



SENIORS' CHAT



Don's Column



Hello, Happy Hands Members and Friends,

At the December 4 Monthly Meeting, Laura Garrett will give a presentation about Beekeeping. See page 2.

See pages 3-5 for a recap of the November 6 Monthly Meeting. Twenty-five people attended in person.

Jonathan Kiell gave a presentation on "A Variation to Tic-Tac-Toe." During lunch, we had cake to show appreciation to Eileen McCartin for her five years as NVRC executive director (last day was September 28, 2024). After lunch, I gave a presentation about my trip in September.

As usual, Stay Happy Safely with Our Awesome Hands!

~ Don



HAPPY BIRTHDAY ...to the folks with birthdays in **December**

Deanna Dunham [3rd]
Bob Hickey [3rd]
Nancy Sanders [3rd]
Carol Duffy Clay [5th]
Janet Blakely [6th]
Mary Ann Beatty [8th]
Dot Brenner [9th]

Jill Kotchen [10th]
Cathy Thompson [12th]
Al Manfredonio [12th]
Bethany Adler [19th]
Kristine Fisk [21st]
Serry Fahmy [25th]
Eddie Drawdy [26th]

Happy Hands In-Person Meeting

December 4 at 10:00 AM



We will have our in-person monthly meeting on December 4 at 10:00 AM - 2:00 PM. After lunch, we will have a presentation on Beekeeping by Laura Garrett.

BRING YOUR OWN LUNCH BAGS AND BEVERAGES.



We will do Cookie Exchange:

- * Please let Pat Beech (pgbeech@aol.com) know what type of cookie you will make. Deadline is November 25.
- * All cookies should be homemade. Make at least 12 cookies.
- * Bring copies of recipe to share.
- * Please indicate if there are nuts in the cookies.
- * Bring a large container or box to carry away 12 cookies from the Cookie Exchange.
- * Only those who participate in the Cookie Exchange activity can participate. Those who do not bring cookies cannot participate.



Celebrating New Year 2025



Happy Hands will celebrate the new year, 2025, on January 15 @ 12:00PM at Clyde's Willow Creek Farm in Broadlands, just west of Dulles Airport in Loudoun County.

Address:

42920 Broadlands Blvd., Broadlands VA 20148

URL: <https://www.clydes.com/location/willow-creek-farm/>

Please let Pat Beech [pgbeech@aol.com] know by January 3, 2025, if you plan to come. We need a head count. More details will be provided, as time nears.





Recap of Monthly Meeting on November 6, 2024



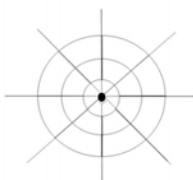
At the November 6 meeting, we had 25 attendees. Here is YouTube link for the meeting: <https://youtu.be/22KNaPdfmFU>. Highlights of the meeting were:

- November Birthday Song
- A Variation to Tic Tac Toe by Jonathan Kiell
- Cake for Eileen McCartin (retired from NVRC)
- 50/50 Raffle Drawing
- September Trip by Don Ames

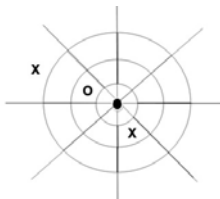
“A Variation to Tic Tac Toe” by Jonathan Kiell — <https://youtu.be/UbpKILOB9Lk>

“September Trip” by Don Ames — <https://youtu.be/O8hGLA3wbLs>

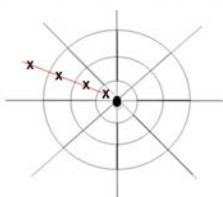
Spider Tic Tac Toe is a bit more complicated and a lot more fun (for anyone age 8 or older) – the rules are basically the same, but, . . .



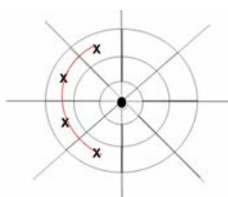
There are 32 spaces (8 in each ring) Players alternate X and O



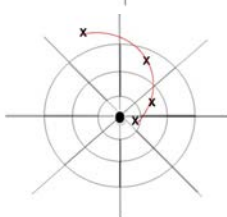
To win, instead of 3 in a row, you need to get 4 in a row, but . . .



