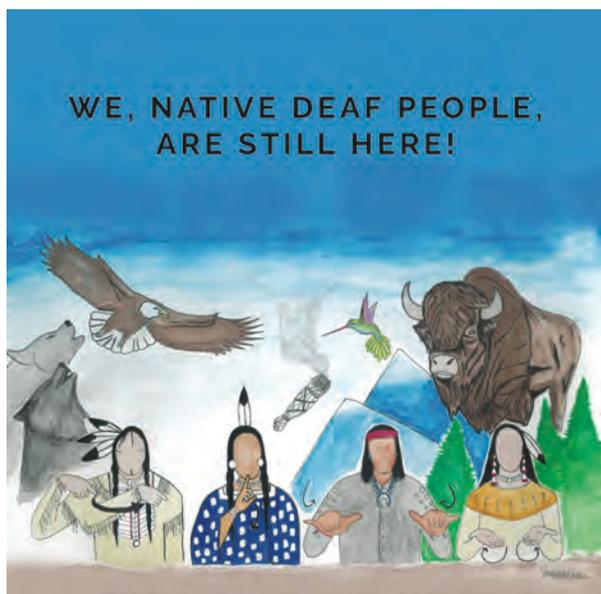
(continued from page 4)

## Transportation on your own:

1. Drive to Gallaudet; parking is free; we can park at the 6th Street Garage (directions: <https://gallaudet.edu/visit/map-and-directions/>)
2. Take Metro to Union Station (it is on the Red Line):
  - Where to board the Shuttle Bus at Union Station
  - Take the escalator up to the Greyhound/Tour Bus Parking Level. The shuttle location area is immediately to the left once you exit the escalator. The shuttle will have Gallaudet University Shuttle signage. It is in Space #50.
  - For more information about the Shuttle, see: <https://gallaudet.edu/operations/campus-services/shuttle/>
3. Take Metro to NoMa/Gallaudet Metro Station (it is on the Red Line; 12-minute walk to Gallaudet campus)

## Lunch on your own:

1. Gallaudet's on-campus cafeteria
2. Union Market (near Gallaudet) which has a food hall and restaurants (<https://unionmarketdc.com/eat-drink/>)
3. Union Station (<https://www.unionstationdc.com/dining/>)





# Recap of Monthly Meeting on February 4, 2026



Twenty-four attendees came to the February 4 meeting. Highlights of the meeting were: February Birthday Song, IQ Test, and “Whereabouts of Anne Frank.” Here is URL: <https://youtu.be/K3JeCVfczgc>. For the “Whereabouts of Anne Frank,” see: <https://youtu.be/PswrIrKvXhw>.



Lanny Quarles



Lanny Quarles, Cathleen Potosky, and Laurie Dowling



Standing: Bob Hickey, Randy Renchard, Lois Herberger, Tom Dowling, Melanie Williams, Richard Cohen, and Lila Renchard  
Sitting: Steve Williams



Stan Smith



Melanie Williams, Eileen Goran, and Jean Buffardi



Hard at work



Standing: Jeanne & Tim Lavelle, Jill Moebus, Margott Skrobisz, and Jill Kotchen  
Sitting: David Jones



Cyril Potosky and Don Ames



Pat Beech and Jonathan Kiell



# News of Interest

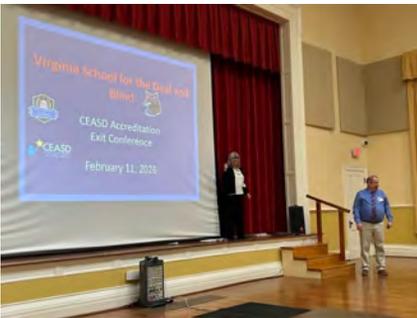


David Hays, Founder of the National Theatre of the Deaf, died on February 18, 2026.



Sources:

- \* <https://ntd.org/passing-of-ntd-founder-david-hays/>
- \* <https://deadline.com/2026/02/david-hays-dead-broadway-1236729288/>



Daphne Cox announced on FaceBook that the Virginia School for the Deaf and the Blind received a recommendation for accreditation from the Conference of Educational Administrators of Schools and Programs for the Deaf (CEASD). The accreditation team members were Rosemary Gallegos, Terry Wilding, and Greg Mendenhall.

**Coffee Chat with Sherri Collins**  
Executive Director of Deaf Seniors of America (DSA)  
Facebook Live  
Executive Director of Deaf Seniors of America (DSA)

Sherri Collins, executive director of DSA, hosted a first-ever Facebook Live Coffee Chat on February 17. She shared news and highlights.

