

## SENIORS' CHAT



## Don's Column



Hello, Happy Hands Members and Friends,

Happy Hands will have their annual picnic on June 4. See page 2 for details.

All of our recent events are reported with pictures in this newsletter for your reading pleasure.

For your information, the Lantz Mills exhibit at Fairfax Museum has been extended to June 2.

As usual, Stay Happy Safely with Our Awesome Hands!

~ Don

**Picnic**  
**June 4, 2025**  
10:00AM-4:00PM (Rain or Shine)  
**Lake Fairfax Park**  
<http://www.fairfaxcounty.gov/parks/lake-fairfax>  
See page 2  
for more information.



## HAPPY BIRTHDAY ...to the folks with birthdays in **June**

Sally Newman [1st]  
Lois Herberger [3rd]  
Jill Moebus [9th]  
Selina Gilson [13th]  
Hazel Carr [14th]  
Tim Beatty [15th]  
Pat Beech [28th]





## Picnic at Lake Fairfax Park

(Rain or Shine)

June 4, 2025 at 10:00 a.m. - 4:00 p.m.

Location: Picnic Shelter K, 1400 Lake Fairfax Drive, Reston, VA 20190  
Shelter K is a short walk from the parking lot. The bathroom is close by.

<http://www.fairfaxcounty.gov/parks/lakefairfax>

<https://www.fairfaxcounty.gov/parks/lake-fairfax/on-your-own>



### Catered by Mission BBQ

Pulled Chicken and Pulled Pork

Broccoli Salad, Baked Beans, Potato Salad, and Cole Slaw

### Provided by Happy Hands

Fruit and Desserts



**Bring your own (non-alcoholic) beverages.**

Because we need to know how much food to buy, we need RSVP by May 21. Please email Pat Beech at [pgbeech@aol.com](mailto:pgbeech@aol.com).

HH Members: \$20 for picnic

Non-Members: \$35  
(\$20 for picnic and  
\$15 for membership)

Name: \_\_\_\_\_

#### Pick only one meat (mark X)

Pulled Chicken

Pulled Pork

#### Pick 2 or 3 side dishes (mark X)

Broccoli Salad

Potato Salad

Baked Beans

Cole Slaw

Payments must be received by May 28. There will be NO at-door registration.

In person, you can give \$\$ (cash or check) to Pat Beech. Make check payable to NVRC/Happy Hands. You can mail a check to: NVRC/Happy Hands, 10467 White Granite Drive, Suite 312, Oakton, VA 22124. To use Zelle, send payment to [accounting@nvrc.org](mailto:accounting@nvrc.org). In the memo, write "Happy Hands Picnic 2025."

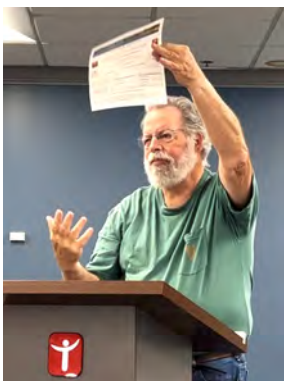



 RECAP

# Recap of Monthly Meeting on May 7, 2024


 RECAP

Thirty-four attendees came to the May 7 meeting. Highlights of the meeting were: May Birthday Song, Eve's 95th Birthday, and Balance Research. Here is YouTube link for the meeting: <https://youtu.be/yWzwSwhg8A8>.



Don Ames starts the meeting



Don signs "Happy Birthday" to the May folks:  
Steve Williams and Eve Christian



**Money Table**  
Steve & Melanie Williams



Lois Herberger, Laurie Dowling, Denise Drake, Eileen Goran, Mary Ann & Tim Beatty, Tom Drake, Lynn Keefe, and Eddie Drawdy



Serry Fahmy, Don Ames, Cyril Potosky, Deanna Dunham, Cathleen Potosky, Tom Dowling, and Eleni Triantafell



Peggy Daniels and Stan Smith



Denise Proulx and Jean Buffardi



Jonathan Kiell



Pat Beech, Vicki Shank, and Lois Herberger



Jill Moebus and Tim Lavelle




**RECAP**

# Recap of Monthly Meeting

(continued from page 3)


**RECAP**


Richard & Yolette Cohen



Lavonda & Gerald Miller,  
and Jill Moebus



Happy Hands celebrates Eve Christian's 95th Birthday  
Pictured on left is Eve with her children, Dana Christian and Cheri Hunter



**USGS Retirees**  
Eve Christian with  
Gerald Miller, Lynn Keefe,  
and Jill Moebus



Darren Marquardt with  
Gallaudet Balance Exercise Research  
Project Team [Vanessa Arp, Marquize  
Nash, and Carol Riddick]



