



SENIORS' CHAT



Don's Column





Hello, Happy Hands Members and Friends,

Happy Hands will meet on October 1. See page 2 for information.

All of our recent events are reported with pictures in this newsletter for your reading pleasure.

As usual, Stay Happy Safely with Our Awesome Hands!

~ Don















HAPPY BIRTHDAY

...to the folks with birthdays in October

Ross Gilson [3rd] Robert Gault [4th] Laura Garrett [11th] Sam Yates [19th] Claudia Brawley [23rd]
Julie Greenfield [24th]
Cheryl Gault [25th]
Kea Manfredonio [25th]

Happy Hands In-Person Meeting October 1 at 10:00 AM

Sandwiches will be ordered from Santini's Deli in Oakton. Each person will pay \$10.00 (Zelle or Check or Cash).

Please inform Pat Beech [pgbeech@aol.com] your meat preference by September 19 (Friday) and for information on how to pay. Chips and desserts will be provided.



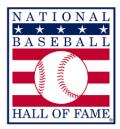


Meat Choices: _____ Ham _____ Beef ____ Turkey _____ Cold Cuts

You can bring your own lunch, if you don't want to order a sub. Please bring your own Beverages.

Before lunch, Melanie Williams will explain what Virginia Association of the Deaf (VAD) is.

After lunch, Bill Morris will give a presentation about his trip to "National Baseball Hall of Fame and Museum in Cooperstown."





Happy Hands Social Chat October 22 at 10:00 AM





We will have our social chat on October 22, 2025 at 10:00 AM - 2:00 PM.

BRING YOUR OWN LUNCH BAGS AND BEVERAGES.

After lunch, we will work on Holiday Wreaths. Bring your own wreath (wood, metal, foam, or hay). If you want to do something with a jar, please bring one or two. You can find those items at Michaels (https://www.michaels.com/). Lynn Keefe is in charge of this Crafts event. She will bring materials for the wreaths and jars. Ideas are on the right.

Ideas from Better Homes & Gardens:

- * Wreaths [https://www.bhg.com/christmas/wreaths/pretty-christmas-wreaths/]
- * Jars [https://www.bhg.com/christmas/crafts/adorable-mason-jar-christmas-crafts/]











Upcoming Events



November 19

(not 11-05-2025)

Menu: Brown Bag and Japanese Desserts

After lunch: "Trip to Japan"

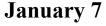
by Eileen McCartin



Menu: Holiday Appetizers Before lunch: "Fugio Coin"

by Lois Herberger **After lunch:**

"Life in the Netherlands" by Thelma Schroeder



Menu: Brown Bag

Activity: "Scams and Fraud"

by Cyril Potosky

January 28

Menu: TBA

After lunch: Guessing Game

by Lois Herberger

February 4

Menu: TBA
After lunch:

"Life in Nigeria" by Lydia Olugbodi

February 25

TBA



















March 4

Menu: TBA

After lunch: "Let's Look at a Bigger Picture" by Eileen Goran



TBD



Menu: TBA

After lunch: "Traveling Light" by Vicki Shank



TBD

May 6

Menu: TBA

Before lunch: Election of Fine Tuners for 2025-2026 After lunch: Judging of Scavenger Hunt collections (more details coming)

May 27

Menu: TBA

After lunch: "White Sands Missile Range" by Vilas

Johnson

June 3

Picnic

















News of Interest







Update on Gary Viall

A number of you have asked about Gary Viall and how he is doing. He moved to Columbus, Ohio, in July 2024 to live with his daughter and other family members and to get better health care. He is doing well and is happy. He plans to live with his family in Ohio permanently. He celebrated his 83rd birthday on August 31.

Mark Apodaca Earns National Treasurer Role

TDI announced that their CFO, Mark Apodaca, has been appointed Treasurer of the National Association of Parliamentarians (NAP). He is the only Deaf person to hold this honor, a groundbreaking milestone. Congratulations to Mark.



VAD Board for 2025-2027

VAD had an election of officers plus three Members-At-Large (MAL) for 2025-2027 on September 6. Below is the list. Congrats to the new board.







