

2024



SENIORS' CHAT



Don's Column



Hello, Happy Hands Members and Friends,

At the November 6 Monthly Meeting, I will give a presentation about my trip in September. See page 2.

See pages 3-4 for a recap of the October 2 Monthly Meeting. Thirty-one people attended in person.

Melanie Williams gave a presentation on Electoral College. Next was a brief presentation about Oktoberfest by Lois Herberger. After lunch, Stan Smith gave a presentation about his trip to Italy, Rome, and Sicily.

As usual, Stay Happy Safely with Our Awesome Hands!

~ Don



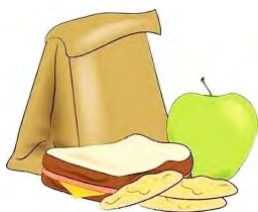
HAPPY BIRTHDAY ...to the folks with birthdays in November

Neil Ferris [2nd]
Jean Buffardi [3rd]
Mary Kay Kelley [3rd]
Josephine Bergner [10th]

Janice Barker [12th]
Barbara Eger-Klatt [14th]
Renee Connor [29th]

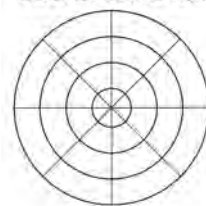
Happy Hands In-Person Meeting

November 6 at 10:00 AM



We will have our in-person monthly meeting on November 6 at 10:00 AM - 2:00 PM. Before lunch, we will have a presentation on Circular Tic Tac Toe by Jonathan Kiell.

CIRCLE TIC TAC TOE



BRING YOUR OWN LUNCH BAGS AND BEVERAGES.

During lunch, we will have a special guest, Eileen McCartin. We will have a cake to show appreciation for her five years as NVRC executive director (last day was September 28, 2024).



After lunch, we will have a presentation by Don Ames about his trip in September. The trip included stops at Kopavogur, Iceland; all of Ireland including Belfast, Northern Ireland; Edinburgh, Scotland; London; Southampton, UK; Brugge, Belgium; Amsterdam, Holland; Geiranger-Bergen-Ålesund, Norway; and Akureyri-Isafjörður-Reykjavík, Iceland.



Celebrating New Year 2025



Happy Hands will celebrate the new year, 2025, on January 15 @ 12:00PM at Clyde's Willow Creek Farm in Broadlands, just west of Dulles Airport in Loudoun County.

Address:

42920 Broadlands Blvd, Broadlands VA 20148

URL: <https://www.clydes.com/location/willow-creek-farm/>



Please let Pat Beech [pgbeech@aol.com] know by January 3, 2025, if you plan to come. We need a head count. More details will be provided, as time nears.


 RECAP

Recap of Monthly Meeting on October 2, 2024


 RECAP

At the October 2 meeting, we had 31 attendees. Here is YouTube link for the meeting: <https://youtu.be/qhRvnYhpmi4>. Highlights of the meeting were:

- October Birthday Song
- Games & Board Games
- Introducing the new NVRC Executive Director
- American Heritage Girls by Bob Hickey
- Electoral College by Melanie Williams
- Oktoberfest by Lois Herberger
- 50/50 Raffle Drawing
- Are You Registered by Denise Proulx
- Italy Trip by Stan Smith

“Electoral College” by Melanie Williams — <https://youtu.be/o-orCnwLZMo>

“Italy, Rome, and Sicily” by Stan Smith — <https://youtu.be/3b43Lc6lFEY>



Lynn Keefe, Lanny Quarles,
Cathleen Potosky, Eileen Goran,
and Laurie Dowling



Eddie Drawdy, Tom Dowling,
Barry Harlan, and Sam Yates



Steve Williams, Treasurer
Melanie Williams, 50/50 Raffles



Bob Hickey
with Gift Bags for the HH attendees
from his daughter, Della Duerksen
American Heritage Girls



Denise & Tom
Drake



Laura Garrett and
Stan Smith



Pat Beech and
Debbie Jones



Rick & Cathy
Thompson



Cathleen Potosky and
Deanna Dunham



Eddie Drawdy and
Lois Herberger


 RECAP

Recap of Monthly Meeting

(continued from page 3)


 RECAP


Laura Garrett, and
George & Barbie Sidawy



Darren Marquardt
and Eddie Drawdy



Richard
Cohen



Jill
Kotchen



Paul & Peggy Daniels,
and Bill Morris



Don Ames



Washington Nationals items
donated by Paul Daniels
for the 50/50 Raffles



50/50 Raffle
1st Prize
Barry Harlan



50/50 Raffle
2nd Prize
Don Ames



Oktoberfest
Buffet



50/50 Raffle
3rd Prize
Rick Thompson



50/50 Raffle
4th Prize
Denise Proulx



50/50 Raffle
5th Prize
Deanna Dunham



50/50 Raffle
6th Prize
Rick Thompson





News of Interest



On September 22, there was a celebration of August and September birthdays at Ireland's Four Provinces in Falls Church. The attendees were from both Maryland and Virginia. This event was arranged by Karen Sepielli.



