



## SENIORS' CHAT



## Don's Column



Hello, Happy Hands Members and Friends,

See pages 3-4 for a recap of the March 20 meeting. Thirty-six people showed up in person, and three people joined the meeting via Zoom.

Mark your calendar for our monthly meeting on April 3. Hope to see you on that day for the presentation by Elizabeth Dunwoody and Emily May (page 2). They will share information about Ashby Ponds, an Erickson Senior Living community in Ashburn.

Paul and Peggy Daniels will give a presentation on "Christmas Market Land & River Cruise" via Zoom on April 24 (page 6).

As usual, Stay Happy Safely with Our Awesome Hands!

~ Don

**Picnic**

**June 5, 2024**  
10:00AM-4:00PM (Rain or Shine)

**Lake Fairfax Park**  
<http://www.fairfaxcounty.gov/parks/lake-fairfax>

More information  
will be in the May issue.



## HAPPY BIRTHDAY ...to the folks with birthdays in **April**

Richard Cohen [11th]  
Kathy Jones [11th]  
Laurie Dowling [15th]  
Iryna Raviluk [16th]  
Paul Daniels [20th]  
Jonathan Kiell [24th]

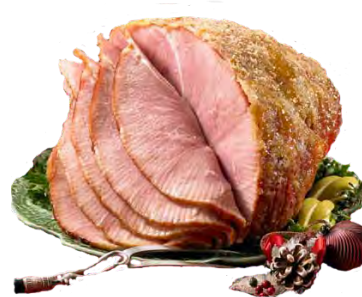
# Happy Hands In-Person Meeting

## April 3 at 10:00 AM

We will have our 22nd post-COVID in-person monthly meeting on April 3 at 10:00 AM - 2:00 PM. See below for the menu. If you want to bring something, please let Cathleen Potosky [[cfpotosky@gmail.com](mailto:cfpotosky@gmail.com)] know.

**If you do not bring food, please pay \$8.00.** If you are not on the list, but plan to bring something, please contact Cathleen.

Honey Baked Ham: Happy Hands  
 Chicken Rotisserie: Serry Fahmy  
 Scalloped Potatoes: Denise Drake  
 Mashed Potatoes: Melanie Williams  
 Whipped Sweet Potatoes: Lois Herberger  
 Green Beans (hot): Cathleen Potosky  
 Green Beans (cold): Prudence Shaw  
 Glazed Carrots: Peggy Daniels  
 Corn Souffle: Eileen Goran  
 Deviled Eggs (2): Lanny Quarles and Sam Yates  
 Fruit Salad: Cheryl Rockburn  
 Jello: Tom Dowling  
 Vegetable Platter & Dip: Paul Daniels  
 Rolls (24 ct.): Tim Beatty  
 Angel Food Cake with Strawberries & Whipped Cream: Jill Kotchen  
 Lamb Cake: Jill Moebus  
 Paper Products and Cups: Pat Beech



Note to those bringing desserts, here are two options:

1. Precut dessert before bringing the slices to NVRC. Bring your own slice servers.
2. Bring your own knives and dessert slice servers. When you arrive at NVRC, please cut the dessert right away before sitting and chatting.

After lunch, Elizabeth Dunwoody [Director of Sales] and Emily May [Manager of Resident Services] will share information about community amenities and services offered at Ashby Ponds, an Erickson Senior Living community in Ashburn, VA. Two interpreters will be provided.

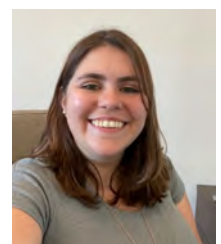
Here are two links:

- \* Ashby Ponds <https://www.ericksonseniorliving.com/ashby-ponds>
- \* FAQ <https://www.ericksonseniorliving.com/ashby-ponds/faq>

Here is Zoom info:

<https://us02web.zoom.us/j/82085580900>

Meeting ID: 820 8558 0900







# Recap of Hybrid Meeting on March 20, 2024



We had our 21st Hybrid Meeting on March 20, 2024. We had 36 people in person and 3 people on Zoom. Here is the link for viewing the meeting: <https://youtu.be/RfAK5z2U0Hk>. Also, here is link for the Aging section: <https://youtu.be/HZIBuuPXoV0>.



Arthur Taurig,  
Lois Herberger,  
and Tom Dowling



Melanie & Steve Williams,  
and Jill Moebus



Cathleen  
Potosky and  
Denise Drake



Don Ames, Cheryl & Rocky  
Rockburn, and Lynn Keefe



Eddie Drawdy  
and Pat Beech



Cheryl Gault,  
Lois Herberger,  
and Lanny Quarles



Sam Yates, Eileen McCartin,  
and Serry Fahmy



Tom Drake  
and Stan Smith



Bob Hickey and  
Arthur Taurig



Tim & Mary  
Ann Beatty



Melanie Williams  
and Richard  
Cohen



Eddie Drawdy,  
Maria Dollhopf, and  
Melanie Williams



# Recap of Hybrid Meeting on March 20, 2024

(continued from page 3)