Vice President Jeanne Lavelle



Secretary Cynthia Burton



Treasurer Tom Dowling



MAL Ben Belisle



MAL Yvonne Dickens



MAL Eddie Drawdy



Ashby Ponds on August 21

AP Deaf residents had lunch with Robert & Linda Whitworth, who now reside at Maple Grove, an Assisted Living facility, in Ashby Ponds. At Maple Grove, the Whitworths are able to keep their independence, plus getting personalized service.



The Villages on The Daily Moth

The Deaf community of The Villages in Florida was featured in The Daily Moth. There are over 230 Deaf and Hard of Hearing residents.

YouTube: https://youtu.be/TIQm0-fCWVA



THE VILLAGES



Recap of Social Chat on August 27, 2025



20 attendees came to the August 27 Social Chat meeting. Highlights of the meeting were: DSA Experiences and Summer Memories. Here is YouTube link for the meeting: https://youtu.be/IADf3Un3bl0.



Stan Smith and Tom Dowling



Paul Daniels, Robert Gault, and Peggy Daniels



Don Ames, Deanna Dunham, Cyril Potosky, Jill Moebus, and Tim Beatty



Richard Cohen, Laurie Dowling, and Denise Proulx



Cathleen Potosky, Jonathan Kiell, Pat Beech, and Eileen Goran



Lois Herberger



Eileen Goran and Laurie Dowling



Lois Herberger, Jean Buffardi, and Tom Dowling



Tim Beatty and Bill Morris







How to Survive a Heart Attack Alone

At the HH Social Chat on August 27, Cyril Potosky gave the attendees tips on how to survive a heart attack. If you are alone and believe you are having a heart attack, here are two links for what to do:

- * https://cprcare.com/blog/guide-for-combating-a-heart-attack-while-alone/
- * https://www.jhah.com/en/news-events/news-articles/survive-a-heart-attack-when-alone/
- 1. Stop what you are doing.
- 2. Call 911 or your local emergency number right away.
- 3. Consider contacting someone to come over immediately.
- 4. Unlock your door, after calling for help.
- 5. Chew on aspirin (if available).
- 6. Avoid driving.
- 7. Stay calm.
- 8. Lie down.
- 9. Take deep, steady breaths of fresh air.
- 10. Do not attempt cough CPR
- 11. Avoid food and drink.
- 12. Follow up with your doctor.



Deaf and Hard of Hearing Community Day at Ferry Farm

Ferry Farm will provide ASL interpreters on October 5, 2025. The tour times are 1:00PM and 2:30PM. Please arrive 10-15 minutes before your tour begins. Check in at the Visitors Center. Advance registration is recommended.

Location: George Washington's Ferry Farm, 268 Kings Highway, Fredericksburg, VA 22405

If any questions, email learn@gwffoundation.org. URL: https://kenmore.org/events/





Recap of Monthly Meeting on September 3, 2025



38 attendees came to the September 3 meeting. Highlights of the meeting were: September Birthday Song, Which Animal Evaporates In the Sun, New Math, and Brain Boosters. Here is YouTube link for the meeting: https://youtu.be/kXDfJxqlkDk.



Money TableTim Beatty



Randy & Lila Renchard



Melanie Williams and Lydia Olugbodi



Richard Cohen and Cindy Pettie



Margaret Huang and Eddie Drawdy



Cyril & Cathleen Potosky, and Eddie Drawdy



Stan Smith, Serry Fahmy, Laurie Dowling, and Robert Gault



Lois Herberger, Denise Drake, Bob Hickey, Alfred Traurig, Tom Dowling, and Peggy Daniels



Cheryl & Rocky Rockburn



Tim & Jeanne Lavelle



Steve & Melanie Williams



Lynn Keefe



Jill Moebus, Jonathan Kiell, and Pat Beech



Recap of Monthly Meeting

(continued from page 7)





Deanna Dunham and Don Ames



Bill Morris and Tim Beatty



Eileen Goran and Lois Herberger



Barbara Eger-Klatt and Walter Klatt



Menu Committee Eddie, Lois, Jill



Barbara Eger-Klatt, Melanie Williams, and Jean Buffardi



Denise Drake and Marshal Kesler







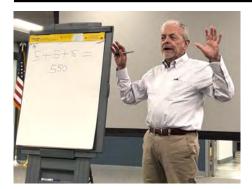




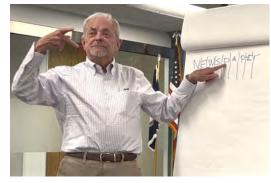
Recap of Monthly Meeting

RECAP

(continued from page 8)







MATH Quiz 5+5+5 = 550

NEWSPAPER Acronym for what?