On September 28, Becky Sadler and family were at a football game at Gallaudet University to see grandson Dylan Officer play. Gallaudet played against George Mason University club team, and won 45-0.

Game: <https://gallaudetbison.com/news/2024/9/28/fb-24-recap-gmu.aspx>

Dylan: <https://gallaudetbison.com/sports/football/roster/dylan-officer/5622>



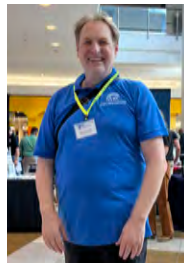
On October 1, Sang Mclauchlin was at Ashby Ponds for Mexican dinner with Eve Christian, Pat Beech, Jill Moebus, and Robert & Linda Whitworth.



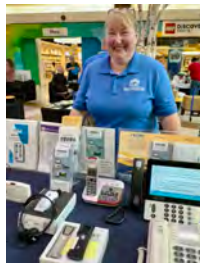
NVRC Celebrate Communication 2024



NVRC Staff
Eileen McCartin, outgoing
Executive Director
Bonnie Leary,
Outreach Manager
Cheryl Gault, Office
Programs Coordinator



NVRC Staff
Darren
Marquardt,
incoming
Executive
Director



NVRC Staff
Debbie Jones,
Resource and
Technology
Manager



NVRC Board & Staff
Pam Gannon,
Board Secretary
Barbara Silber,
Finance Manager



NVRC Board
Jonathan Kiell,
Vice-Chair



NVRC Board
Jeremy Smith



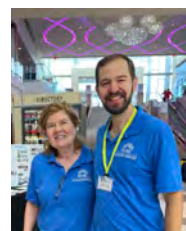
Face Painting by Dee Vinchey



Yellow Dog



Yellow Dog
with Pat Beech



Eileen McCartin
with
Erik Nordlof,
Board Member



Melanie Williams,
NVRC Board Member
Kristie Ketchum,
NVRC Board Member



Yellow Dog
at the Sorenson booth



Yellow Dog
with Adele Polk



Yellow Dog
with Lanny Quarles



<https://deevinchey.com/>



Yellow Dog visiting with Walter Klatt
at the Yellow Leaf Booth



Yellow Dog visiting with Debbie Jones
at the NVRC Technology Demo Booth



NVRC Celebrate Communication 2024



16 Around Fairfax
Fran Guastadisegni
[<https://www.fairfaxcounty.gov/cableconsumer/channel-16/fairfax-county-government-television/>]



AARP Virginia
[<https://states.aarp.org/virginia/>]



Cathy's Little Boutique



ClearCaptions
[<https://clearcaptions.com/>]



Deaf Tax [https://deaf-tax.com/]



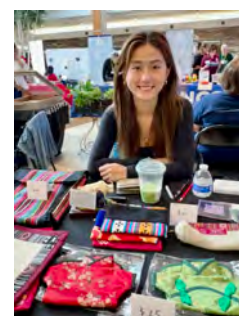
Deaf Visual Arts



U.S. EEO Commission
[<https://www.eeoc.gov/>]



Fairfax County
Disability Rights
& Resources
[<https://www.fairfaxcounty.gov/familyservices/disabilities/>]



Hands and Hearts



Fairfax County
Department of Emergency
Management & Security
[<https://www.fairfaxcounty.gov/emergencymanagement/>]



Fairfax County
Human Rights & Equity Program
[<https://www.fairfaxcounty.gov/humanrights/>]



Virginia
Hands & Voices
[<https://www.vahandsandvoices.org/>]



Happy Hands Deaf Seniors
[<https://www.nvrc.org/happy-hands/>]



HearingLife
[<https://www.hearinglife.com/hearing-aids-centers/virginia/arlinton/>]



Innovation Products
[<https://innovationproducts.com/>]



Lesner Hearing
Center
[<https://lesnerhearingcenter.com/>]