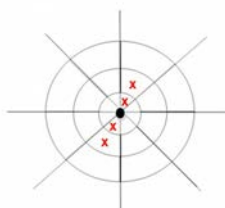
the rows may not be straight – can go around the circle, OR



Or you can go in a spiral – and this is where you really need to focus



One more rule:
You may NOT go across the center dot – example is NOT allowed



A Variation to Tic Tac Toe



Steve Williams, Treasurer
Eddie Drawdy, 50/50 Raffles

50/50
RAFFLE

50/50
RAFFLE

50/50
RAFFLE



50/50 Raffle
1st Prize
Lynn Keefe



50/50 Raffle
2nd Prize
Bob Hickey

50/50
RAFFLE

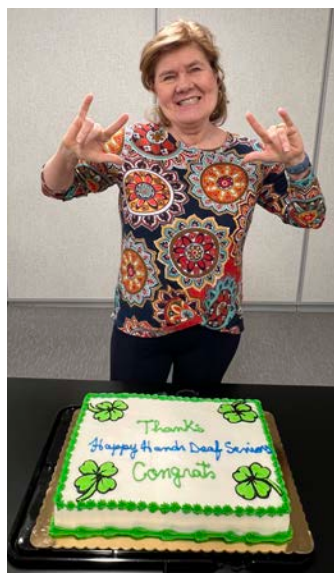
50/50
RAFFLE

50/50
RAFFLE


 RECAP

Recap of Monthly Meeting

(continued from page 3)

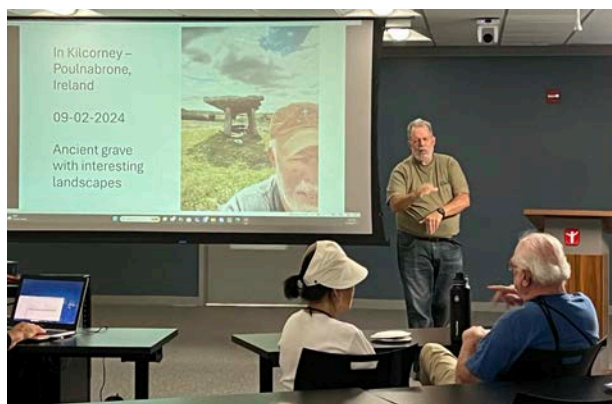

 RECAP


Happy Hands Deaf Seniors showed their appreciation to Eileen McCartin for her 5 years as Executive Director of NVRC. Her last day was September 28. A donation was made to NVRC in her honor, and a VISA Gift Card was mailed to her.


 THANK YOU!


 THANK YOU!


 THANK YOU!


 THANK YOU!


Don Ames gave a presentation on his trip in September.



Tim Beatty,
Tom Dowling,
and Cyril Potosky



Bill Morris,
Steve Williams
and Don Ames



Cathleen Potosky
and Mary Ann
Beatty



Jill Moebus and
Laurie Dowling



Don Ames and
Bob Hickey



Sam Yates and
Lanny Quarles


RECAP

Recap of Monthly Meeting

(continued from page 4)


RECAP


Jonathan Kiell and
Pat Beech



Steve Williams, Treasurer
Eddie Drawdy, 50/50 Raffles



Sam Yates and
Barry Harlan



Peggy & Paul
Daniels



Stan Smith and
Barry Harlan



Darren Marquardt and
Eileen McCartin



Lois Herberger
and Serry Fahmy



Lynn Keefe and
Deanna Dunham

thank you



**TO DELLA DUERKSEN AND AMERICAN
HERITAGE GIRLS FOR THE GIFT BAGS**

At the October 2 meeting,
Bob Hickey brought boxes
of Gift Bags from his
daughter, Della Duerksen,
and American Heritage
Girls. Thanks from Happy
Hands Deaf Seniors!!!





In Loving Memory



Gerald “Jerry” Pelarski died on October 18, 2024 at the age of 92. Jerry was born in Minneapolis, MN on June 2, 1932. He graduated from Minnesota School for the Deaf, and received B.A. degree in Biology from Gallaudet University.

Jerry met JoAnn Loggans at the D.C. Frat Ball in 1958, and they celebrated their 62nd wedding anniversary on May 26. He retired from America Communications Corporation in Culpeper. He was a Lithographer.