Brain Boosters







CHRONIGY

CHRONICY

CHRONI

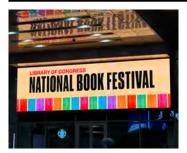
How to play Chronology https://officialgamerules.org/game-rules/chronology/

Chronology is a party game that tests your knowledge of historical events and your ability to place them in the correct order. This game is for 2 players or more. It has 429 double-sided event cards (858 events total).



Library of Congress National Book Festival





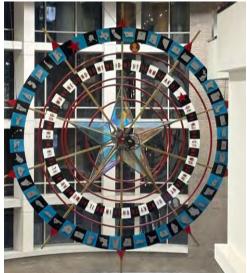
On September 6, Stan Smith and his daughter, Penny, went to the National Book Festival at the Walter E. Washington Convention Center. ASL interpreters were provided. C-SPAN Book TV covered this event: https://www.c-span.org/liveEvent/?national-book-festival-2025.

Note: Thanks to Penny for the pictures.

























National Book Festival

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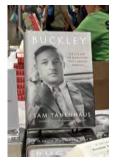
















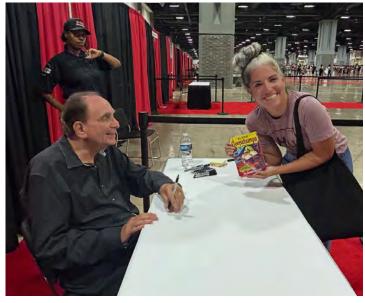






Vivienne Schroeder (daughter of Thelma Schroeder) also attended the National Book Festival. She was thrilled to meet her childhood hero, R.L. Stine, who is author of the Goosebumps book series. She got him to autograph two of her favorite original Goosebumps books - "Night of the Living Dummy" and "Egg Monsters from Mars."

Vivienne told R.L. Stine that she and her brother filled three bags of books (many were Goosebumps) for a month-long trip to Europe. She found the author kind, witty, sweet, and warm. She was so thrilled to have an ASL interpreter for this book signing session.



Deaf Asian Seniors Day on October 11

NVRC will host Deaf Asian Seniors Day at NVRC on October 11 at 9AM-5PM. This free event will have presentations, social activities, and networking opportunities. While the focus is on Deaf Asian Seniors, everyone is welcome.

Food and refreshments will be provided. There will be ASL interpreters.

If any questions, please email dmv@madanyc.org. Register: https://bit.ly/41BmsFu



WALK4HEARING on October 18

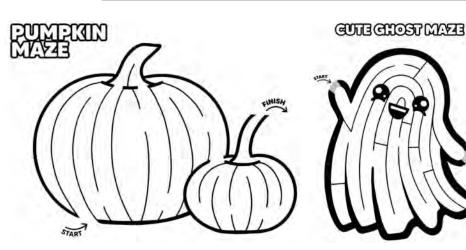


Walk with NVRC on October 18 at Glen Echo Park at 7300 MacArthur Blvd in Glen Echo, MD. To support NVRC, you can either walk or donate!

Registration is at 9:30AM. Stage presentation is at 11:00AM. Walk starts at 11:15AM.

For information, contact: execdirector@nvrc.org.
URL: https://www.walk4hearing.org/WashingtonDC







Training at HKNC



Lanny Quarles has been at Helen Keller National Center in NY since January 20 — for training on Independent Living, Orientation & Mobility, and Adaptive Technology.





On August 30, Lanny went to Flushing, NY (on Long Island) for the first time without a Support Service Provider (SSP). She was with Melissa, who is also a student at HKNC. This trip was about 20 miles. The mobile teacher had taught Lanny how to go to Flushing (China Town). Lanny was thrilled to be able to do that.



Lanny walks around this track about 16 times a day.

Eight Deaf Senior Citizens came to HKNC during September 7-13. They wanted to see HKNC and equipment used.