Metro Accessibility
[<https://www.wmata.com/service/accessibility/transit-accessibility.cfm>]



NOVA
Accommodations and
Accessibility Services
[<https://www.nvcc.edu/student-resources/accessibility/index.html>]



NVRC Celebrate Communication 2024



Virginia Association of the Deaf
T-Shirt



Virginia Association of the Deaf
<https://www.vad.org/>



Northern Virginia
Association of the Deaf



NVCSA
Cued Speech



OceanKiwi Studio Photo Booth
<https://oceankiwi.com/>



Otolaryngology Associates



Sofia



Sorenson
<https://sorenson.com/>



VDDHH and Virginia Relay
<https://www.vddhh.virginia.gov/>



Virginia School for the Deaf and Blind
<https://www.vsdh.k12.va.us/>



Yellow Leaf



NVRC Celebrate Communication 2024



Barbara Ann Jewelry and Yellow Leaf



Adele Polk looks at the Yoga Chart



Barbara Eger-Klatt



Pam Gannon holds the Raffle basket



Raffle Winner



Raffle Winner



Raffle Winner



Raffle Winner



Raffle Winner



Raffle Winner



Raffle Winner



Raffle Winner



Margaret Huang
June Freeman
Cathleen Potosky



Sam Yates
Lanny Quarles
Stan Smith





NVRC Celebrate Communication 2024



Eve Christian, Paula Olejarz,
and Joe Duarte



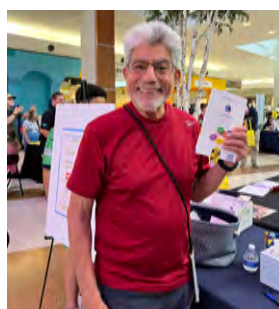
Phuong Duong
with a friend



Neil & Kathy
Ferris



Laurie Dowling
and Laurie Warren



Richard Cohen



Cathleen Potosky, Pam Gannon,
and Cyril Potosky



Tony Battisti and
Julie Greenfield



Virginia Crocker
with son David



Mozelle Bashen with her dog Cosby, Paula Ayres,
Wendy Ti, Kathy Ferris, and George & Barbie Sidawy



Eileen McCartin with
Meg & Joe Duarte



Eric Raff,
VDDHH Director



Tamara & Roger
Webb



Ashton
Dunbar



Cheryl Gault with
Karen & Pete Sepielli



Michele Mulligan



Sheila Hall Price
with son Charlie



Jeremy Smith
with father Sam



Bob Rhoads
with daughter
Hope



Andrew
Magill



NVRC Celebrate Communication 2024



Eileen McCartin with
Robb Deigh & Joan Ehrlich



Volunteers



Volunteers



Volunteers



Interpreting Team



Interpreting Team



Denise Drake
donated \$\$ from
the sale of her plants.



HH Display Board
(put together by Pat Beech)

Happy Hands Seniors - Profile Series

Lew Carr

Full name: Lewis Wesley Carr, Sr. **Nickname:** Lew

Where were you born? New York City

Where have you lived the longest? Arlington, VA (54 years)

Were you born Deaf? I am a hearing child of deaf adults (CODA).

Did you come from a Deaf family or a family with all Hearing members?

Yes. My parents became totally deaf as a result of childhood illnesses
[Father: Spinal Meningitis, and Mother: Scarlet Fever].

Did you attend the State School for the Deaf or regular public school? Regular public school.

If you attended the State School for the Deaf, where was it located? My father attended Pennsylvania School for the Deaf, and my mother went to Virginia School for the Deaf.

What was your favorite subject in high school and why? Aviation mechanics. Why? As a boy, I wanted a career in aviation.

Did you attend college after graduating from high school? If so, where? What was your degree?

BSS in 1951 from City College of New York
MSW in 1957 and DSW in 1961 from Washington University in St. Louis

If married, how did you meet your spouse? Met my wife at a fraternity dance in NYC in 1948. Married in 1952 in Houston. I have five children, five grandchildren, and three great grandchildren.

Are you still working or are you retired? If working, where do you work and what is your occupation?

Retired professor. I retired in 1991 as professor of social work from Howard University and Catholic University. My occupation was Social Work research.

What is your favorite hobby? Writing memoirs and mini stories.



The Carr Family @ 1951

Edward Charles Carr, Jr. (brother; age 21)

Edward Charles Carr, Sr. (father)

Isabelle Long Carr (mother)

Lewis Wesley Carr, Sr. (age 24)

Happy Hands Seniors - Profile Series

Lew Carr

(continued from page 12)

Do you like to travel? If so, what was your favorite place? Ireland
Where would you like to go if you had a choice? Back to Ireland.