<https://www.facebook.com/share/v/1LEKnWJB5B/>

## ALCOHOL USE & TRAUMA WEBINAR

Join DeafHealth and DSA to explore the connection between trauma and alcohol use in the Deaf community. Learn about Signs of Safety, a therapy approach offering accessible, culturally responsive paths to support.





**Moderator:** Sherri Collins, Executive Director, DSA  
**Presenters:** Dr. Melissa Anderson and the Deaf YES! Empowerment and Recovery Team



Date: 25, March 2026  
Time: 3:30 - 4:30pm ET



Zoom

This free webinar will be presented in ASL, voiced in English, and captioned.

**Register Now**  
[bit.ly/3LMROUG](https://bit.ly/3LMROUG)





# NVAD Super Bowl Party



## 02-08-2026



NVAD hosted a Super Bowl LX Party on February 8, 2026. Nearly 50 people attended. Here is a special shoutout to NVRC and NVAD for the big beautiful 75” new TV. It arrived just in time for the party.

### ASL Performances

America The Beautiful

<https://www.youtube.com/shorts/zhDzcN9omDU>

National Anthem

<https://youtu.be/mvM9AYVsY78>  
<https://www.youtube.com/shorts/D0AYZkvanXc>



Halftime

<https://youtu.be/tTfSM46lwEY>

Also with English Subtitles (via Instagram):

<https://www.instagram.com/reel/DUIIdIA7AktF/?igsh=YjVpMWtyeWtxZmN6>

Name Sign for Bad Bunny:

<https://www.facebook.com/reel/1488615902394420> (Facebook)



# And the Winner Is...Happy Hands Super Bowl Bracket Results

Bill Morris came up with a fun idea to involve Happy Hands members in the excitement of the Super Bowl playoffs. Just for fun — no money involved — he invited members to predict the winners of each round in the National Football League playoff bracket. At the January 7 monthly meeting, he distributed printed brackets so everyone could make their selections. After collecting the completed brackets, Bill carefully tallied the predictions. As the playoff games were played, he tracked the results and compared them with each person’s picks, calculating scores to see who predicted the most games correctly. Members enjoyed submitting their brackets and following the playoffs together throughout the season.

Name:	Win	Lost	WILD CARD					DIVISIONAL				CONF		SB
			Bills	Patriots	Texans	Rams	Bears	49ers	Broncos	Patriots	Seahawks	Rams	Patriots	Seahawks
Barry	5	8	✓	✓		✓		✓		✓				
Bill	8	5	✓	✓	✓	✓		✓		✓			✓	✓
Bob	10	3	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓
Cathy T.	3	10	✓					✓		✓				
Cyril	8	5	✓	✓		✓	✓	✓	✓	✓			✓	
Jonathan	5	8	✓				✓	✓	✓	✓			✓	
Mark	5	8				✓	✓	✓	✓	✓				
Paul	9	4	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓
Peggy	7	6	✓		✓	✓	✓	✓	✓	✓			✓	
Ricky	5	8	✓	✓		✓			✓	✓				
Stan	8	5	✓	✓	✓	✓	✓	✓	✓	✓				
Steve	5	8	✓	✓			✓	✓	✓	✓				
Tim	6	7	✓	✓	✓			✓	✓	✓				
Vicki	8	5	✓	✓	✓	✓	✓	✓	✓	✓			✓	

Name:	Win	Lost	Place:
Bob	10	3	First
Paul	9	4	Second
Bill	8	5	Third, Note: Picked Seahawks
Cyril	8	5	
Stan	8	5	
Vicki	8	5	
Peggy	7	6	
Tim	6	7	
Barry	5	8	
Jonathan	5	8	
Mark	5	8	
Ricky	5	8	
Steve	5	8	
Cathy T.	3	10	

Congratulations to Bob Hickey, who won first place! We may have to ask him for his expert advice when it’s time to predict next year’s bracket.

**PLAYOFF BRACKET**

**WILD CARD** (JAN 10 - JAN 12): DEN 14-3 (CLINCHED PLAYOFFS), BUF 27-6, JAX 24-3, LAC 3-7, NE 16-2, HOU 30-5, PIT 6-4.

**DIVISIONAL** (JAN 17 - JAN 18): BUF 30-6, DEN 33-1, NE 10-2, DEN 7-1, HOU 16-5, NE 28-2, SEA 29-1, NE 13-2, LAR 27-5, SEA 31-1, LAR 20-5, CHI 17-2.