Paul & Peggy  
Daniels



Jill Moebus and  
Prudence Shaw



Cheryl Rockburn  
and Jill Kotchen



Lanny Quarles,  
Deanna Dunham, and  
Lois Herberger



Jill Moebus and  
Lydia Olugbodi



Pat Beech and  
Sye Cowdery



Bill Morris  
and Deanna  
Dunham



Tom Dowling  
and Pam Gannon



Kathy Jones  
and Stan Smith



Jane Euler and  
Barrie Magee



Pat Beech and  
Julie Mertz



**50/50 Raffle Winners**  
Cheryl Rockburn



Jill Moebus



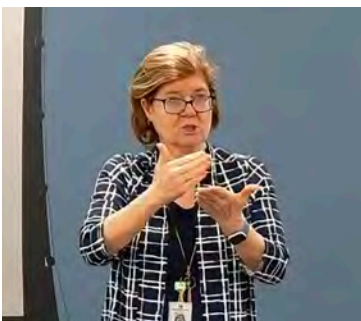
## Zoom Participants



Jean Buffardi

Eve Christian

Phuong Duong



Eileen McCartin, NVRC Executive Director talked to us about showing support for NVRC. She explained that the Fairfax County Board will host Public Budget Hearings during April 16-18 at the Government Center.

She explained that there were several ways for us to offer feedback on the Budget:

- \* Comment online [<https://engage.fairfaxcounty.gov/FY25Budget>]
- \* Leave a voicemail at 703-890-5898, Project Code 1379
- \* Text "FY25BUDGET" to 73224
- \* Email [F25Budget@publicinput.com](mailto:F25Budget@publicinput.com)



# News of Interest



Leslie Zinza died on March 6, 2024. She is survived by partner Karen Olson and three children: Jeffrey, Jason, and Lisa. She received BA degree in Biology with minor in Mathematics at Gallaudet in 1971. She was involved in various organizations, the last one being Maryland Deaf Senior Citizens.



Herb W. Larson died on March 19, 2024. He was host for 10 years of the Emmy Award-winning cable TV show for the deaf, "Off Hand" [<https://www.accessnetwork.tv/off-hand>]. He received his master's degree in 1965 from the National Leadership Training Program. Later he became the Director of the National Center on Deafness at California State University, Northridge in 1979 and worked there until retirement in 1998.

Source: <https://gladinc.org/passing-of-herb-larson-2024/>  
The Daily Moth: <https://youtu.be/nNSI-fg0s2E>



Herb Rosen died on March 19, 2024. He was born in Toronto, Canada, on December 23, 1936. At age 15, he enrolled at the American School for the Deaf. He received a degree in chemistry from Gallaudet University in 1959. After a couple of years as an ITU printer, he went back to school to acquire credentials in computer programming. Herb married Roz Goldstein in 1961. They had three children: Jeff Rosen, Steve Rosen, and Suzy Rosen Singleton.

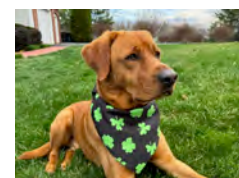
Donations may be made in his memory to the National Association of the Deaf, Jewish Deaf Congress, or Deaf West Theatre.



Patience Chrisler Battisti passed away on March 25, 2024. She married Anthony Battisti in 1985. They had three children: Ryan, Laura, and Lucas. They moved from the Northern Virginia area to Central VA, after they both retired. She loved to share pictures of her family and especially her dog, Finn.



There will be a celebration of life for Patience on April 6 at 1:00PM-4:00PM. It will be at The Fairfax Circle Church, 3110 Chichester Lane, Fairfax VA 22031.







## More News of Interest



Linda Whitworth celebrated her 81st birthday with family on March 22, 2024.

Picture on left: Linda with Birthday Cake  
Picture on right: Linda with husband Robert, and granddaughter Quinn.



Gallaudet University's Theatre and Dance program invites you to experience its first fully-produced Deaf and ASL performances of "Rent." The performance dates are: April 5-6 and April 11-13.

Source: <https://gallaudet.ticketleap.com/rent-the-musical/details>

Dates: <https://gallaudet.ticketleap.com/rent-the-musical/dates>



## Happy Hands Zoom Chat April 24, 2024 at 10:00 AM



On April 24, 2024 at 10:00AM-12:00PM, Paul and Peggy Daniels will give a presentation on "Christmas Market Land & River Cruise," a tour they took via Kerstin's Deaf Travel during December 2-13 2022. The tour included visits to Switzerland, Germany, France, and The Netherlands.

Zoom Info:

<https://us02web.zoom.us/j/84365872037>

Meeting ID: 843 6587 2037





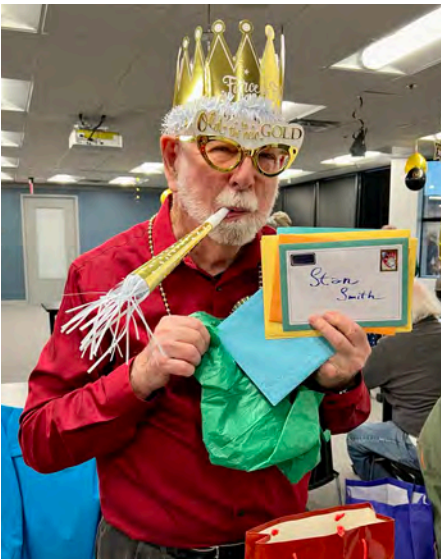


# 90th Birthday for Stan Smith



Stan Smith's family celebrated his 90th birthday on February 25, 2024 at K1 Speed [Indoor Go Kart Racing] in Sterling. At the same time, the family celebrated birthdays for Stan's son Timothy and Stan's girlfriend Solange Skyer.