What is your favorite food? Breakfast — Orange juice, eggs benedict, crispy bacon, and two cups of coffee by poolside in Hawaii.

Do you have any pets? No pets, thank goodness.

What is the funniest thing that has happened to you?

Signing with a man I thought was deaf but turned out he was hearing.

What is the most embarrassing thing that has happened to you?

As a high school student, I was invited to a business luncheon at an exclusive club. I mistakenly put salt in my coffee. A businessman whispered that it was salt. Embarrassed, I said, "I know, I like it that way," and drank the salty coffee.

What car do you drive? No longer driving as of December 2017. I had a 2013 red Honda Accord which I gave to a grandson.

What do you do for fun? I enjoy the shows and movies at Ashby Ponds.

If you were President of the United States, what would be your most important goal(s)?

Reduce the deficit; reduce inflation; stimulate the economy gradually; push for an amendment to Constitution re: freedom of choice for women, etc.

If you had a million dollars, what would you do with it?

Invest million dollars in stock market and create a legacy for my five children.





Oktoberfest Facts



List of facts (compiled by Lois Herberger):

- Oktoberfest is an annual beer festival in Germany.
- Not all Germans celebrate Oktoberfest. It is a regional festival in southeastern part of Germany called Bavaria. Munich is the capital of Bavaria, Germany.
- Oktoberfest originated on October 12, 1810, as a royal wedding celebration between King Ludwig I and Crown Princess Therese of Saxony Hildburghausen.
- Citizens of Munich gathered at Theresienwiese, a large meadow to attend the festivities and watch horse races.
- Most royal weddings do not become annual festivities. Instead there were some annual horse race events until it was discontinued during the 19th century.
- During the 1800s, festivals evolved with more features like contests, exhibitions, livestock and other farm products. Fun games and activities were also included with lively band music for entertainment.
- Oktoberfest events were moved to September due to better weather conditions.
- Local breweries sponsored the festivals, set up beer tents with rows of tables and benches. Everyone can enjoy the festivities, drink beer, wine and other non-alcoholic drinks - Apfelschorle (apple juice with sparkling water) and sodas. Traditional German cuisines like sausages, pretzels and other refreshments are sold too.
- Beer drinking is mainly for social and cultural interactions, not only for intoxication.
- Oktoberfest attracts millions of international visitors who enjoy this kind of event like a large folk festival, or a sense of community. People get a taste of Bavarian culture and heritage with many old and new traditions.



Sources:

- <https://oktoberfest-guide.com/magazine/the-first-oktoberfest-1810/>



Harvest Festival

Word Search



Annual
Apples
Autumn
Celebration
Contests
Corn
Cornucopia
Crops

Farmer
Feasting
Festival
Fields
Games
Harvest
Hayride
Leaves

Merriment
Music
October
Pumpkins
Regional
Scarecrow
September
Squash



NEW Save The Date

VIRGINIA ASSOCIATION OF THE DEAF

VAD MINI CONFERENCE 2024



SATURDAY, OCTOBER 26

NOVEMBER 16

(BUSINESS MEETING & WORKSHOPS)

VENUE TO BE ANNOUNCED

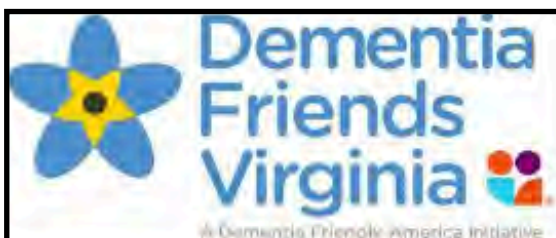
Details are pending and will be
announced in the next flyer.

THANKSGIVING

Word Search Puzzle



BOUNTY	GATHERING	PLYMOUTH
CORNBREAD	GRAVY	PUMPKIN PIE
CORNUCOPIA	HARVEST	SQUASH
CRANBERRY	HOLIDAY	STUFFING
DINNER	MAYFLOWER	SWEET POTATOES
DRESSING	NOVEMBER	THANKFUL
FAMILY	PECAN PIE	TURKEY
FEAST	PILGRIMS	YAMS



George Worthington

Dementia Services
Director

George Worthington, MS, is the Dementia Services Director for Virginia's Department for Aging and Rehabilitative Services (DARS), where he supports the Alzheimer's Disease and Related Disorders Commission and is responsible for the development and implementation of the Dementia State Plan.