**CONFERENCE** (JAN 25): SEA 29-1, NE 13-2, LAR 27-5, SEA 31-1, LAR 20-5, CHI 17-2.

**SUPER BOWL** (FEB 8): SEA 29-1, NE 13-2, LAR 27-5, SEA 31-1, LAR 20-5, CHI 17-2.

**CONFERENCE** (JAN 25): SEA 29-1, NE 13-2, LAR 27-5, SEA 31-1, LAR 20-5, CHI 17-2.

**DIVISIONAL** (JAN 17 - JAN 18): SEA 29-1, NE 13-2, LAR 27-5, SEA 31-1, LAR 20-5, CHI 17-2.

**WILD CARD** (JAN 10 - JAN 12): SEA 14-3 (CLINCHED PLAYOFFS), LAR 34-5, CAR 31-4, GB 27-7, CHI 31-2, SF 23-6, PHI 19-3.

# The Presidents Heads

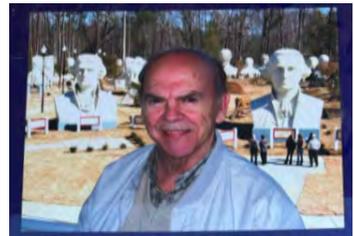
## February 14, 2026

On February 14, Stan Smith and Lanny Quarles went to Williamsburg, VA with Stan's daughter Penny and her husband David. They visited the Presidents Heads sculptures. Those sculptures used to reside at an outdoor museum (Pat & Jim Beech visited that on July 2, 2010). For information about the Presidents Park, see: [https://en.wikipedia.org/wiki/Presidents\\_Park](https://en.wikipedia.org/wiki/Presidents_Park).

The museum went bankrupt in 2010. That resulted into a transfer of ownership, and a move to private property — which doubled as a functional industrial recycling facility. For more information, see: <https://thepresidentsheads.com/>.



Jim in front of George Washington sculpture on July 2, 2010



David Adickes created the sculptures at Presidents Park  
[[https://en.wikipedia.org/wiki/David\\_Adickes](https://en.wikipedia.org/wiki/David_Adickes) ]



**The Betsy Ross Flag**  
According to legend, Betsy Ross was commissioned to create the first official flag of the United States, which was adopted by an Act of Congress on June 14, 1777.

**The Star-Spangled Banner**  
Originally made by Mary Pickersgill in 1813, this flag inspired Francis Scott Key to write the poem that later was adopted as our national anthem.



# The Presidents Heads

(continued from page 10)



<https://thepresidentsheads.com/map>





# Jan-Feb Lunch at Lazy Dog on 02-17-2026






**The Birthday Group**  
 Stan Smith, Darren Marquardt,  
 Chris Jackson, and Lanny Quarles



Sitting: Jonathan Kiell, Stan Smith, and Chris Jackson  
 Standing: Steve & Melanie Williams, Darren Marquardt,  
 Lois Herberger, Pat Beech, and Lanny Quarles

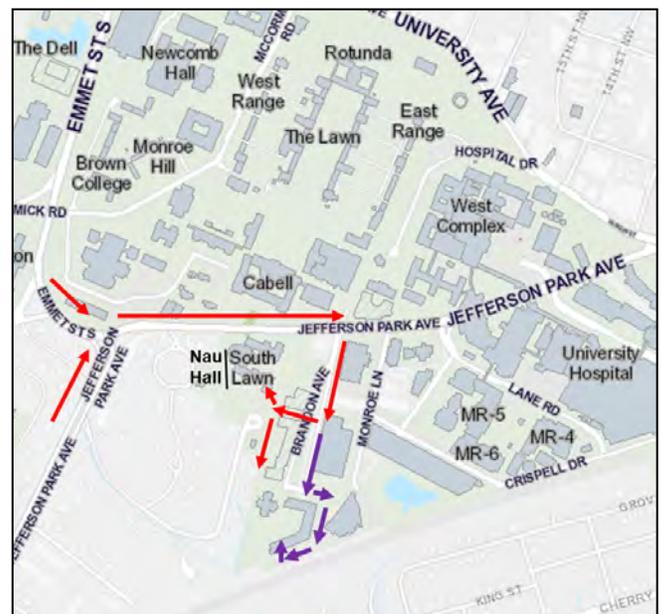
## UVA ASL and Deaf Culture Lecture Series

Tuesday, March 10, at 7:00PM  
 An Evening with the Interim Superintendent of VSDB,  
 Charity Reedy Warigon

Tuesday, March 24, at 7:00PM  
 An Evening with Storyteller Ben Bahan

Contact Greg Propp, Director, UVA ASL Program  
 ([gp5c@virginia.edu](mailto:gp5c@virginia.edu)), for more information.