On February 28, Stan's son Timothy and daughter Penny plus friends hosted a party for him at NVRC.



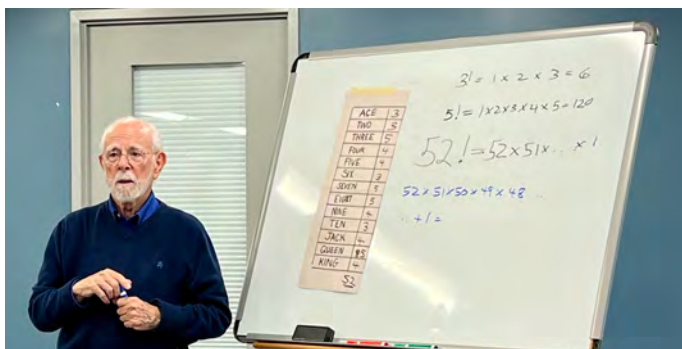
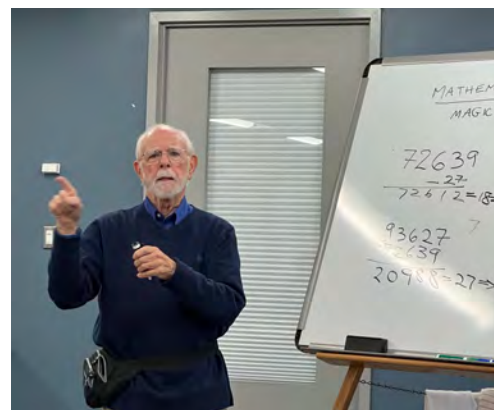


# NVAD Mathemagic Event

## 03-23-2024



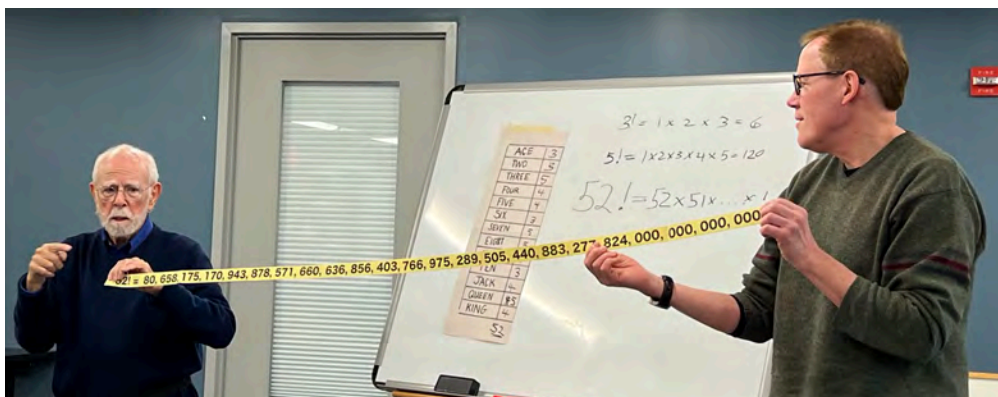
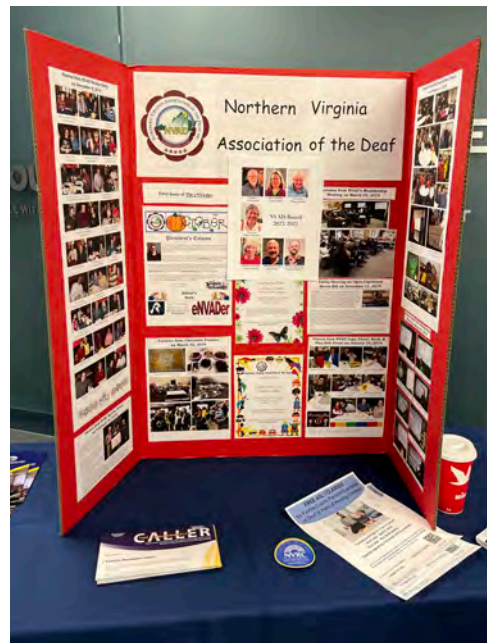
On March 23, 2024, NVAD hosted “Mathemagic with Magic Numbers.” Presenter Simon Carmen gave a fantastic show for all ages of students and adults. He showed how numbers had a way of being magical with hidden meanings and surprising solutions in the world of mathematics.





# NVAD Mathemagic Event on March 23, 2024

(continued from page 8)





# Tour of 9-1-1 and OEM Center

## 03-27-2024



On March 27, 2024, 18 people met at PSTOC (Public Safety and Transportation Operations Center) for a tour of the the Fairfax County 9-1-1 Center and the Emergency Operations Center.