Vanessa Arp demonstrates  
the warm-up exercise




**RECAP**

# Recap of Monthly Meeting

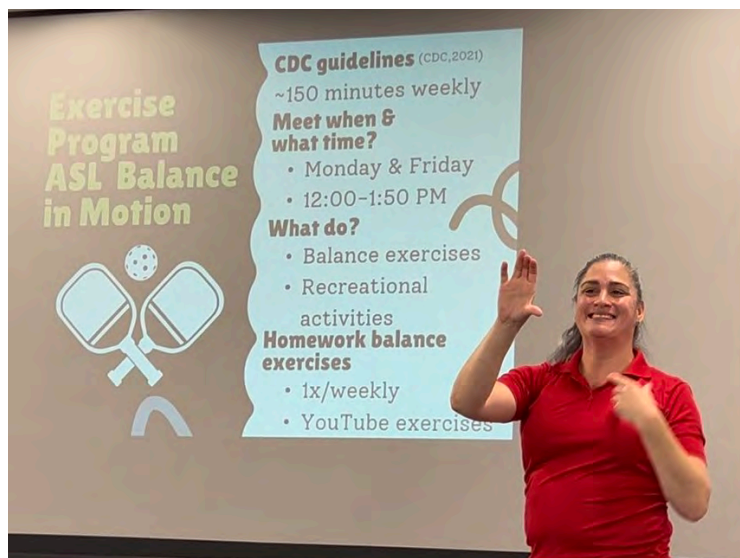
(continued from page 4)


**RECAP**


Vanessa Arp demonstrates the warm-up exercise, using chair



Fun Activity  
Beach Ball Volleyball



Vanessa explains the program for Fall 2025



Vanessa shares feedback from the program participants

# NVRC

## Various Exhibits



Fairfax County Health and Wellness Festival at the Sherwood Library  
04-05-2025, represented by Debbie Jones,  
Darren Marquardt, and Bonnie O'Leary  
[Picture on right: Bonnie performs hearing screening test]



Goodwin House at Bailey's Crossroads Resource Fair  
04-11-2025, represented by Debbie Jones



Thomas Jefferson High School  
for Science and Technology  
04-26-2025, represented by  
Darren Marquardt and Debbie Jones  
for the student-run  
AT Connects Science Fair,  
focusing on assistive technology  
for people with disabilities



Human Books Day at  
Arlington Central Library  
04-12-2025

Bonnie O'Leary educates the  
booth visitors about Late-onset  
hearing loss, CART, and APPs



# NVRC Various Exhibits

(continued from page 6)



2025 First Responder  
Interaction Day

04-26-2025, represented by Bonnie  
O'Leary and Jonathan Kiell  
(pic on right — Bonnie with attendees  
Cyril & Cathleen Potosky)



Loudoun County Area Agency on  
Aging Resource Fair  
05-02-2025, represented by  
Lori Daly and Darren Marquardt



Fairfax County Public Schools  
DHH Connections Picnic  
05-04-2025, represented by  
Cheryl Gault

7th Annual Senior Safety Summit  
at the Lorton Community Center  
05-02-2025, represented by Jonathan Kiell  
and Bonnie O'Leary  
hosted by Supervisor Dan Storck,  
and Fairfax County Neighborhood  
and Community Services





## News of Interest



Melanie Williams and her friend Cario Stewart learned how to decorate cupcakes. This was at a women's event at their church, Fairfax Church of Christ, on May 10.



Four people visited Fairfax Museum on May 14, 2025 to see the Lantz Mills exhibit, which has been extended to June 2. Pictured on right: Jean Buffardi, Laurie Lett, and Steve & Melanie Williams.



Sang McLaughlin visited Ashby Ponds on May 14. Picture on left is of Sang with Eve Christian.

Ashby Ponds residents played Mexican Train on May 14.



Deaf members at Fairfax Church of Christ celebrated a special milestone with Iryna Ravliuk — a joyful time of fellowship and community.

Standing: John Murgel; Dennis & Cindi Cesone; Melanie Williams; Kristina Ravlyuk; Iryna Ravliuk; Cheryl Murgel; and Maria Dollhopf  
Sitting: Zina Zimina and Cario Stewart





# CPR and AED Workshop

## 05-03-2025



Darren Marquardt,  
NVRC Executive Director  
with presenters from American  
Heart Association,  
Natalie Komisarick  
and Molly Barlow



Molly Barlow explains how CPR works  
Attendees perform Hands-On CPR exercises

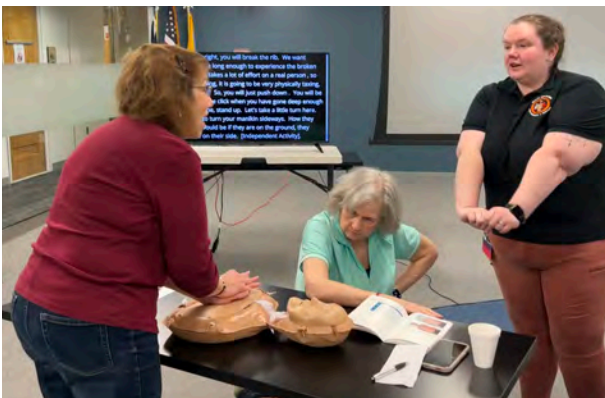


### Most important actions in the Chain of Survival:

1. Make sure the scene is safe.
2. Tap and shout. If no reactions, he is unresponsive.
3. Shout for help. Have someone call 9-1-1, and get AED if available.
4. Check for breathing for at least 5 seconds, but no more than 10. If not breathing normally, he needs CPR.
5. If breathing normally but unresponsive, roll the person to the side. That will keep the airway open.
6. Give compressions. Push hard and fast in the center of the chest. This is called Hands-Only CPR.