**LOCATION:**  
 UVA South Lawn, Nau Hall Auditorium  
 1540 Jefferson Park Avenue  
 Charlottesville, VA  
<https://visitormap.virginia.edu/#/>





## In Memory of Nancye Torbett

1941-2026

Nancye Torbett of Vienna, VA died on February 15, 2026 at the age of 84. She was born on February 16, 1941, in Erin, TN. She is survived by son Troy (Carol); and grandsons Kyle and Drew. She was a long-time member of Happy Hands Deaf Seniors. Donations can be made in Nancye's name to the National Association of the Deaf (NAD) or Gallaudet University.

Source: <https://www.moneyandking.com/obits/nancy-ruth-torbett/>



April 4, 2012



December 3, 2012



September 7, 2016



March 3, 2015



March 7, 2018



January 9, 2019



January 9, 2013



# Painting Class by Tori

## 04-22-2026



Your artist is Tori Carpenter! She graduated in 2024 from the Interpreter Training Program. She has been working with Pinot's Palette-Dulles since 2020.

**Painting Class on April 22, 2026**  
 This is an optional activity for Happy Hands on April 22. Those not attending the painting class may go to NVRC for games.

Join Tori for a relaxed, guided painting class. No experience needed — just come ready to have fun!

Cost: \$45 per guest (No refunds)

Location: Pinot's Palette-Dulles  
 12976 Highland Crossing Drive; Suite D; Herndon, VA

**Registration is required for the Painting Class:**  
<https://www.pinotspalette.com/dulles/event/890687>

A minimum of 10 registrants is required by April 8 for the class to be held. Registration will remain open through April 22, if the class is confirmed.



Sunflowers are a great way to brighten your home. Paint these sunny sunflowers with Tori!



**Tentative Schedule**

10:30-11:00 Arrival  
 11:00 Class begins

During breaks we will have snacks/beverages

2:00PM Class ends

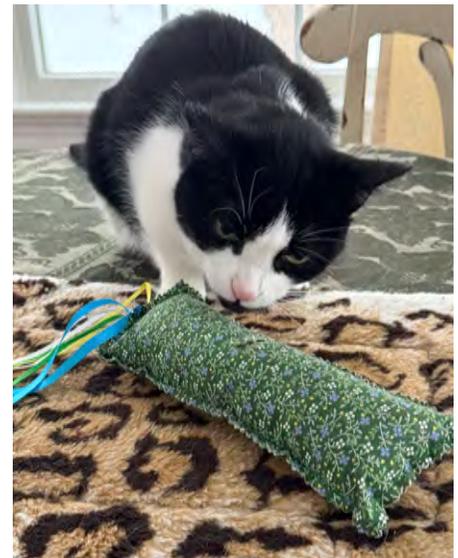


**If interested in adding a DIY Candle to your experience:**  
 You can arrive 30 minutes before 11:00 to pour your own all-natural soy candle. Your candle will cure while you paint. You will leave with your painting and candle.

**Clothing Attire**  
 Aprons are provided. Do not wear fancy clothes. Acrylic paint stains clothes. All supplies are provided.



Stretchy Rayon Cowl Infinity Scarf



Catnip pillow with ribbons

I love to share my upcycling process for clothing and accessories. I'm passionate about eco-friendly practices and turning meaningful items into something you can actually use again.

For example, if you have a spouse's tie you want to keep but don't wear, I can transform it into a necklace. If you have a favorite piece of clothing that you no longer wear, I can repurpose it into a scarf or an infinity scarf.

I also make winter scarves, so if you'd like to plan ahead for next year's accessories, let me know. And if you have a cat, I create catnip pillows too!

If you don't have items to upcycle but would like to purchase something that's already made, we can connect through email and video calls to find the right option for you.

If you're interested, please email me your name so I know who I'm speaking with.

Thank you so much,  
Cathleen



Silk



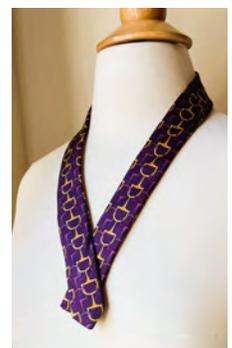
Silky polyester spandex  
6.5" W x 90.5"L



Silver arrows in plum background  
polyester spandex knit



Silk



Silk

# National Air and Space Museum Celebrating 50 Years

## *Five New Galleries Will Open This Summer*

The Smithsonian's National Air and Space Museum is celebrating 50 years since the building in Washington, D.C., opened to the public and will commemorate this milestone throughout 2026. The museum opened July 1, 1976, as a gift to the nation for the U.S. Bicentennial.