It is strongly recommended that you sign up to get Fairfax Alerts for emergency, weather, and transportation notifications, as well as tax deadlines and event reminders. URL: <https://www.fairfaxcounty.gov/alerts>.



You can create your free emergency health profile to provide real time critical health and medical information to first responders during an emergency or crisis event.

URL: <https://www.fairfaxcounty.gov/911/emergency-health-profile>.



Sulayman Brown, Deputy Coordinator, explains how training works for various departments



Dru Clarke (Assistant Director, 9-1-1 Dispatch Operations) explains the 9-1-1 Dispatch setup



For more information, see: <https://www.fairfaxcounty.gov/911/>



Thanks:

- Tour organizers: Moriah Kitaeff and Jonathan Kiell
- Interpreters: Candace Whitlow and Billy Sanders



- \* Moriah Kitaeff (Community Engagement Specialist)
- \* Avery Church (Continuity Program Manager)
- \* Jonathan Kiell (organized this tour)
- \* Dru Clarke (Assistant Director, 9-1-1 Dispatch Operations)



# Cruising Around The World with Barry and Vicki

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**What:** A 196 Days Voyage around the world

**Date of this report:** Tuesday, March 19, 2024

**Current Location:** At South China Sea on a 600 ft Ship, Oceania Insignia, cruising around 17 to 18 knots

**Heading To:** Keelung, Taiwan for an excursion to Taipei



Just learned that there are 370 of us folks going around the entire world. The rest, about 150-170, are taking the 18 days segment, "Australia's Embrace" or the 17 days segment, "Far East Memories."



Sydney's Harbour Bridge  
in the background  
at Circular Quay



Sydney's Opera House  
and its modern  
skyscrapers



St. Mary's Cathedral  
High Gothic Architectural Style  
is impressive



The Chinese Garden  
of Friendship  
at Sydney



# Cruising Around The World with Barry and Vicki

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(continued from page 11)

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Queen Victoria Building with its Romanesque revival architectural style, is actually a shopping mall. A historic landmark tourists should not miss.



Inside of Queen Victoria Building



Two noteworthy notes about this town, Newcastle, Australia: it was a town for convicts put to labor for their crimes in the early years, and it is the largest coal exporting harbour in the world. Now the thriving town has a beautiful beach and a University as shown in the center of the photo



Sydney's Night Life



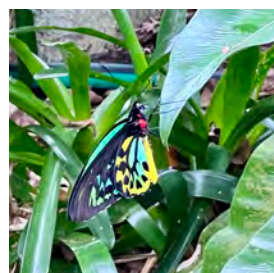
A wind-blown tree stands strong at Newcastle, Australia



The plumeria obtusa (Singapore Graveyard Flower) is a species of the genus Plumeria



Beach Spider Lilies



One of the 1200 tropical butterflies at the Australian Butterfly Sanctuary. It is a Cairns Birdwig Butterfly.



Moon set or Moon rise from the 10th deck on the cruise ship



# Cruising Around The World with Barry and Vicki

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(continued from page 12)

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This chubby koala  
sleeps an average of  
18 hours a day



A monitor lizard  
is my best guess



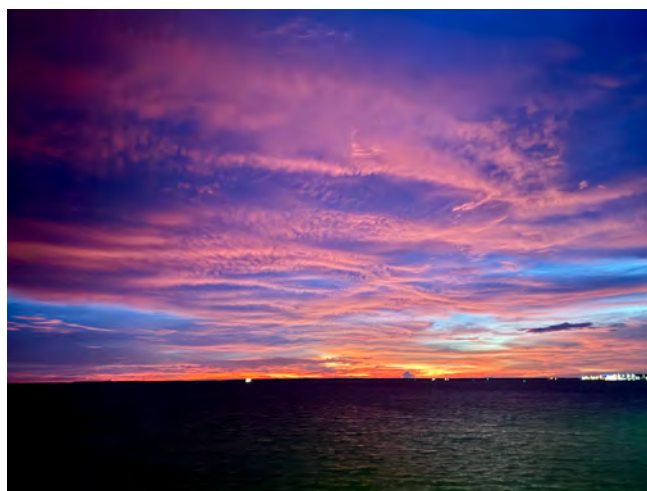
Man-made lagoon at Airlie Beach, Australia



Australian Pelicans  
at the Territory Wildlife  
Park, an hour's drive  
south of Darwin



Black-winged stilts



Sunset from the 10th deck on the cruise ship



Gouldian Finch



Plumed Whistling Duck



Bush Stone Curley



An agile wallaby



# Cruising Around The World with Barry and Vicki

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(continued from page 13)

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A B-52 Bomber at the Darwin Aviation Museum - Between February 1942 and November 1943, during the Pacific War of World War II, the Australian mainland, domestic airspace, offshore islands, and coastal shipping were attacked at least 111 times by aircraft from the Imperial Japanese Navy Air Force and Imperial Japanese Army Air Force.