Link: <https://cprcare.com/blog/what-are-the-7-steps-of-cpr/>







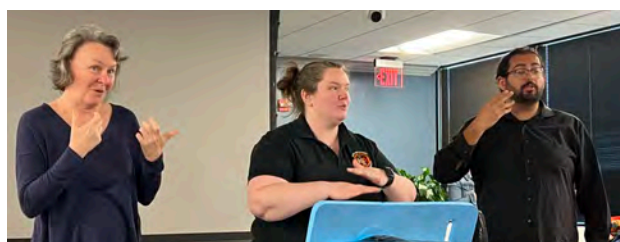
# CPR and AED Workshop

(continued from page 9)



Molly Barlow explains how AED works  
[Automated External Defibrillator]  
Attendees perform Hands-On AED exercises

Here is link for steps on how to use an AED:  
<https://www.redcross.org/take-a-class/aed/using-an-aed/aed-steps>

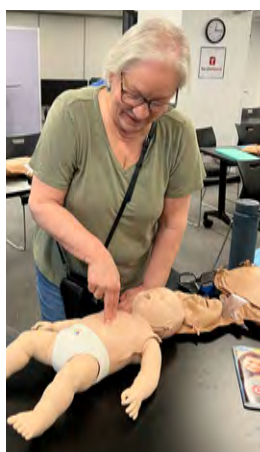


The workshop had  
ASL and CUED interpreters, plus CART.



Natalie Komisarck explains  
how to do CPR on a baby.  
Attendees perform Hands-On  
CPR exercises.

Link: <https://www.redcross.org/take-a-class/cpr/performing-cpr/child-baby-cpr>







# CPR and AED Workshop

(continued from page 10)



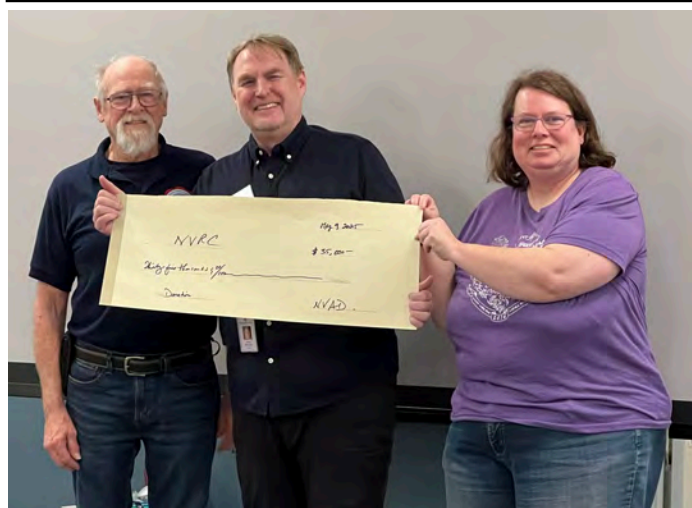
CPR:

- \* <https://cpr.heart.org/en/resources/what-is-cpr>
- \* <https://www.redcross.org/take-a-class/cpr/performing-cpr/cpr-steps>

AED:

- \* <https://www.mycprcertificationonline.com/courses/aed/usage>

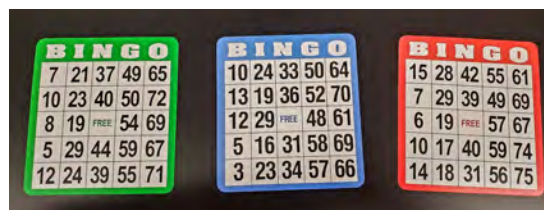
## NVAD Meeting and Bingo 05-10-2025



NVAD awarded NVRC a \$35,000 grant for:

- \* Expanding Deaf-centric programs
- \* Increasing access to pro-bono interpreting services
- \* Updates to office and technology

Bingo was played after the meeting.





# FIDOS For Freedom

## 05-17-2025



Check-in Table

Diane Bernier (Executive Director of Fidos For Freedom) and Donnie Ball (a trainer) gave a presentation on how service dogs support people who are Deaf and Hard of Hearing. What does Fidos provide?

- \* Train assistance dogs or hearing dogs
- \* Train PTSD Dogs to Veterans with combat-related PTSD

For more information, see:

- \* <http://www.facebook.com/FidosForFreedom>
- \* <http://www.youtube.com/FidosForFreedom>
- \* <http://www.FidosForFreedom.org>



Jonathan Kiell and Bonnie O'Leary  
with Bonnie's special treats:  
Duncan Hines Yellow Cake Bones and  
Merken's Chocolate Paws



Darren Marquardt,  
Diane Bernier with Noah  
(her service dog), and  
Donnie Ball with Cyrus  
(a service dog in training)







# FIDOS For Freedom

(continued from page 12)