Five new galleries will open to the public on the museum's 50th anniversary, July 1, and in time for the nation's 250th anniversary. The remaining two renovated galleries will open in the fall, which will complete the multi-year project. Programming will also take place throughout the year to celebrate 50 years, including a film series, lectures, special merchandise and digital offerings.

Galleries opening on July 1:

- \* Flight and the Arts Center [<https://airandspace.si.edu/whats-on/exhibitions/art-of-air-and-space-interpretations-of-flight>]
- \* Jay I. Kislak World War II in the Air [<https://airandspace.si.edu/exhibitions/world-war-ii>]
- \* U.S. National Science Foundation Discovering Our Universe [<https://airandspace.si.edu/whats-on/exhibitions/us-national-science-foundation-discovering-our-universe>]
- \* RTX Living in the Space Age [<https://airandspace.si.edu/whats-on/exhibitions/rtx-living-space-age-hall>]
- \* Textron How Things Fly [<https://airandspace.si.edu/whats-on/exhibitions/teatron-how-things-fly>]

Galleries opening in the fall:

- \* At Home in Space (October 30) [<https://airandspace.si.edu/whats-on/exhibitions/home-space>]
- \* Modern Military Aviation (November 11) [<https://airandspace.si.edu/whats-on/exhibitions/modern-military-aviation>]

50 Years: <https://airandspace.si.edu/50-years>

YouTube: <https://youtu.be/RqpZbzmeww4>

Film Series: <https://airandspace.si.edu/event-series/50th-film>

Events: <https://airandspace.si.edu/whats-on/events>

Source: <https://airandspace.si.edu/newsroom/press-releases/national-air-and-space-museum-announces-plans-celebrate-50-years>

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Note: Thanks to Mark Avino for sharing this.





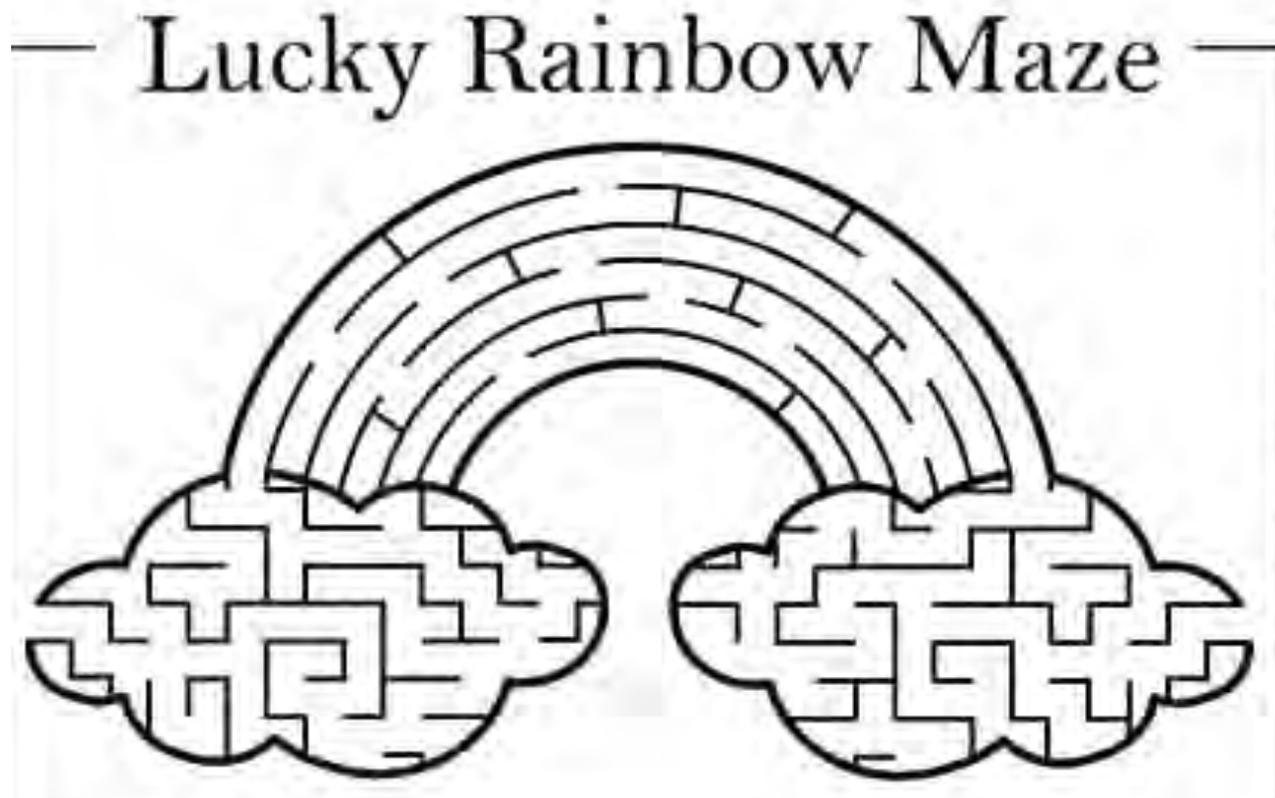
# Judging of Scavenger Hunt on 05-13-2026