He is survived by wife JoAnn Pelarski and sons, Brendan and Patrick.



News of Interest



Lanny Quarles and Stan Smith
Cox Farms on 10-11-2024



Lanny Quarles and Sam Yates
visited with Peter & Claudia Brawley
in Culpeper, VA on 10-26-2024



More News of Interest



VAD T-Shirt Booth at Gallaudet Homecoming
on October 19, 2024

Tom Dowling, Laurie Dowling, Jill Moebus,
Joan Corley, and Tim Lavelle



Lynn Keefe was with Class of 1974
for its 50th class reunion
at Gallaudet Homecoming
in October 2024



Lois Herberger was at The
Villages in September to help
boyfriend Ed McGann celebrate
his 90th birthday.



Jeanne Lavelle and four Class of 1975 classmates
were involved with Class of 1974's 50th Class
Reunion at Gallaudet Homecoming
during October 15-20, 2024

Pictured with Jeanne: Charlie Reisinger, Bobby
Moore, and Jack Cassell
Not pictured: Richard Pelletier



More News of Interest



Dale McCord won Fan of the Year for Washington Commanders. He is the first deaf nominee and does a lot of work with the deaf community. Please vote daily for Dale to be Fan of the Year out of the 32 teams.

Vote:

* <https://www.nfl.com/honors/fan-of-the-year/2024/vote>

Sources:

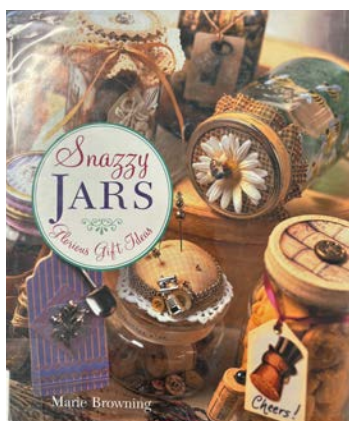
* <https://www.nfl.com/honors/fan-of-the-year/2024/commanders>

* <https://www.dailymoth.com/blog/deaf-man-selected-as-washington-commanders-fan-of-the-year>





Crafts and Board Games on 10-23-24



Jill Moebus, Cathleen Potosky, Stan Smith,
Lynn Keefe, and Eddie Drawdy





Crafts and Board Games on 10-23-24



Jill Moebus, Cathleen Potosky, Stan Smith,
Eddie Drawdy, and Lynn Keefe



Lois Herberger



The next Crafts and Board Games event will be on February 26, 2025 at NVRC at 10:00AM-2:00PM.
Please join us!

Point of Contact for Crafts: Lynn Keefe at lskusgs@aol.com.

Point of Contact for Board Games: Eddie Drawdy at ce@drawdy.us and
Jill Moebus at jmoebus7@gmail.com.

Credits for Photos on pages 6-7: Eddie Drawdy, Cheryl Gault, Darren Marquardt, and Cathleen Potosky.



Celebrating Eileen on 11-15-24



Slide Show Celebrating Eileen
[<https://youtu.be/88dC22PYqo4>]

Charles Fulghum &
Eileen McCartin
with son Patrick



Lunch Buffet Table



Gift Table





Celebrating Eileen

(continued from page 11)



Eileen McCartin

with NVRC Staff (current and former)

Andaleeb Elayan, Debbie Jones, Barbara Silber, Eileen,
Darren Marquardt, Bonnie O'Leary, and Joan Ehrlich



Eileen McCartin

with NVRC Board

Front: Jeremy Smith

Back: Jill Moebus, Erik Nordlof,
Darren Marquardt, Pam Gannon, Eileen,
Charles Sterling, Jonathan Kiell,
Brad Staton, and Tom Dowling



Eileen McCartin
with Lunch Group

Front: Sara Franco
and Eileen

Back:

Mardie Younglof,
Barbara Silber,
and Judy Fletcher



Eileen with
Laura Daub



Eileen with
Cathleen Potosky



Laurie
Dowling and
Phoebe Hamill



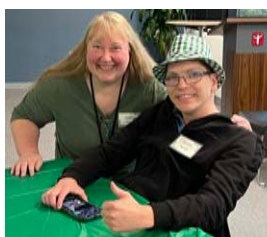
Eileen with
Andaleeb Elayan
and Aseel Elayan