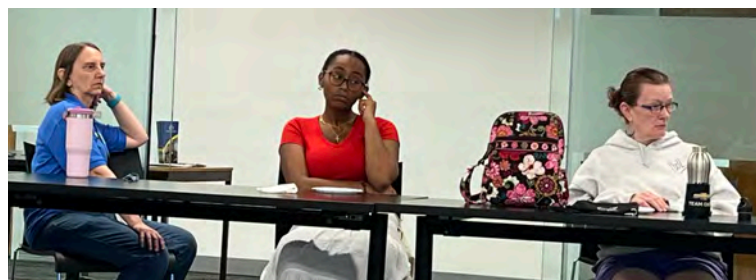
Darren Marquardt,  
introduces the presenters  
and their dogs



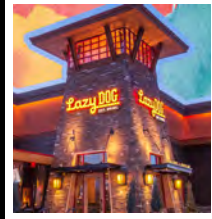
Diane Bernier, Executive Director  
of Fidos For Freedom



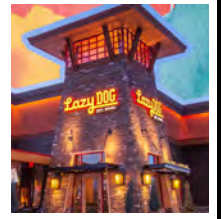
Donnie Ball, trainer  
with Cyrus  
(a service dog in training)







# May-June Birthdays on 05-19-2025



Sitting: Eve Christian, Steve & Melanie Williams, and Joan Corley  
Standing: Pat Beech, Mary Ann & Tim Beatty, Barbie & George Sidawy,  
Lois Herberger, Jonathan Kiell, Felix Chevere, and Jill Moebus



## The Birthday Group

Left: Eve, Tim, Felix, and Steve  
Center: Barbie & George, and Lois  
Right: Joan, Pat, and Jill







# News from North Carolina



Anne Potter with her two sisters,  
Sandy and Punk

Potter's Seafood on the Old Yacht Basin in Southport, NC has been in the Potter family for five generations. Shrimp is their specialty.

Pictures on right:

- \* Anne's niece Jenni with her cousin Royce who owns the boat and store
- \* Jenni with her favorite pelican, Mavis [[https://stateportpilot.com/community\\_focus/article\\_e8fc8feb-193a-4282-b9f5-089b899a0204.html](https://stateportpilot.com/community_focus/article_e8fc8feb-193a-4282-b9f5-089b899a0204.html)]



URL:

<https://www.wect.com/story/38726948/potters-seafood-a-southport-family-tradition-for-five-generations/>

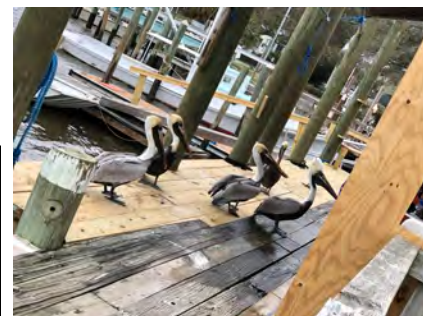


The author of "The Summers of Us" is Taylor Crooks, a niece of Joyce Boyd [Joyce was in same class with Pat Beech at NCSD].

Summary: For nine summers at the beach, a teen girl experiences friendship, first love, and heartbreak in this novel about forgiveness, adolescent, and accepting the happiness you deserve.

Taylor is a Hickory native who writes young adult novels. She studied Creative Writing at UNC Wilmington. She teaches English in Hickory.

URL: <https://www.amazon.com/dp/B0F4P268HN> and <https://www.goodreads.com/book/show/231334285-the-summers-of-us>



**NCSD Graduates**  
Anne Potter, Joyce Boyd,  
and Pat Beech





# Training at HKNC



Lanny volunteers to teach Robert, who lost hearing and has low vision. She also teaches her housekeeper ASL everyday. The housekeeper wants to learn ASL.



Lanny helps Ahmad practice walking blindfolded.



Lanny does her daily walk on the track.



Lanny uses CCTV to read “Safe Service Food” to prepare for exam





## Training at HKNC

(continued from page 16)



Lanny makes  
oatmeal raisin  
cookies,  
blindfolded



Lanny worked at the Tech Blitz on 05-15-2025

On her left is Sarah, Cooking Teacher  
On her right is Kyle, Tech Teacher,  
with interpreter

URL: <https://www.helenkeller.org/techblitz2025/>



Lanny interviews for a job  
in the cafeteria at Lavelle  
School for the Blind in NYC



## “I Love You” in 311 languages



Jane Light, a friend of Pat Beech, sent this picture on April 22 from Paris, France. According to Wikipedia, the wall was created in 2000 by artists Frederic Baron and Claire Kito. The phrase “I Love You” is featured 311 times in 205 languages. Can you find the one in sign language?

URL:

\* [https://en.m.wikipedia.org/wiki/Wall\\_of\\_Love](https://en.m.wikipedia.org/wiki/Wall_of_Love)

\* <https://parisspass.com/en/things-to-do/visiting-the-wall-of-love-paris>



# Visiting Lantz Mills on Mother's Day

## 05-12-2025

On Mother's Day, Cheri and Pat Hunter took Eve Christian to Lantz Mills, located in Shenandoah County. It was home to a significant number of Deaf residents in the 1760s. By 1880, there were at least 52 identified Deaf residents within a five-mile radius of Lantz Mills. In 1877, William Christian founded Christian & Sons, which specialized in cabinetmaking and coffin production.