A Komodo sculptured statue at the Komodo Park



Posing with a Komodo dragon on Komodo Island, Indonesia



On another smaller Indonesian island, is one of the world's best pink beaches. It is truly a Natural Wonder of Nature, this exceptional beach gets its striking pink color from microscopic animals called Foraminifera, which produces a red pigment on the coral reef. When the tiny fragments of red coral combine with the white sands, this produces the soft pink color that is visible along the shoreline.



Getting sprayed at the Banjar Hot Springs in North Bali



Balinese Dancers and musicians at the pier, Benoa, Bali



The Brahmavihārā Arama is a Buddhist temple, located in the Banjar District of Buleleng in the mountains in North Bali. Bali is a predominantly Hindu island.



# Cruising Around The World with Barry and Vicki

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(continued from page 14)

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Scenes from Ubud, Bali: Each home or household has a small Hindu shrine (under the umbrella) where they bring offerings to their Hindu gods.



A Balinese woman bringing offerings to the Hindu shrine, which could be a small household shrine or one in a temple shared by the community members.



A group of Hindu devotees assembled on the road to meditate in prep for the Hindu New Year, which fell on March 11.



Balinese women and children with their obligatory offerings to the Hindu gods.



At the Mason Elephant Park, we got the blessing/a hug from one of their rescued elephants.



A new friend from the Mason Elephant Park, Bali



Rice terraces at the Alas Harum, Tegalalang, Bali



Rice terraces at the Alas Harum, Tegalalang, Bali



This Buddhist temple has significant Hindu influence in its statues and architecture.



# Cruising Around The World with Barry and Vicki

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(continued from page 15)

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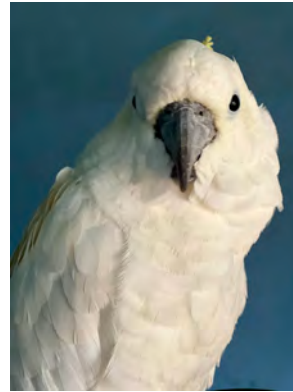


Monkey Forest Sanctuary,  
Ubud, Bali has approximately 1200  
monkeys protected in this region



A snake around  
Barry's head!

[Tambak Sari Turtle Park and  
Mini Zoo, Denpasar, Bali]



Beautiful cockatoo

[Tambak Sari Turtle Park and Mini  
Zoo, Denpasar, Bali]



Vicki holding  
a flying fox - they eat  
fruits, not insects.

[Tambak Sari Turtle Park and Mini Zoo,  
Denpasar, Bali]



Sea Walking at a man-made  
reef, some 15 - 18 feet below  
from a floating station,  
reachable by boat at Nusa Bua  
Beach, Bali. Gorgeous colorful  
fish were seen. (Video was  
posted in Facebook)



This current 5 star hotel was the  
headquarters of the Imperial Japanese Forces  
in 1942 till the end of WW II.



A tamed iguana

[Tambak Sari Turtle Park and Mini Zoo,  
Denpasar, Bali]



# Cruising Around The World with Barry and Vicki

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(continued from page 16)

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Photo scenes from a Kampung Lawas Maspati village in the heart of the city of Surabaya, Indonesia



Front Entrance to the Heroes Monument, Surabaya, Indonesia



A floating village at Kampong Sungai Kebun in Brunei



The royal chariot at the Royal Regalia Museum that was used for the silver jubilee celebration of Sultan Hassanal Bolkiah's rule of Brunei.



Mount Kinabalu, 13,435 ft high, is seen from the Pekan Nabalu Viewpoint. We took a 40 min trek on the Silau- Silau trail at the world heritage site, Kinabalu Park, in Malaysia. This shore excursion was a 90 minute drive from the cruise port of Kota Kinabalu.



Tangled wire mess at the walled medieval district of Intramuros in Manila, Philippines



The Manila Cathedral was re-built eight times! War, earthquakes, and fire all took its share of destruction.



# Cruising Around The World with Barry and Vicki

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(continued from page 17)

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A variety of transportation at Manila:  
horse carriage, tourist bus, scooter, bike, and local decorated jeepney.



The Manila American Cemetery in the Philippines contains the 16,859 graves of our military men and women who have served and died during WWII, mostly in New Guinea and the Philippines.







# Total Solar Eclipse

## April 8, 2024



On April 8, 2024, a total solar eclipse will go through a big part of the United States. Everything will halt for at least a few minutes. What is a total solar eclipse? It occurs when “the moon is between Earth and the sun. It casts a shadow over Earth.

There are different types of eclipses. For more information, see: <https://www.exploratorium.edu/eclipse/three-kinds-solar-eclipses>.

- \* Total solar eclipse — sun is fully obscured by the moon
- \* Partial eclipse — the moon does not fully block out all the sun’s light
- \* Annular solar eclipse — the moon is centered in front of the sun but does not cover the entire surface (this is when a “ring of fire” is visible)

For April 8, the total solar eclipse path will go through Mexico, across the United States from Texas to Maine, and out across Canada’s Atlantic coast. For more information, see: <https://apnews.com/article/total-solar-eclipse-april-2024-83164668ee08b0a0c92e1d2ac41e91aa>.

