



## SENIORS' CHAT

# Don's Column



Hello, Happy Hands Members and Friends,

Summer is here already. Believe it or not!

Fifty-five people attended the Happy Hands Picnic at Occoquan Regional Park on June 7. See pages 3-6 for pictures taken at the picnic. We had a lot of leftover from Dixie Bones. We decided to donate that to Dylan Parker's Group Home.

Mark your calendar for July 5 and August 2. We will meet in person on those dates (see page 2). For Zoom Chats, please see page 2.

NVRC will host Celebrate Communication on September 23, 2022 at Springfield Town Center. For more information, here is the URL: <https://nvrc.org/save-the-date-celebrate-communication-2023/>.

This issue has:

1. Happy Hands Picnic on pages 3-6
2. NVAD Picnic on pages 7-8
3. News of Interest on pages 9-11
4. Tips and Tricks on page 12
5. Recipes on pages 13-14
6. May & June Birthdays on page 13
7. Calendar on page 15

NVAD will host VAD Conference during November 3-4, 2023 at the Fairfax County Government Center. See page 16. For more information, contact Jeanne Lavelle at [vadmemlarge2123@gmail.com](mailto:vadmemlarge2123@gmail.com).

As usual, Stay Happy Safely with Our Awesome Hands!

~ Don

## HAPPY BIRTHDAY... to the folks with birthdays in **July/August**

Eileen McCartin [July 2]  
Laura Daub [July 10]  
JoAnn Pelarski [July 10]  
Janice Dillman [July 15]  
Jeanne Lavelle [July 17]  
Bill Morris [July 20]  
Newby Ely [July 21]  
Cindy Pettie [July 22]  
Vicki Shank [July 25]  
Tom Dowling [July 26]  
Cheryl Rockburn [July 26]  
Eleni Triantafell [July 26]

Tim Lavelle [August 3]  
Eileen Goran [August 9]  
Mary Bagby [August 17]  
Richard Thompson [August 18]  
Robert Whitworth [August 19]  
Lew Carr [August 20]  
Lynn Keefe [August 20]  
Melanie Williams [August 23]  
Peter Brawley [August 25]  
Patty Ely [August 26]  
Mike Toms [August 26]  
Frances Marzolf [August 27]  
Gary Viall [August 31]

# Happy Hands In-Person Meeting

## July 5 and August 2 at 10:00



We will have our 13th and 14th post-COVID in-person monthly meetings on July 5, 2023 and August 2, 2023 at 10:00 AM - 2:00 PM. Bring your own lunch bags.

On July 5, Barbara Eger-Klatt will give a presentation on "History of Yoga". Also, the Fine Tuners would like HH members who attended the DSA Conference in Florida to share their experiences. They can give us feedback on the seminars and workshops, and show their copies of the program book.

Zoom Info: <https://us02web.zoom.us/j/88542225258>  
Meeting ID: 885 4222 5258



On August 2, Jill Kotchen will give a presentation on "Saint Bartholomew's Day Massacre". She will talk about the plot that happened during August 24-25 in 1572. King Charles IX of France (under the sway of his mother, Catherine de Medici) ordered the assassination of the French Huguenots (Protestants).

Zoom Info: <https://us02web.zoom.us/j/84819647326>  
Meeting ID: 848 1964 7326



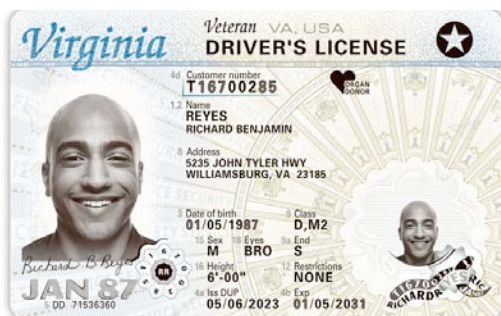
# Happy Hands Zoom Chats

## July 26 and August 23 at 10:00



On July 26, Melanie Williams will give a presentation about Prince Philip's mother, Princess Alice of Battenberg. Prince Philip was her youngest child, born in 1921. Princess Alice was featured in THE CROWN's 3rd season. Deaf from birth, Alice learned to read lips in multiple languages.