Pam Gannon, Jonathan Kiell, Sara Franco,
Bonnie O'Leary, Mardie Younglof, and
Darren Marquardt



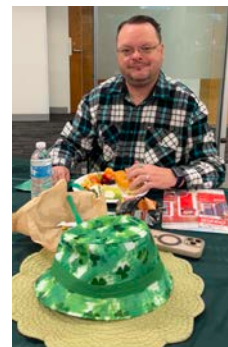
Jonathan Kiell
and Pat Beech



Debbie Jones and
Jeremy Smith



Pam Gannon with
Robb Deigh &
Joan Ehrlich



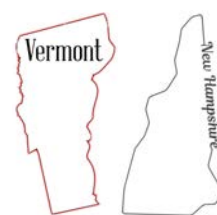
Matthew
Fox





Pat Beech's Trip

10-17-24 to 10-27-24



Danbury, CT

Visit with Mary Silvestri (Graduate Classmate at Gallaudet), her daughter Julia with son Jameson
Pumpkin Artist: Jameson



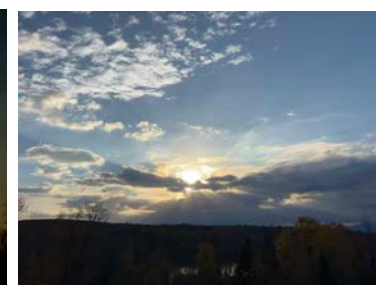
Durham, NH

Visit with Mary McCarthy (former co-worker when we worked for the Navy) with husband Eric

On Drive from NH to VT



Kancamagus Scenic Byway



Concord, VT

Visit with Nate Drown
Maple Grove Farms Gift Shop
in St. Johnsbury, VT
Moonlight (left) and Sunrise (right)



Northern Virginia Resource Center
for Deaf & Hard of Hearing Persons
Improving Communication, Changing Lives

SAVE THE DATE!

NVRC's Annual Meeting and Breakfast
10 AM

12

Day

07

Month

24

Year

NVRC.org

<https://www.nvrc.org/happening/save-the-date-nvrcs-annual-meeting-and-breakfast/>

VESTIBULAR &
BALANCE LAB



PHYSICAL
EDUCATION &
RECREATION

OLDER, DEAF VOLUNTEERS NEEDED REDUCE FALLING & IMPROVE QUALITY OF LIFE WITH EXERCISE!

EXERCISE BEGINS | FEBRUARY 17
LAST CLASS | APRIL 11

MEET CAMPUS TWICE A WEEK
FOR 8-WEEKS

MONDAY | FRIDAYS | 12-2 PM

YOU MAY PARTICIPATE
IF YOU ARE..

AGE 60 YEARS & OLDER? DEAF & FLUENT
ASL USER?

PRE-ASSESSMENT ~ BEFORE FEBRUARY 14
POST ASSESSMENT ~ AFTER APRIL 14

EMAIL FOR MORE INFORMATION:

BALANCE.RESEARCH@GALLAUDET.EDU

FOR MORE DETAILS:
SCAN QR CODE



FUNDED BY
NIH NIA



THE
GALLAUDET
IRB HAS
APPROVED
THIS STUDY

<https://balancelab.wixsite.com/balancelab>



Deaf Seniors Stay
Connected



Mondays
4-5PM

<https://www.nvrc.org/happening/deaf-seniors-stay-connected-asl-chats-fall-2024/>

**Northern Virginia Association of the Deaf
Holiday Party**

Saturday, December 7, 2024
1:00PM to 5:00PM
3:00PM Russell's Magic Show

Banditos Tacos & Tequila
10621 Braddock Road
Fairfax, VA 22032

Catering Style: \$30.00
Cheeseburger Taco, Pork Carnitas Taco, Chicken Tinga Taco,
Cheese Quesadilla, Black Beans, Mexi-Rice, and Street Corn Salad

RVSP deadline with payment: Thursday, December 5th

Buy your own beverages and desserts

Payments Options
Paypal: <https://paypal.me/nvad1945>
Venmo: <https://venmo.com/NVAD1945>
Zelle: nvadtreasurer1945@gmail.com

Check: If you wish to write a check, please contact
Robert Goodwin at nvadtreasurer1945@gmail.com.