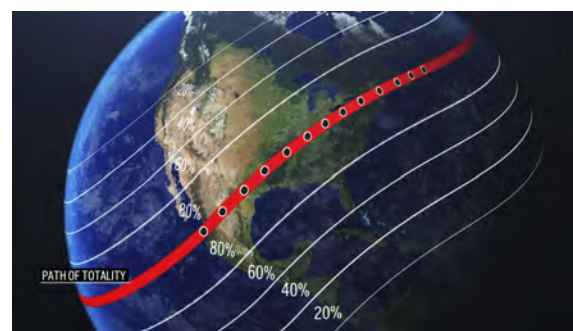
According to two websites, the total solar eclipse will travel faster than the speed of sound. Exactly how fast it will move depends on where you are.

- \* <https://www.space.com/how-fast-will-total-solar-eclipse-2024-travel>
- \* <https://svs.gsfc.nasa.gov/5186/>

NASA will show this via live streaming on April 8:  
[https://www.youtube.com/live/2MJY\\_ptQW1o](https://www.youtube.com/live/2MJY_ptQW1o)

Sources:

- \* [https://en.wikipedia.org/wiki/Solar\\_eclipse\\_of\\_April\\_8,\\_2024](https://en.wikipedia.org/wiki/Solar_eclipse_of_April_8,_2024)
- \* <https://www.timeanddate.com/live/eclipse-solar-2024-april-8>
- \* <https://www.foodandwine.com/total-solar-eclipse-2024-8619219>
- \* <https://www.usatoday.com/story/news/nation/2024/03/23/april-2024-total-eclipse-guide/73065430007/>







# Cicadas 2024



This year certain states will experience a rare natural event that has not happened in over 200 years — the emergence of two separate broods of cicadas. This double emergence won't happen again until 2245.

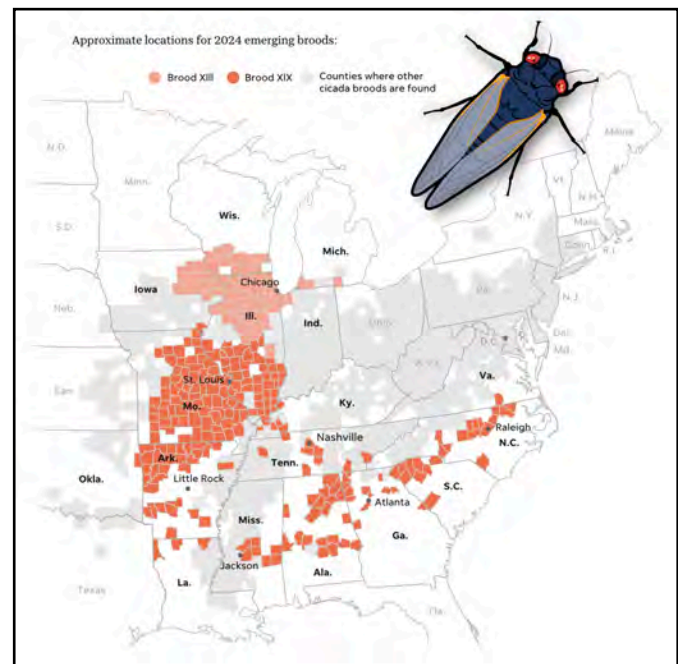
Cicadas are not locusts. They are not grasshoppers. There are more than 190 known varieties of cicadas in North America. Cicadas do not harm people or pets. Scientists say that you should not kill cicadas. Cicadas are known for their loud voices.



What happens when the cicadas emerge? Once the males mate above the ground, they die. After the females lay their eggs — usually in small slits they carve in tree branches — they die. A female can lay 400 to 600 eggs in a lifetime. The eggs hatch in late July to early August. Then the cicadas fall to the ground and burrow underground.

After 13 years, Brood XIX will emerge in 14 states across the Southeast and Midwest. This emergence will begin mid-May and last through late June. The last brood emerged in 2011, and has a 13-year life cycle.

The 17-year Brood XIII will appear in five Midwestern states around the same time. This brood will emerge in mid-May and end in late June. This brood has a 17-year life cycle. The last brood emerged in 2007.



Sources:

- \* <https://www.scientificamerican.com/article/a-double-brood-of-periodical-cicadas-will-emerge-in-2024/>
- \* <https://www.foxweather.com/earth-space/2024-double-cicada-emergence>
- \* <https://www.usatoday.com/story/news/nation/2024/03/20/cicada-brood-emerging-2024-when-where-map/73038957007/>
- \* <https://cicadas.uconn.edu/>
- \* <https://www.reuters.com/world/us/when-double-brood-cicadas-will-come-out-what-expect-2024-02-19/>
- \* <https://cicadasafari.org/>





# Kennedy Center Sign-Interpreted Performances



## Dixie's Tupperware Party

Dixie Longate brings Tupperware party into the 21st century. This show is filled with funny tales, heartfelt accounts, audience participation, and homespun wisdom.

- \* May 28, 2024 at 7:30PM
- \* May 31, 2024 at 7:30PM



## Funny Girl

This is the story of Fanny Brice, a girl from the Lower East Side. She became one of the most beloved performers in history.