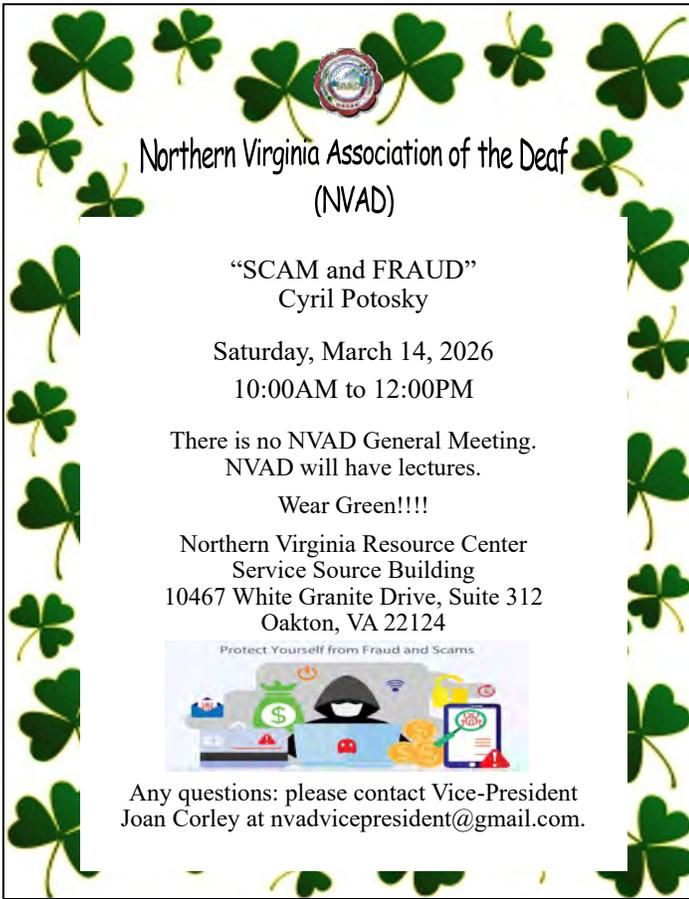


Happy Hands is planning a scavenger hunt event for May. To get everyone on par with this, we are providing some basic details now. The actual event will take place in May – the event will conclude and be judged at our May 13 HH meeting. Scavenger Hunts are really about being creative, so we encourage participation and FUN with this. Participants need to form teams of 2 to 4 people and let Pat Beech know who is on each team and what the Team Name is (be creative). We would like to have 10-12 teams, but can adjust as necessary. More detail will be provided when we get closer to the event.

A list of the scavenger hunt items will be provided on Friday evening, May 8, via e-mail. The participating teams will have several days to collect or create their responses to as many of the hunt items as they can. Teams can search wherever they like (i.e., Tower of Pisa). Teams will bring their collections to the May 13 HH meeting, and the judges will review and award points for each response. The Winning Teams (First, Second and Third place) will be announced and appropriate awards presented.

The Scavenger Hunt committee members are Jonathan Kiell and Pat Beech.





  
**Northern Virginia Association of the Deaf**  
**(NVAD)**

**“SCAM and FRAUD”**  
 Cyril Potosky

Saturday, March 14, 2026  
 10:00AM to 12:00PM

There is no NVAD General Meeting.  
 NVAD will have lectures.  
 Wear Green!!!!

Northern Virginia Resource Center  
 Service Source Building  
 10467 White Granite Drive, Suite 312  
 Oakton, VA 22124



Protect Yourself from Fraud and Scams

Any questions: please contact Vice-President  
 Joan Corley at [nvadvicepresident@gmail.com](mailto:nvadvicepresident@gmail.com).

# REELABILITIES FILM FESTIVAL

Join us as we watch “Hear Us Out:  
 Rewriting Access to Entertainment” then  
 discussion.

**Saturday, March 7, 2026**  
**10:00 AM - 12:00 PM**  
**NVRC, 10467 White Granite Drive, Suite 300,**  
**Oakton, VA 22124**

A timely documentary exploring accessibility and  
 inclusion in entertainment for the Deaf and Hard of  
 Hearing community.