Below are pictures from Cheri, daughter of Eve:



<https://shenandoahstories.org/items/show/129>

Suspension Bridge  
at Lantz Mill

[[https://](https://www.instagram.com/heritageas1/reel/DH2L1ZHsUi4/)

[www.instagram.com/  
heritageas1/reel/  
DH2L1ZHsUi4/](https://www.instagram.com/heritageas1/reel/DH2L1ZHsUi4/)]



Union Forge Church and Cemetery  
Edinburg, VA

[https://shenandoahstories.org/items/  
show/70](https://shenandoahstories.org/items/show/70)



Tombstone for  
William and Isabella  
Christian



Tombstone for  
Mary Ruth & Cleveland H.  
Christian  
(grandparents of Denise Drake)



# Visiting Lantz Mills

(continued from page 18)



Tombstone for  
Velma M. Christian Cusick,  
daughter of  
Cleveland H. Christian



Tombstone for  
Grace Christian Hisey,  
daughter of  
John Jacob Christian  
[<https://ancestors.familysearch.org/en/K4LH-FRS/grace-florence-christian-1893-1916>]



Tombstone for  
Arthur Belew Christian,  
youngest son of  
William Christian  
[<https://www.findagrave.com/memorial/28289331/arthur-belew-christian>]



Tombstone for  
Sallie Hollar Christian [wife of Charles E. Christian]  
and her son Alfred Edward Christian  
[<https://www.findagrave.com/memorial/28289331/arthur-belew-christian>]

Children of William Christian:

- \* John Jacob Christian
- \* Samuel Lee Christian
- \* Charles Edward Christian
- \* Ferdinand Rhodes Christian
- \* Cleveland Henrico Christian
- \* Arthur Belew Christian

Source: <https://www.findagrave.com/memorial/28289470/william-christian>





# Point Reyes Lighthouse

## 05-10-2025



Eddie Drawdy visited his son Miles and girlfriend Chrissy in Oakland, CA. Miles is a PhD student majoring in Early Modern Literature with focus on Shakespeare and Disability.

Point Reyes Lighthouse was built in 1870, and was retired from service in 1975. There are about 313 steps between the observation deck and the lighthouse.

URL: <https://www.nps.gov/places/point-reyes-lighthouse.htm>







# “Scraposaurs”

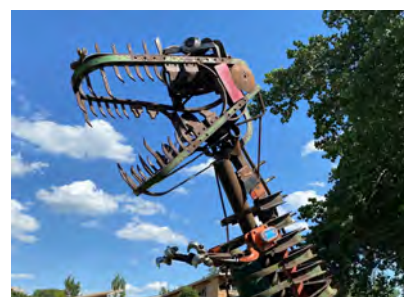
## Museum of the Shenandoah Valley



The outdoor exhibition at the Museum of the Shenandoah Valley (MSV) features 14 dinosaurs and prehistoric animals made entirely from scrap metal and found objects. The artist is Dale Lewis from Minnesota.

The exhibition includes an 18-foot-long stegosaurus named Stanley; an 1,800-pound T-Rex with ribs and teeth from a John Deere rotary hoe; and a woolly rhino covered in 60,000 pounds of tie wire “hair.” Each sculpture blends art and history in a fun and imaginative way.

“Scraposaurs” opened on April 1, and will be on view in the MSV gardens until October 19, 2025. The hours are 10:00AM till 5:00PM. Exhibition fees are: \$15, \$10 Senior Citizens at age 60+, \$10 ages 13-18, \$5 for ages 5-12, free for up to age 4. The address is: 901 Amherst Street, Winchester VA 22601.



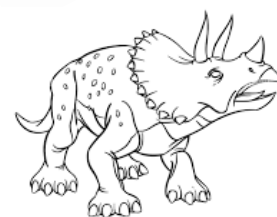
For more information, see: <https://www.themsv.org/events/scraposaurs/>

## DINOSAURS



Tyrannosaurus Rex  
Triceratops  
Velociraptor  
Stegosaurus  
Spinosaurus  
Archaeopteryx  
Brachiosaurus  
Allosaurus  
Apatosaurus  
Dilophosaurus  
Carnotaurus  
Diplodocus  
Brontosaurus

A	R	L	O	J	Z	N	O	U	S	B	S	S	R	V	T
D	R	Z	J	J	W	E	O	U	K	R	U	U	C	Y	G
T	B	C	H	T	S	Z	C	I	L	A	R	R	N	F	W
J	H	M	H	O	H	O	E	M	Z	C	U	U	T	P	U
K	S	E	U	A	D	J	D	J	E	H	A	A	S	Y	S
I	Y	E	E	O	E	J	S	R	X	I	S	S	R	B	L
K	Y	E	L	O	V	O	N	D	R	O	O	O	O	T	T
K	V	P	Z	A	L	P	P	E	A	S	L	N	T	R	Q
R	I	M	W	B	R	U	K	T	M	A	L	I	P	I	M
D	F	T	W	I	X	Z	G	C	E	U	A	P	A	C	C
T	Y	R	A	N	N	O	S	A	U	R	U	S	R	E	X
D	Y	X	G	H	Y	X	R	D	L	U	Y	K	I	R	E
A	P	A	T	O	S	A	U	R	U	S	Q	X	C	A	Y
S	U	R	U	A	S	O	H	P	O	L	I	D	O	T	F
B	R	O	N	T	O	S	A	U	R	U	S	H	L	O	A
S	U	R	U	A	T	O	N	R	A	C	C	E	E	P	H
V	L	Y	W	Q	T	G	V	N	A	Z	E	C	V	S	S
S	U	R	U	A	S	O	G	E	T	S	Y	H	S	Z	R