Zoom Info: <https://us02web.zoom.us/j/81657660355>  
Meeting ID: 816 5766 0355



On August 23, Pat Beech will give a presentation about REAL IDs. Starting on May 7, 2025, the federal government will require you to present a REAL ID compliant driver's license or ID card, or another federally approved form of ID, in order to board a domestic flight or enter a secure federal facility or military base. For more info about REAL IDs, see: [https://www.dmv.virginia.gov/drivers/#real\\_id.asp](https://www.dmv.virginia.gov/drivers/#real_id.asp).

Zoom Info: <https://us02web.zoom.us/j/81806644069>  
Meeting ID: 818 0664 4069



# Happy Hands Picnic on 06-07-2023



## at Occoquan Regional Park



Steve Williams



Suzanne Dahan  
and Dot Brenner



Jill Moebus and  
Dylan Parker



Bob Hickey and  
Don Ames



Jill Kotchen,  
Eddie Drawdy,  
and Eileen Goran



Barbara Eger-Klatt  
and Walter Klatt



Rocky & Cheryl  
Rockburn



Lois Herberger  
and Joan Corley



Jonathan Kiell and  
Laurie Dowling



Mary Ann & Tim  
Beatty



Melanie Williams  
and Peggy Daniels



Sitting: Cathleen Potosky, Serry Fahmy,  
Tom Dowling, and Melanie Williams  
Standing: Eddie Drawdy, Thelma  
Schroeder, Pam Gannon, Jonathan Kiell,  
and Don Ames



Sitting: Zina Zimina, Eileen Goran,  
and Shelley Simms  
Standing: Pat Beech, Jill Moebus,  
Peggy Daniels, Laurie Dowling,  
Iryna Riviluk, and Joan Corley



# Happy Hands Picnic at Occoquan

(continued from page 3)



Bill Morris



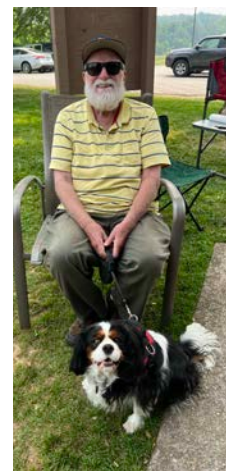
Selina & Ross  
Gilson



Zina Zimina  
and Pat Beech



Rick Thompson,  
Bob Hickey, and  
Cathy Thompson



Mike Toms  
and Guapo

**PICNIC**

**PICNIC**

**PICNIC**

**PICNIC**

**PICNIC**



Darren  
Marquardt



Lynn Keefe  
and Cathleen  
Potosky



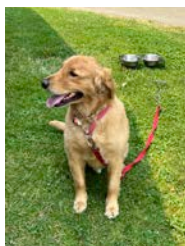
Kingsley (Dylan Parker's  
caregiver) and Pam  
Gannon



Serry Fahmy,  
Suzanne Dahan,  
and Iryna Raviluk



Robert Gault



Cooper



Jeanne & Tim  
Lavelle



Peter & Claudia  
Brawley



Sally & Ricky  
Newman



Paul  
Daniels



Jean Buffardi  
and Carol  
Duffy Clay



Stan Smith



Lanny Quarles



Selina Gilson and  
Julie Greenfield



Richard Cohen and  
Cathleen Potosky



Linda  
Naiditch



# Happy Hands Picnic at Occoquan

(continued from page 4)



## Special thanks to:

1. Everyone for coming to picnic, in spite of the air quality
2. Lois Herberger for History on Occoquan
3. Happy Hands for renting the shelter at Occoquan Regional Park
4. Happy Hands for providing BBQ Pulled Pork, BBQ Beef Brisket, BBQ Pulled Chicken Breast, Buns, and Baked Beans
5. Thelma Schroeder and Barbara Eger-Klatt for labeling the foods
6. Jonathan Kiell for fan & electrical cord, cups, cooler with ice, etc.
7. Pat Beech for paper products
8. Tom Dowling for Cole Slaw
9. Barbara Eger-Klatt and Walter Klatt for Vegan Casserole and Vegetable Salad
10. Jean Buffardi, Serry Fahmy, and Carol Duffy Clay for Bean Salad
11. Lois Herberger and Stan Smith for Potato Salad
12. Jill Moebus and Peggy & Paul Daniels for Macaroni Salad
13. Bob Hickey for Greek Pasta Salad
14. Iryna Raviuk and Zina Zimina for Ukraine Dish
15. Melanie Williams and Eddie Drawdy for Fruit Tray
16. Don Ames and Lanny Quarles for Watermelon
17. Eddie Drawdy and Cathy & Rick Thompson for Raw Vegetables and Dip
18. Cheryl Rockburn for Fruit Salad
19. Jill Kotchen and Tim Beatty for Potato Chips
20. Julie Greenfield, Eileen Goran, Lynn Keefe, Linda Naiditch, Thelma Schroeder, Cathy & Rick Thompson, Cathleen Potosky, and Jill Kotchen for desserts
21. Mary Ann Beatty, Peter Brawley, Joan Corley, Laurie Dowling, Jeanne & Tim Lavelle, Linda Naiditch, Sally Newman, Rocky Rockburn, and Steve Williams for beverages
22. Mike Toms for dropping off apples, peaches, and tomatoes
23. Those who helped with set-up and clean-up