- \* July 9, 2024 at 7:30PM
- \* July 12, 2024 at 7:30PM



## Back to the Future: The Musical

"Back to the Future" is now a Broadway musical with its destination set for Washington, D.C. in 2024.

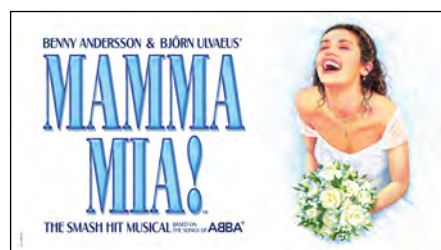
- \* August 6, 2024 at 7:30PM
- \* August 9, 2024 at 7:30PM



## Mamma Mia!

A mother. A daughter. Three possible dads. And a trip down the aisle you'll never forget!

- \* August 27, 2024 at 7:30PM
- \* August 30, 2024 at 7:30PM



Here is link for upcoming accessible performances:

<https://www.kennedy-center.org/visit/accessibility/upcoming-accessible-performances/>.

For more information about accessibility:

- \* <https://www.kennedy-center.org/visit/accessibility/>
- \* <https://www.kennedy-center.org/visit/accessibility/hearing/>
- \* [access@kennedy-center.org](mailto:access@kennedy-center.org) (E-mail Address)





**DULLES, VA  
SATURDAY  
APRIL 27, 2024**

**Dulles Expo Center  
North Hall**

4320 Chantilly Shopping Center  
**Chantilly, VA 20151**

Open to public from 9 AM - 5 PM

**SPONSORS**

**T-MOBILE ACCESSIBILITY** **2P** Better Together  
**amazon** **Sorenson**  
**CONVO** **sCOMM** Freedom Through Communication

**20 Years** 2003-2024  
**DeafNation Expo**  
- Booths  
- Conference  
- Entertainment

**REGISTER ONLINE FOR FREE ADMISSION**

Follow, Subscribe & Watch on:  
**DEAFNATION.COM**

Sources:

- \* <https://dullesexpo.com/event/deafnation-expo/>
- \* <https://deafnation.com/expo/2024-deafnation-expo-dulles-va/>



**SAVE THE DATE**

**Sis Gaye and Donna's**

**FABULOUS POP-UP SHOP**

**SATURDAY, JUNE 15TH**  
10 A.M. - 5 P.M.  
(Raindate: Sunday, June 16th)

9507 Liberty Road  
Frederick, MD 21701

Local pop-up vendors and food vendors

- Small shops
- Local Eateries
- Good Vibes

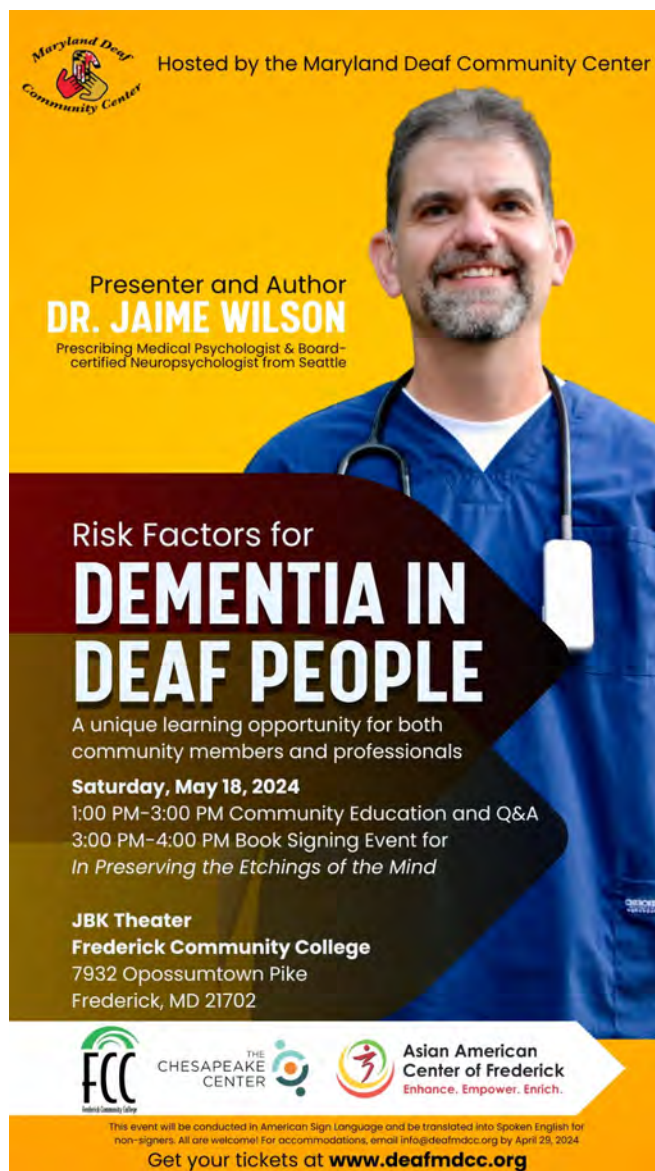
Join Us For a Fun Day of shopping, socializing and hanging out!