# Camp Mark 7 Gala

## 05-10-2025



Stan Smith went to NYC to attend Camp Mark 7 Gala on 05-17-2025. The fundraising CM7 Gala was held at the iconic TWA Hotel [<https://www.twahotel.com/>], located at John F. Kennedy International Airport in Queens. At least 230 people attended the Gala. The fundraising goal was to raise \$\$ for more buildings to meet needs for various projects.



“Connie”

Starliner L-1649A with tail number N8083H

Air Force One for President Dwight D. Eisenhower

[<https://www.twahotel.com/connie-airplane/connies-history>]



Stan with Kelly Lange and Al Hlibok



Stan with Thelma Schroeder

1962 vs. Today*	
U.S. Population	
186.5 million	341 million
Life Expectancy	
70.12 years	77.5 years
Average Cost of A New House	
\$12,500	\$427,000
Average Annual Income Per Family	
\$5,556	\$66,000
Average Cost of a New Car	
\$2,924	\$49,000
Cost of a Dozen Eggs	
32¢	\$4.15
Cost of a Gallon of Gas	
28¢	\$3.30
<small>*USA AVERAGE AS OF 2025</small>	

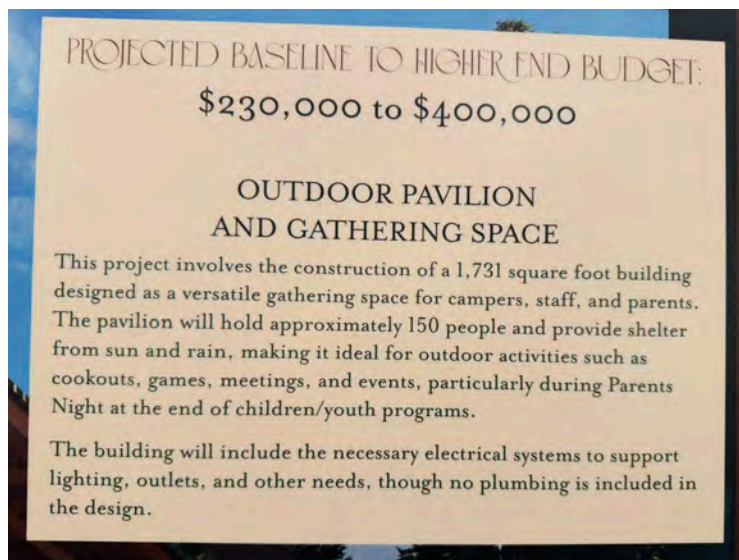


For CM7's Summer Schedule, see: <https://campmark7.org/events>



# Camp Mark 7 Gala

(continued from page 22)



CM7 Gala 2025's Silent Auction on May 17. The future plans for CM7 include:

1. Boat Shed (storage of waterfront items)
2. Pavilion (to accommodate large gatherings)
3. Director's Cabin (bring it up to code)
4. Spiritual Chapel
5. Visitor's Center (expansion)

Source: <https://www.zeffy.com/en-US/ticketing/cm7-gala-2025s-silent-auction>



S D E X J K I Z L S W P A P A F T T R F  
 T V T F G N P A R E N T P A X I Z Z V A  
 R G Q N Q V D Q D A D A Y E C H S F C M  
 O B I S T B C Z U G Q O I W L E E U L I  
 N J E G B R S X D Q E W P B Z R R N O L  
 G O A O R G R A N D P A G Y S O V V V Y  
 M K I J A Q Q C W A Y Z P Y A Q O V E A  
 D E J A V N F A T H E R Q U D A D D Y R  
 A S R P E Z X X D E Y M X V U O S O T N  
 D L J O A C A R I N G R E S P E C T E T

Respect  
 Caring  
 Brave  
 Hero  
 Grandpa  
 Family  
 Parent  
 Papa

Father  
 Daddy  
 Dada  
 Dad  
 Strong  
 Jokes  
 Love  
 Fun



# Northern Virginia Association of the Deaf

## Strawberry Festival

### Cook-Out



Saturday, June 14, 2025

11:00AM to 4:00PM

Frying Pan Farm Park  
2709 West Ox Road  
Herndon, VA 20171



(Look for Frying Pan Canopy Picnic Area)

[Frying Pan Farm Park | Park Authority \(fairfaxcounty.gov\)](https://www.fairfaxcounty.gov/parks/frying-pan-farm-park)

Please bring your meat to grill and a dish to share  
according to your last name:

A-N Cold or Hot Dishes/O-Z Dessert

**BRING YOUR OWN LAWN CHAIR**  
**BRING YOUR OWN A LOT OF PLENTY DRINKS!!!**  
**HOT DAY**

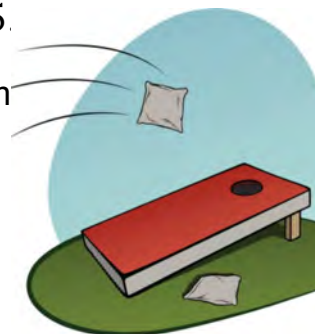
RSVP Tim Lavelle at [twlavelle54@gmail.com](mailto:twlavelle54@gmail.com)  
& let him know what dish you will bring to avoid  
duplicates by Friday, June 13, 2025.