Maria Fatima from LA



Couple from Los Angeles
Michael Serrano & Judy
Seid-Serrano
[both are deaf-blind]



Danuta (Diana) from Poland and Zbigniew (Zorro) from NJ [both are deaf; Danuta has low vision)



Patrick Markham from NJ [originally from Ireland; deaf with low vision]

To visit HKNC, contact the Virginia Department for the Blind and Vision Impaired (https://www.dbvi.virginia.gov/deafblind.htm). Once you have a regional representative, schedule a tour of HKNC.



Training at HKNC

(continued from page 12)







Lanny and her friend Natali stick Braille numbers in Braille on the September calendar, so others can read what is on the schedule.





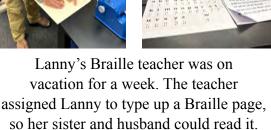


Lanny and her friend Melissa put colors on their t-shirts. Fun Day!!!!









They were impressed.



In 2020, HKNC bought a conference bike for the DeafBlind students to ride [https://www.youtube.com/shorts/A8xz96ty8EY].



Example of a conference bike [https://conferencebike.com/the-bike/]



Lanny on the conference bike with her sister and husband from York, PA (Melanie and Imam Bey)



Planet Word in Downtown D.C.





Planet Word opened in 2020 as a new kind of interactive and self-guided museum. According to its webpage, it is the only museum dedicated to renewing and inspiring a love of words and language. It is located in the historic Franklin School on the corner of 13th and K Streets in downtown D.C.

It uses state-of-the-art technology, which helps the visitors experience their own words and choices. Planet Word is a private, non-government museum, supported primarily by their donors.



For the visitors who are Deaf, all media presentations are open captioned, Sign Language and oral interpreter services are available with 14 days advance notice. Please email support@planetwordmuseum.org.

URLs:

- * Website: https://planetwordmuseum.org/
- * Language Comes to Life: https://youtu.be/XynKQMs6MNs
- * PBS NewsHour: https://youtu.be/TOJ7OIUJNS4
- * Sign Language: https://gallaudet.edu/academic-affairs/innovative-project-at-planet-word-brings-gallaudets-sign-language-research-to-museum-visitors/



This year's International ShakeOut Day is October 16. At 10:16AM (local time, millions of people all over the world will participate in earthquake drills at work, school, or home.

For information, see: https://www.shakeout.org/ index.html.









An Appreciation to a Carpenter



An Appreciation from Vicki Shank and Barry Harlan

Grateful with appreciation having Tim Lavelle to install our new china closet in our home. We purchased the unfinished three piece sets of oak upper cabinets from Lowe's. Then Tim stained and polished the doors and upper cabinets as well as the moldings and trims. He installed them in our dining room. Kudos to Tim for taking up this huge project. Thank you, Tim!











TAP Program at NVRC, a service of VDDHH

NVRC provides access to the Virginia Department for the Deaf and Hard of Hearing's Technology Assistance Program (TAP). Here is link for YouTube of Debbie Jones explaining the TAP Program: https://youtu.be/yYcDy4x19WI.

As a contractor under the Virginia Department for the Deaf and Hard of Hearing (VDDHH), NVRC is proud to assist qualified Virginia residents who are Deaf, Hard of Hearing, DeafBlind, or have speech disabilities in accessing free or low-cost telecommunication equipment and assistive technology through the Technology Assistance Program (TAP).

What is TAP? — TAP provides amplified telephones, captioned telephones, personal amplifiers, and doorbell signalers to help individuals stay connected and independent. The program operates on a Loan2Own basis: recipients can try out the equipment for 30 days and decide whether to keep, exchange, or return it.

Who is eligible? — Virginia residents who meet certain income requirements are eligible. Veterans with hearing or speech loss automatically qualify. Minors can apply with a parent or legal guardian co-signature.

How to apply? — To apply, complete a TAP application and provide supporting documentation, including:

- * Valid Photo ID
- * Proof of Virginia residency (e.g., driver's license, state ID, voter registration card, utility bill, or rental agreement)
- * Documentation of household income (e.g., W2, most recent bank statement, or income award statement like Social Security or retirement)
- * For honorably discharged Veterans, submit a copy of your discharge paperwork (DD-214 or NGD-22)

Our Deaf and Hard of Hearing Specialists are available for device demonstrations, referrals, and training on equipment usage.

To apply for TAP, here are two sources:

- * https://www.vddhh.virginia.gov/apps/tap/application
- * https://www.nvrc.org/wp-content/uploads/2025/09/2025-TAP-Application-Packet-printable-with-color-map.pdf.