Enjoy complimentary wine and water all day long!

Vendors - \$25.00  
Proceeds goes to MD Deaf Community Center  
Zelle: gb@deafmdcc.org  
Cash app: \$deafmdcc.org

**For more info**





Maryland Deaf Community Center Hosted by the Maryland Deaf Community Center

**Presenter and Author**  
**DR. JAIME WILSON**  
Prescribing Medical Psychologist & Board-certified Neuropsychologist from Seattle

**Risk Factors for  
DEMENTIA IN  
DEAF PEOPLE**

A unique learning opportunity for both community members and professionals

**Saturday, May 18, 2024**  
1:00 PM-3:00 PM Community Education and Q&A  
3:00 PM-4:00 PM Book Signing Event for *In Preserving the Etchings of the Mind*

**JBK Theater  
Frederick Community College**  
7932 Opossumtown Pike  
Frederick, MD 21702

**FCC** **THE CHESAPEAKE CENTER** **Asian American Center of Frederick**  
Enhance. Empower. Enrich.

This event will be conducted in American Sign Language and be translated into Spoken English for non-signers. All are welcome! For accommodations, email [info@deafmdcc.org](mailto:info@deafmdcc.org) by April 28, 2024  
Get your tickets at [www.deafmdcc.org](http://www.deafmdcc.org)

"Risk Factors for Dementia in Deaf People" will take place on May 18, 2024 at 1:00PM-3:00PM. The location is at Frederick Community College, JBT Theatre [7932 Opossumtown Pike, Frederick, MD]. The sponsors for the event are FCC's ASL Program, Chesapeake Center, and Asian American Center of Frederick.

Dr. Jaime Wilson uses American Sign Language. Voice Interpreters will be provided for non-signers. For accommodations, please contact MDCC at [info@deafmdcc.org](mailto:info@deafmdcc.org).

Registration is required by going to MDCC website at [www.deafmdcc.org](http://www.deafmdcc.org) to get tickets.



# 2024 APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 	2	3 HH Monthly Hybrid (p. 2)	4	5	6
7 Social Night at Wegmans (p. 24)	8  (P 19)	9	10 HH Social at Wegmans (p. 24)	11	12	13
14	15 	16	17 Fine Tuners	18	19	20
21 Social Night at Wegmans (p. 24)	22 	23	24 HH Zoom Presentation (P 6)	25	26 	27  (P 22)
28	29	30				

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## Thanks to:

- Jane Euler for presenting “Navigating Aging and Illness with Doula-Based Care” on March 20
- Julie Mertz for interpreting Jane Euler’s presentation on March 20
- Pat Beech for facilitating the Hybrid Monthly Meeting on March 20
- Jonathan Kiell for helping with the PowerPoint presentation on March 20
- Lois Herberger, Jill Moebus, and Cathleen Potosky for being on the Menu Committee
- Lois Herberger, Bob Hickey, and Denise Drake for being the Shepherd Pie chefs on March 20
- Everyone for bringing goodies on March 20
- Everyone who helped with room set-up after the meeting, and clean-up on March 20
- Pat Beech for doing the monthly HH Newsletter issue
- Sharon Svenningsen, Melanie Williams, and Jonathan Kiell for proofreading the monthly HH Newsletter issue
- Debbie Jones for stuffing the monthly HH Newsletter hardcopies and getting them ready for mail







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Don Ames, Chair  
[\[dames@cox.net\]](mailto:dames@cox.net)



### Fine Tuners for 2023-2024

Front Row: Don Ames (Chair), Jill Moebus (Vice Chair),  
 Melanie Williams (Secretary),  
 and Steve Williams (Treasurer)

Back Row (All are Members-At-Large): Paul Daniels,  
 Tom Dowling, Cathleen Potosky, Eddie Drawdy, Stan  
 Smith, and Barbara Eger-Klatt (resigned in Dec 2023)

Insert: Member-At-Large - Lois Herberger

**Thanks for donating  
 to Happy Hands:**

- Nancy Rarus
- Shelley Simms



## Silent Social at Wegmans

This occurs on the first and third Sundays of each month at 7:00PM in Fairfax Wegmans at the corner of Route 29 and Monument Drive (Upper Level, near the stairs). Registration is suggested. The dates for the Silent Social Chat are April 7 and 21.



The date for HH Lunchtime Social Chat is April 10.

For more info, contact Jonathan Kiell at  
[jona3ki@msn.com](mailto:jona3ki@msn.com) or see: <https://www.meetup.com/aslbridge/>.

Please come join the very informal chat; the group often includes students and interpreters looking to learn and practice ASL. You can also get your groceries while you are there!

## Additional Happy Hands 2024 Members (as of March 26, 2024)

**Membership:** Thanks for joining or renewing your membership for 2024.

Laurie Dowling	Irene Hunter
Tom Dowling	Nancy Rarus

For those who have not renewed for the year 2024, please see: [https://nvrc.org/wp-content/uploads/2024/01/2024Membership\\_Fillable.pdf](https://nvrc.org/wp-content/uploads/2024/01/2024Membership_Fillable.pdf).