Strawberry Festival cost \$5.00 for everything (No Ice Cream)  
It is a fundraiser for NVAD. Please pay online:

Paypal <https://paypal.me/nvad1945>

Venmo: <https://venmo.com/NVAD1945>

Zelle: [nvadtreasurer1945@gmail.com](mailto:nvadtreasurer1945@gmail.com)



**NVAD will bring charcoal, fluid, water, and strawberry dessert  
along with plates, forks, knives, spoons, and napkins.**

*In the event that NVAD cancels the Strawberry Festival and Cook-Out  
due to bad weather, watch for announcement via email and NVAD FB.*



# The ADA's Effective Communication Requirements in Healthcare Settings

**Date:** Thursday, June 26, 2025

**Time:** 7:00 PM ET

**Via Zoom** - visit [www.nvrc.org](http://www.nvrc.org) to register or scan QR code

**ASL Interpreters and CART provided**

If you need other accommodations, please let us know



## About the Workshop:

Did you know that health care providers must ensure effective communication with Deaf, Hard of Hearing, and other patients with disabilities? This session will break down how the Americans with Disabilities Act (ADA) applies in healthcare settings, from hospitals to telehealth - and what your rights and responsibilities are.

Topics include:

- What "effective communication" means under the ADA
- Why qualified interpreters and CART services matter
- What healthcare provider must not do:
  - Refuse service based on a communication need
  - Charge for auxiliary aids
  - Require you to bring your own interpreter
  - Rely on family or staff to interpret

## Meet the Presenter:

**Steven E. Gordon, JD** is a nationally recognized ADA expert and former Civil Rights Enforcement Coordinator for the U.S. Attorney's Office in the Eastern District of Virginia. With 32+ years in federal service, Mr. Gordon has led ADA enforcement efforts, educated national audiences, and helped create a peer group for ADA compliance in healthcare. He's been honored by The Arc of Loudoun, Here2Hear, and the Alexandria Commission on Persons with Disabilities.



## Contact Us

✉ [info@nvrc.org](mailto:info@nvrc.org)

☎ 703-352-9055 voice / 571-350-8656 VP

🌐 [www.nvrc.org](http://www.nvrc.org)

# Happy Hands 2025 Members

## (as of May 22, 2025)

**As of 05-22-25, Happy Hands has 100 paid members for 2025:**

- |                       |                        |                              |
|-----------------------|------------------------|------------------------------|
| 1. Don Ames           | 35. Kathy Ferris       | 69. Jill Moebus              |
| 2. William Athy       | 36. Neil Ferris        | 70. Bill Morris              |
| 3. Janice Barker      | 37. June Freeman       | 71. Sally Newman             |
| 4. Mary Ann Beatty    | 38. Pam Gannon         | 72. Paula Olejarz            |
| 5. Tim Beatty         | 39. Laura Garrett      | 73. Lydia Olugbodi           |
| 6. Pat Beech          | 40. Cheryl Gault       | 74. Rose Otterman            |
| 7. Josephine Bergner  | 41. Robert Gault       | 75. Cathleen Potosky         |
| 8. Claudia Brawley    | 42. Ross Gilson        | 76. Cyril Potosky            |
| 9. Peter Brawley      | 43. Selina Gilson      | 77. Denise Proulx            |
| 10. Dot Brenner       | 44. Eileen Goran       | 78. Lanny Quarles            |
| 11. Jean Buffardi     | 45. Julie Greenfield   | 79. Iryna Ravliuk            |
| 12. Cindy Burton      | 46. Barry Harlan       | 80. Cheryl Rockburn          |
| 13. Steven Burton     | 47. Anthony Heller     | 81. Rocky Rockburn           |
| 14. Lew Carr          | 48. Lois Herberger     | 82. Rebecca Sadler           |
| 15. Felix Chevere     | 49. Bob Hickey         | 83. Nancy Sanders            |
| 16. Patty Christenson | 50. Irene Hunter       | 84. Thelma Schroeder         |
| 17. Eve Christian     | 51. Margaret Huang     | 85. Vicki Shank              |
| 18. Carol Duffy Clay  | 52. Vicki Hurwitz      | 86. Prudence Shaw            |
| 19. Richard Cohen     | 53. Chris Jackson      | 87. Shelley Simms (deceased) |
| 20. Joan Corley       | 54. Song Jo            | 88. Barbie Sidawy            |
| 21. Paul Daniels      | 55. Kathy Jones        | 89. George Sidawy            |
| 22. Peggy Daniels     | 56. Lynn Keefe         | 90. Stan Smith               |
| 23. Janice Dillman    | 57. Mary Kay Kelley    | 91. Sharon Svenningsen       |
| 24. Maria Dollhopf    | 58. Jonathan Kiell     | 92. Cathy Thompson           |
| 25. Laurie Dowling    | 59. Maryann Kielsgard  | 93. Rick Thompson            |
| 26. Tom Dowling       | 60. Barbara Eger-Klatt | 94. Mike Toms                |
| 27. Denise Drake      | 61. Walter Klatt       | 95. Alfred Traurig           |
| 28. Tom Drake         | 62. Jill Kotchen       | 96. Eleni Triantafell        |
| 29. Eddie Drawdy      | 63. Jeanne Lavelle     | 97. Laurie Warren            |
| 30. Nate Drown        | 64. Tim Lavelle        | 98. Melanie Williams         |
| 31. Deanna Dunham     | 65. Kea Manfredonio    | 99. Steve Williams           |
| 32. Phuong Duong      | 66. Frances Marzolf    | 100. Sam Yates               |
| 33. Newby Ely         | 67. Eileen McCartin    |                              |
| 34. Serry Fahmy       | 68. Kerry Anne Mike    |                              |