**Contact Us**  
 [info@nvrc.org](mailto:info@nvrc.org)  
 703-352-9055 voice / 571-350-8656 VP  
 [www.nvrc.org](http://www.nvrc.org)



Northern Virginia Resource Center  
 for Deaf & Hard of Hearing Persons  
Improving Communication. Changing Lives.



## Spring Is Here

F G T A D P O L E P X C D I J W G H A T C H P I M K H G C Q S E V A E L V L H S H I N R H Z H M A Y E U A N U T C I O J M A R C H T B Y J N R K R C O E B M S P R O U T S I G P U H S G N I L K C U D H B B S S L B U T T E R F L Y I O P J L S J V J X S T O O B N I A R B R M N I B O R F F J E R Q H H E O B M A L E A S T E R J R L W O F R U D Z P U D D L E J I O L D L I D O F F A D U T N R L B W T S M O S S O L B F V P F L A D Y B U G O W O B N I A R	APRIL BEE BIRTH BLOOM BLOSSOMS BUTTERFLY CHICK CROCUS DAFFODIL DUCKLINGS EASTER EGG FLOWERS HATCH LADYBUG LAMB LEAVES MARCH MAY PLAY PUDDLE RAINBOOTS RAINBOW ROBIN SPRING SPROUT SUNSHINE TADPOLE TULIP
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# HAPPY ST. PATRICK'S DAY!

E	M	E	R	A	L	D	R	E	V	O	L	C	P
A	R	O	E	P	R	S	A	I	N	T	N	E	A
E	O	H	S	E	S	R	O	H	C	U	O	L	R
P	L	W	O	B	N	I	A	R	A	H	D	E	A
A	U	G	Y	L	Y	C	R	H	A	N	A	B	D
R	C	E	B	K	I	N	C	I	A	C	Y	R	E
T	K	P	A	G	T	E	N	L	S	A	G	A	M
Y	Y	E	A	O	R	E	E	T	D	H	P	T	U
I	N	M	A	P	R	R	B	I	C	I	P	E	A
S	A	K	E	P	I	G	L	P	I	N	C	H	L
L	A	L	C	O	L	O	D	K	G	O	L	D	D
C	N	I	R	T	H	R	T	T	R	I	C	K	Y
I	K	C	I	R	T	A	P	D	U	B	L	I	N
T	R	A	D	I	T	I	O	N	I	E	O	A	S

- HORSESHOE
- CHARM
- GOLD
- PARTY
- MAGIC
- SAINT
- HOLIDAY
- IRISH
- SNEAKY
- TRICKY
- CELEBRATE
- PATRICK
- TRADITION
- PINCH
- LEPRECHAUN
- EMERALD
- IRELAND
- DUBLIN
- PARADE
- LUCKY
- GREEN
- CLOVER
- POT
- RAINBOW





Name: \_\_\_\_\_

## March Madness Word Search

H	H	L	A	Y	U	P	R	E	B	O	U	N	D
R	E	A	T	Y	B	S	A	M	A	R	C	H	H
E	E	C	E	E	S	U	W	A	L	K	R	E	O
G	J	L	N	A	N	T	D	D	E	P	O	F	O
C	U	A	P	E	T	U	R	N	O	V	E	R	P
R	M	O	R	E	F	R	R	E	F	E	R	E	E
P	P	G	F	N	H	F	C	S	B	L	O	C	K
O	S	L	S	O	N	T	O	S	L	U	O	F	M
I	H	S	W	I	S	H	T	R	A	V	E	L	T
N	O	K	P	N	R	E	V	O	S	S	O	R	C
T	T	S	R	A	F	R	E	E	T	H	R	O	W
S	B	A	S	K	E	T	B	A	L	L	R	T	H
T	R	C	O	A	C	H	P	L	A	Y	E	R	T
F	A	F	T	N	E	M	A	N	R	U	O	T	R

OFFENCE  
FREE THROW  
COACH PLAYER  
TRAVEL  
GOAL  
SWISH  
POINTS  
MADNESS  
BASKETBALL  
TOURNAMENT  
WALK  
MARCH  
JUMP SHOT  
PASS  
NET  
ONE  
BLOCK  
LAYUP  
CROSSOVER  
TURNOVER  
REBOUND  
REFEREE  
FOUL  
HOOP



# Happy Hands 2026 Members

## (as of February 19, 2026)

As of 02-19-2026, Happy Hands has 77 paid members for 2026:

William Athy  
Laurie Avino  
Mark Avino  
Mary Beatty  
Tim Beatty  
Pat Beech  
Deborah Bingham  
Claudia Brawley  
Peter Brawley  
Dot Brenner  
Jean Buffardi  
Cindy Burton  
Steven Burton  
Felix Chevere  
Patty Christenson  
Eve Christian  
Carol Duffy Clay  
Richard Cohen  
Joan Corley  
Rocco J. DeVito, Jr.