ASL
Interpreters
and CART
service will
be provided

RSVP required:
please scan the
QR code



<https://rb.gy/hnjp8y>

Deaf and Hard of Hearing Community: Understanding Dementia

Four Dates/Locations

Saturday, October 19
10 am - 12 pm

DARS Central Office Room 101
8004 Franklin Farm Drive
Henrico, VA 23229

Thursday, October 24
6 pm - 8 pm

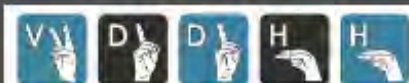
Workforce Rehabilitation Center
243 Woodrow Wilson Ave,
Fishersville, VA 22939

Saturday, November 23
10 am - 12 pm

Northern Virginia Resource Center for
Deaf & Hard of Hearing Persons
10467 White Granite Drive, Suite 312
Oakton, VA 22124

Saturday, December 7
1 pm - 3 pm

Jordan-Newby Anchor Branch Library
1425 Norchester Avenue
Norfolk, VA 23504



Virginia Department for the
Deaf and Hard of Hearing

For more information contact:
info@vddhh.virginia.gov or call
804-325-1290

2024 NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3 Daylight Saving Time ends Social Night at Wegmans (p. 18)	4	5 	6 HH Monthly Meeting (p. 2)	7	8	9
10	11 	12	13 HH Social at Wegmans (p. 18)	14	15 	16
17 Social Night at Wegmans (p. 18)	18	19	20 Fine Tuners Meeting 10AM-12PM	21	22	23
24	25	26	27	28 	29	30

© BlankCalendarPages.com

Thanks to:

- Don Ames, Pat Beech, Eddie Drawdy, and Jill Moebus for manning the HH booth during Celebrate Communication on September 28
- Denise Drake for donating \$\$ from the sale of her plants during Celebrate Communication on September 28
- Menu Committee and friends for planning a great and delicious menu
- Eddie Drawdy for conducting the meeting (in Don's absence)
- Everyone who helped with set-up and clean-up
- Melanie Williams for presenting "Electoral College"
- Lois Herberger for explaining "Oktoberfest"
- Stan Smith for presenting "Italy, Rome, and Sicily" (Pat Beech for putting together the PowerPoint file)
- Paul Daniels for donating Washington Nationals items for 50/50 Raffles
- Debbie Jones for helping with displaying the two PowerPoint files
- Pat Beech for doing the monthly HH Newsletter issue
- Melanie Williams and Jonathan Kiell for proofreading the monthly HH Newsletter issue
- Debbie Jones and Pat Beech for preparing the monthly HH Newsletter hardcopies for mail





E-mail: info@nvrc.org
 URL: www.nvrc.org
 VP 571-350-8656
 10467 White Granite Drive
 Suite 312
 Oakton, VA 22124

URL: <https://nvrc.org/about/directions/>



Don Ames, Chair
[\[dames@cox.net\]](mailto:dames@cox.net)

URL: <https://www.nvrc.org/happy-hands/>



Fine Tuners for 2024-2025

Front Row: Don Ames (Chair),
 Eddie Drawdy (Vice Chair),
 Melanie Williams (Secretary),
 and Steve Williams (Treasurer)

Back Row (All are Members-At-Large): Jill Moebus,
 Lois Herberger, Bob Hickey, and Cathleen Potosky



Silent Social at Wegmans

This occurs on the first and third Sundays of each month at 7:00PM in Fairfax Wegmans at the corner of Route 29 and Monument Drive (Upper Level, near the stairs). Registration is suggested. The dates for the Silent Social Chat are November 3 and 17. FYI, some people arrive early (6:00PM) and grab some of Wegmans prepared food for dinner.



The date for HH Lunchtime Social Chat is November 13 at 10:30AM.

Please come join the very informal chat; the group often includes students and interpreters looking to learn and practice ASL. You can also get your groceries while you are there!

For more info, contact Jonathan Kiell at jona3ki@msn.com or see: [https:// www.meetup.com/aslbridge/](https://www.meetup.com/aslbridge/).

Crafts and Board Games

Happy Hands will host Crafts and Board Games on January 29, 2025 at NVRC at 10:00AM-2:00PM.

Point of Contact for Crafts:
 Lynn Keefe at
lskusgs@aol.com.



Point of Contact for Board Games: Eddie Drawdy at ce@drawdy.us and Jill Moebus at jmoebus7@gmail.com.