If you have questions, please contact Debbie Jones at <u>djones@nvrc.org</u>, or see: <u>https://www.nvrc.org/resource/technology-assistance-program-tap/</u>.



https://www.nvrc.org/wp-content/uploads/ 2025/09/TAPBrochure_r4-1.pdf



Deaf Way Film Festival at Gallaudet University





Gallaudet University will host the Deaf Way Film Festival, a four-day celebration spotlighting the creativity, power, and stories of Deaf filmmakers and professionals in the film industry. For information, see: https://gallaudet.edu/deaf-way-film-festival/.

Thursday, October 16

- * Opening Day
- * Kick-off with a pre-event panel, food trucks and social time.
- * Will show special feature film screening

Friday, October 17

* Multiple film screenings, panels, and opportunities

Saturday, October 18

* Panels, Screenings, and Awards

Sunday, October 19

* Free screening of pocket documentaries

Homecoming Weekend at Gallaudet University



For more information, see: https://gallaudet.edu/ homecoming/.

Schedule for Saturday, October 25:

- * Women's Volleyball Game vs. St. Mary's College at 11:00AM at the Field House
- * Class Parade at 12:15PM on the Hotchkiss Field
- * Football vs. Randolph-Macon College at 1:00PM on the Hotchkiss Field



NVRC

Invites you to join them for a

fundraiser

by ordering a meal from Lazy Dog.

Print this flyer, give it to your server and 15% of your total bill will be donated back to the organization. Ordering takeout? Just visit lazydogrestaurants.com, select the participating location noted below, and enter the coupon code at the bottom.

Here's when, how and where to order from so the organization gets credit for your order:

date: OCTOBER 16-22
time: All Day

location: Lazy Dog Restaurant + Bar

11963 Fair Oaks Shopping Center

Fairfax, Virginia. 22033

coupon code (so we can track it)

01Fairfax

lazydogrestaurants.com

Note:

- * This coupon is also good at: Lazy Dog Restaurant & Bar at 14333 Newbrook Drive, Chantilly VA, 20151.
- * A photo copy of this flyer is accepted.



19th Biennial DSA Conference

August 20-27, 2027 · Baltimore, Maryland





One Form Per Person - Please Print Clearly



TERMS & CONDITIONS

Read the information below carefully before you sign this registration form.

CONFIRMATION

Once payment is received, you will receive a confirmation letter via email (or postal mail). When you arrive for registration at the conference, be prepared to present your driver's license or personal identification card with photo (required).

RETURNED (BOUNCED) CHECKS

A service fee of \$50 will be applied to all checks returned by the bank due to non-sufficient funds. Registrations will not be processed until after payment has been satisfied.

CANCELLATIONS & REFUNDS

A fee of \$150 will be charged for each canceled registration prior to June 30, 2027. Registration fees are non-refundable on and after July 1, 2027. Phone cancellations are not accepted. Documentation is required after July 1, 2027 for refunds due to hospitalization (medical records) or death (obituary notice or death certificate). DSA membership dues are not refundable, except for death.

NON-TRANSFERABLE

Completed registrations are not transferable to other persons. DSA will not honor those that are sold or exchanged by unauthorized parties before or during the conference.

LOST BADGES

A processing fee of \$50 will be applied lost registration badges. This fee is not refundable if the lost badge is found later.

MAILING & CONTACT INFO

Please notify the DSA Treasurer (email below) ASAP if there are changes to your mailing address or contact information.

ACCESSIBILITY

If you have accessibility needs, please contact dsa2027access@deafseniors.us.

DIETARY

If you have dietary needs, please contact dsa2027dietary@deafseniors.us.

QUESTIONS

If you have questions, reach out to conferenceinfo@deafseniors.us.