Laurie Dowling  
Tom Dowling  
Eddie Drawdy  
Nate Drown  
Deanna Dunham  
Phuong Duong  
William Ely  
Serry Fahmy  
Kathy Ferris  
Neil Ferris  
June Freeman  
Eileen Goran  
Julie Greenfield  
Barry Harlan  
Tony Heller  
Lois Herberger  
Bob Hickey  
Margaret Huang  
Irene Hunter  
Vicki Hurwitz

Song Jo  
Kathy Jones  
Lynn Keefe  
Mary Kay Kelley  
Marshal Kesler  
Jonathan Kiell  
Jill Kotchen  
Jeanne Lavelle  
Tim Lavelle  
Kea Manfredonio  
Jill Moebus  
Bill Morris  
Rose Otterman  
Cindy Pettie  
Cathleen Potosky  
Cyril Potosky  
Denise Proulx  
Lanny Quarles  
Lila Renchard  
Randy Renchard

Geneva Riffe  
Cheryl Rockburn  
Rocky Rockburn  
Becky Sadler  
Thelma Schroeder  
Vicki Shank  
Barbie Sidawy  
George Sidawy  
Cathy Thompson  
Rick Thompson  
Mike Toms  
Lisa Viall  
Terry Viall  
Laurie Warren  
Melanie Williams  
Steve Williams  
Sam Yates

# 2026 MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Social Night at Wegmans (p. 22)	2	3	4 HH Monthly Meeting 10AM-2PM (p. 2)	5	6	7 NVRC Event (p. 18)
8 	9	10	11 HH Social Chat at Wegmans 10:30-1PM (p. 22)	12	13	14 NVAD Presentation (p. 18)
15 Social Night at Wegmans (p. 22)	16	17 	18 HH Presentation by Vicki Shank 10AM-2PM (p.2)	19	20	21
22	23	24	25 HH Field Trip (p. 4-5)	26	27	28
29	30	31				

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## Thanks to:

- Monthly Meeting on February 4
  - Everyone who helped with set-up and clean-up
  - Cheryl Gault for close-vision interpreting (for Lanny Quarles)
  - Bob Hickey for IQ Test
  - Stan Smith for giving a presentation on “Whereabouts of Anne Frank”
- Joan Corley for pictures on page 8
- Bill Morris for the fun Super Bowl Bracket activity (see page 9)
- Everyone for participating in the Super Bowl Bracket activity (see page 9)
- Lanny Quarles and Stan Smith for pictures on pages 10-11
- Pat Beech for doing the monthly HH Newsletter issue
- Melanie Williams, Jonathan Kiell, and Jean Buffardi for proofreading the monthly HH Newsletter issue
- Debbie Jones and Pat Beech for preparing the monthly HH Newsletter hard copies for mail





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Don Ames, Chair  
[\[dames@cox.net\]](mailto:dames@cox.net)

URL: <https://www.nvrc.org/happy-hands/>



**Fine Tuners for 2025-2026**

Sitting: Don Ames (Chair),  
 Eddie Drawdy (Vice Chair),  
 Melanie Williams (Secretary),  
 and Tim Beatty (Treasurer)

Standing (Members-At-Large):  
 Jill Moebus, Cathleen Potosky,  
 Lois Herberger, and Bob Hickey



**Silent Social at Wegmans**

This occurs on the first and third Sundays of each month at 7:00PM in Fairfax Wegmans at the corner of Route 29 and Monument Drive (Upper Level, near the stairs). Registration is suggested. The dates for the Silent Social Chat are March 1 and 15. FYI, some people arrive early (6:00PM) and grab some of Wegmans prepared food for dinner.



Please come join the very informal chat; the group often includes students and interpreters looking to learn and practice ASL. You can also get your groceries while you are there!

Also, HH Luchtime Social Chat at Wegmans will be on March 11.

For more info, contact Jonathan Kiell at [jona3ki@msn.com](mailto:jona3ki@msn.com).

For the Sunday Chats see: <https://www.meetup.com/aslbridge/events/304987317>.

**DSSCP Chats**

Dates: Tuesdays  
 (through December 15)  
 Time: 7:00PM-8:00PM



ASL Interpreting students or lifelong ASL students to practice ASL and communicate with Deaf seniors virtually. Example of topics are ASL slang, short stories, and many fun game.

Zoom registration is required.

If you have questions, please contact [Barbara Eger-Klatt](#).