If you have any questions, please contact Jeanne Lavelle, Chair
at Text: 571-331-7937 or VP: 571-350-8029.

2024 DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Social Night at Wegmans (p. 16)	2 DSSCP (Zoom) 4PM-5PM (p.14)	3 GIVING TUESDAY 	4 HH Monthly Meeting (p. 2)	5	6	7 NVRC Annual Meeting (p. 14) NVAD Holiday Party (p. 14)
8	9 DSSCP (Zoom) 4PM-5PM (p.14)	10	11 HH Social at Wegmans (p. 16)	12	13	14
15 Social Night at Wegmans (p. 16)	16 DSSCP (Zoom) 4PM-5PM (p.14)	17	18 Fine Tuners Meeting 10AM-12PM	19	20 	21 
22	23	24 	25 Merry Christmas Happy Hanukkah 	26 HAPPY KWAKWAZAN 	27 NATIONAL FRUITCAKE DAY 	28
29	30	31 				

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Thanks to:

- Everyone who helped with set-up and clean-up at the November 6 Meeting
- Jonathan Kiell for presenting "A Variation to Tic Tac Toe" on November 6
- Don Ames for showing pictures from his trip in September on November 6
- Bob Hickey for bringing Brownies on November 6
- Jill Moebus for picking up the cake for November 6
- Eddie Drawdy, Lynn Keefe, and Jill Moebus for hosting the HH Crafts and Board Games on October 23
- Pat Beech for doing the monthly HH Newsletter issue
- Melanie Williams, Jonathan Kiell, and Sharon Svenningsen for proofreading the monthly HH Newsletter issue
- Debbie Jones and Pat Beech for preparing the monthly HH Newsletter hardcopies for mail





E-mail: info@nvrc.org
 URL: www.nvrc.org
 VP 571-350-8656
 10467 White Granite Drive
 Suite 312
 Oakton, VA 22124

URL: <https://nvrc.org/about/directions/>



Don Ames, Chair
[\[dames@cox.net\]](mailto:dames@cox.net)

URL: <https://www.nvrc.org/happy-hands/>



Fine Tuners for 2024-2025

Front Row: Don Ames (Chair),
 Eddie Drawdy (Vice Chair),
 Melanie Williams (Secretary),
 and Steve Williams (Treasurer)

Back Row (All are Members-At-Large): Jill Moebus,
 Lois Herberger, Bob Hickey, and Cathleen Potosky

Silent Social at Wegmans

This occurs on the first and third Sundays of each month at 7:00PM in Fairfax Wegmans at the corner of Route 29 and Monument Drive (Upper Level, near the stairs). Registration is suggested. The dates for the Silent Social Chat are December 1 and 15. FYI, some people arrive early (6:00PM) and grab some of Wegmans prepared food for dinner.



Please come join the very informal chat; the group often includes students and interpreters looking to learn and practice ASL. You can also get your groceries while you are there!

Also, note that the date for HH Lunchtime Social Chat at Wegmans is December 11 at 10:30AM.

For more info, contact Jonathan Kiell at jona3ki@msn.com or for the Sunday Chats see: [https:// www.meetup.com/aslbridge/](https://www.meetup.com/aslbridge/).

Frosty the Snowman Word Search

Find and circle all of the words shown in the word list below

ALIVE	GOAL	HAPPY	MELT
BROOMSTICK	DANCE	HAT	RUN
BUTTON	FROSTY	JOLLY	SNOWMAN
CHILDREN	FUN	MAGIC	

H U Y W I R G O N G B R X H T
 A G H X A H A P P Y P Z U X T
 T O G E L W I S T B T F L L I
 W R J C I M T Z K U J O L L Y
 L B X O V E L S A T P T T Z G
 G A B A E L C N N T I F U N N
 G V T L F T H O R O P X X L U
 Z C D J J N I W E N S K L N G
 B Y Z M F K L M B B A K W L P
 F R O S T Y D A U R L U A X F
 K S N M O N R N L Z K C K D D
 Y R U N P X E C E C K U K M A
 C O D O H S N R J U N L T Z N
 M I C B R O O M S T I C K H C
 S G O D Q G I U B M A G I C E