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FULL NAME:		
STREET ADDRESS:		
CITY:	STATE:	ZIP:
EMAIL:		
VIDEOPHONE:	CELL/TEXT:	
I have accessibility need	o list my name on its website: _ ds: Mobility Vision Gluten Free Vegan	Yes No
COMBO REGISTRATION		
January 1, 2026 – June July 1, 2026 – Decembo January 1, 2027 – June	mber 31, 2025e 30, 2026er 31, 2026e 30, 2027	\$450 \$475 \$500
Includes:		
>> DSA 2027 registration	nbership dues (\$30 non-refundal on fee, program book, exhibits, w /welcome reception, and farewe	vorkshops, meetings,
PAYMENT METHODS & REGIS	STRATION SUBMISSION - Pleas	se Print Clearly
>> CashApp, payable to	o: \$DSACONFERENCE	
>> Zelle, payable to: co	onference@deafseniors.us	
>> Credit card (Visa or	MasterCard): add \$15.00 to cove	er processing fees
Name on card:		
16-digit card number	er:	
Expiration date:	CCV (3 digit):	
	d <i>email</i> registration form to the Dors.us (or send via <i>mail</i> to the po	
>> Check/money order,	, payable to: DSA 2027 Baltimore	e Conference
•	d <i>mail</i> registration form with che 4 Forest Hill Blvd. #506, Wellingt	-
AGREEMENT I agree to abide by conference	rules/regulations. I understand [OSA is not responsible for

damage to or loss of my personal property. I have read and understand the terms and

Visit www.deafseniors.us for up-to-date conference information

OFFICE USE ONLY

Date Received: _

Deposit Date: _

Date:

conditions outlined on this registration form.

Signature: _

Amount Received: _

Payment Method:

2025 OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			HH Monthly Meeting (p. 2)	2	3 SMILE DAY	World Card Making
Social Night at Wegmans (p. 22)	6	7 TACO DAY	8 HH Social Chat Wegmans (p. 22)	+ WORLD+ SIGHT DAY	10	Deaf Asian Seniors Day at NVRC (p. 12)
12	13	14	Fine Tuners Meeting 10AM-12PM	Oct	17 iser at Lazy Dog 16-22 . 19)	WALK4HEARING (p. 12)
Social Night at Wegmans (p. 22)	20	21	HH Social Chat at NVRC (p. 2)	23	24	Gallaudet Homecoming (p. 18)
26	27	28	29	30	Happy Halloween	© BlankCalendarPages.com

Thanks to:

- Everyone who shared their DSA experiences and Summer Vacation Memories at the August 27th Social Event
- Everyone who helped with set-Up before the September 3rd meeting; and clean-Up afterwards
- Lois Herberger for presenting "Which Animal Evaporates in the Sun?" at the September 3rd meeting
- Bob Hickey for presenting "New Math" at the September 3rd meeting
- Barbara Eger-Klatt for presenting "Brain Boosters" at the September 3rd meeting
- Everyone who brought various items for the Salad Bar lunch at the September 3rd meeting
- Jill Moebus for bringing Italian Ice to the September 3rd meeting
- Pat Beech for pictures for HH Social Chat (page 5) and HH Monthly Meeting (pages 7-9)
- Pat Beech for doing the monthly HH Newsletter issue
- Melanie Williams, Jonathan Kiell, and Vicki Shank for proofreading the monthly HH Newsletter issue
- Debbie Jones and Pat Beech for preparing the monthly HH Newsletter hard copies for mail





E-mail: info@nvrc.org URL: www.nvrc.org VP 571-350-8656 10467 White Granite Drive

Suite 312

Oakton, VA 22124

URL: https://nvrc.org/about/directions/



Don Ames, Chair [dames@cox.net]

URL: https://www.nvrc.org/happy-hands/



Fine Tuners for 2025-2026

Sitting: Don Ames (Chair), Eddie Drawdy (Vice Chair), Melanie Williams (Secretary), and Tim Beatty (Treasurer)

Standing (Members-At-Large): Jill Moebus, Cathleen Potosky, Lois Herberger, and Bob Hickey



Silent Social at Wegmans

This occurs on the first and third Sundays of each month at 7:00PM in Fairfax Wegmans at the corner of Route 29 and Monument Drive (Upper Level, near the stairs). Registration is suggested. The dates for the Silent Social Chat are October 5 and 19. FYI, some people arrive early (6:00PM) and grab some of Wegmans prepared food for dinner.



Please come join the very informal chat; the group often includes students and interpreters looking to learn and practice ASL. You can also get your groceries while you are there!

Also, HH Lunchtime Social Chat at Wegmans will be on October 8.

For more info, contact Jonathan Kiell at <u>jona3ki@msn.com</u>.

For the Sunday Chats see: https://www.meetup.com/ aslbridge/events/304987317.