For those who have not renewed or joined for the year 2025, here is the link for the Happy Hands 2025 Membership Form:  
[https://www.nvrc.org/wp-content/uploads/2024/12/2025Membership\\_Fillable.pdf](https://www.nvrc.org/wp-content/uploads/2024/12/2025Membership_Fillable.pdf)



# 2025 JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Social Night at Wegmans (p. 28)	2	3	4 HH Picnic (p. 2)	5	6  JUNE 6, 1944 D-DAY	7
8	9  DONALD DUCK DAY	10	11 HH Social Chat Wegmans (p. 28)	12	13  NATIONAL SEWING MACHINE DAY	14 NVAD Picnic (p. 24)
15 Happy Father's Day Social Night at Wegmans (p. 28)	16	17	18 Fine Tuners Meeting 10AM-12PM	19  Juneteenth	20  American Eagle Day	21
22	23	24	25 HH Social Chat at NVRC 10AM-2PM	26 NVRC Workshop (p. 25)	27	28
29  NATIONAL CAMERA DAY	30					

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## Thanks to:

- Room Set-Up Crew before the meeting
- Room Clean-up Crew after the meeting
- Pat Beech for pictures for Recap (pages 3-5), Ashby Ponds (page 8), CPR & AED (pages 9-11), Fidos (pages 12-13), and May-June Birthday Lunch (page 14)
- Melanie Williams for pictures on page 8 (cupcakes and Lantz)
- Lanny Quarles for pictures on pages 16-17
- Cheri Hunter for pictures on pages 18-19
- Eddie Drawdy for pictures on page 20
- Stan Smith for pictures on pages 22-23
- Pat Beech for doing the monthly HH Newsletter issue
- Melanie Williams, Jonathan Kiell, and Vicki Shank for proofreading the monthly HH Newsletter issue
- Debbie Jones and Pat Beech for preparing the monthly HH Newsletter hard copies for mail







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Don Ames, Chair  
[\[dames@cox.net\]](mailto:dames@cox.net)

URL: <https://www.nvrc.org/happy-hands/>



### Fine Tuners for 2025-2026

Sitting: Don Ames (Chair),  
 Eddie Drawdy (Vice Chair),  
 Melanie Williams (Secretary),  
 and Tim Beatty (Treasurer)

Standing (Members-At-Large):  
 Jill Moebus, Cathleen Potosky,  
 Lois Herberger, and Bob Hickey

### Thanks from Eve Christian

Dear Happy Hands folks, thank you so much for the wonderful surprise Birthday celebration you had for my 95th Birthday recently. It was so thoughtful of you all. I really had no idea what was going on, especially seeing my son Dana there. Thank you all so much and the cake was lovely (as well as delicious). It was a very generous and appreciated gesture!



### Silent Social at Wegmans

This occurs on the first and third Sundays of each month at 7:00PM in Fairfax Wegmans at the corner of Route 29 and Monument Drive (Upper Level, near the stairs). Registration is suggested. The dates for the Silent Social Chat are June 1 and 15. FYI, some people arrive early (6:00PM) and grab some of Wegmans prepared food for dinner.



Please come join the very informal chat; the group often includes students and interpreters looking to learn and practice ASL. You can also get your groceries while you are there!

Also, HH Lunchtime Social Chat at Wegmans will be on June 11.

For more info, contact Jonathan Kiell at [jona3ki@msn.com](mailto:jona3ki@msn.com).

For the Sunday Chats see: <https://www.meetup.com/aslbridge/events/304987317>.

### Maryland Deaf Seniors Citizens (MDSC) Officers



**Congrats to the newly elected officers:**  
 Stephen DeMuth, Treasurer for 2024-2026  
 Lisa Skaggs, Secretary for 2025-2027  
 Katie Todd, Vice-President for 2025-2026  
 Thelma Schroeder, President for 2025-2027