## Many Thanks!



## You Tube

[https://youtu.be/iyWSe3\\_ECS0](https://youtu.be/iyWSe3_ECS0)

# Happy Hands Picnic at Occoquan

(continued from page 5)

## History of Occoquan

by Lois Herberger

The area that is Occoquan today was long occupied by the Indigenous People, the Doeg Tribe. The word Occoquan is from an Algonquian Doeg word meaning “at the end of the water”. Occoquan River at 24.7 miles in length is a major Virginia tributary of the Potomac. It forms a boundary between Fairfax and Prince William Counties.

FYI: Potomac River is a major river in the Mid-Atlantic region of the United States that flows 383 miles from the Potomac Highlands (Harper’s Ferry) in West Virginia to the Chesapeake Bay (Point Lookout ) in Maryland. The Potomac River meets the Occoquan River 20 miles south of Washington, DC.

What is Occoquan known for? In 1765, Anglo American colonists had established a flourishing industrial settlement at Occoquan with grist mills and tobacco warehouses. Grist mills grind wheats or grains to make flour. Lots of tobacco plants were grown in the area. After tobacco leaves were harvested, the bundles would be hung upside down from the rafters to dry. One of the grist mills at Occoquan was the first in the United States to use an automated system. It continued for 175 years before it was destroyed by fire.

Occoquan Regional Park is a 350 acre park along the tributary for outdoor recreation use in Lorton, VA.

Occoquan Reservoir is 2,100 acres, and a major source of drinking water for both Fairfax and Prince William counties. In 1950 a 30 ft high dam impounded 55 million gallons. As Fairfax County quickly developed in the 1950’s, local officials sought to ensure an adequate water supply. Seven years later in 1957, a 70 ft high dam was built to impound almost 10 billion gallons. This reservoir is an important safe water source for residents of both counties.

Today, visitors enjoy the lovely mix of local shops, restaurants, historic buildings and outdoor parks by the scenic Occoquan River. Several local high schools and colleges use the river for the sport of rowing.

Additional Note: Lois’ daughter Lisa and some of her W.T. Woodson classmates spoke with Fairfax County board members to start a crew club and it was established in 1986. Today, crew practices and competitions continue to use the Occoquan River.



## Recovering from Fall at the Happy Hands Picnic

Sally Newman had a bad fall while at the Happy Hands Picnic on June 7, 2023, injuring her right shoulder. Fortunately, X-rays showed no broken bones. As of June 19, she said that she was okay, if she rested a lot and took OTC and RX medication, plus RX patch.







# NVAD Picnic on 06-03-2023 at Frying Pan Farm Park



President Tim Lavelle  
and Vice-President  
Joan Corley



Kea & Al Manfredonio  
and Lois Herberger



Serry Fahmy & Cecile Lim,  
and Regina Sleeper



Donna & Gary  
Viall



Meg Duarte, Tom  
Dowling, and Pat Beech



Robert Goodwin & Jamie  
Berke



Carlafrances Jones,  
Natalie Jones, and  
Autumn Chen



Jonathan Kiell



Joe Duarte, and Karen &  
Pete Sepielli



Jeanne Lavelle,  
Mia Laboy-Heisley,  
and Kea Manfredonio



Cecile Lim and  
Benny Warden



Margott & Jan  
Skrobisz



Lanny Quarles  
and Jill Moebus



George & Barbie Sidawy, and  
Tony Heller



Peggy & Paul Daniels



Jeanne & Tim  
Lavelle



# NVAD Picnic at Frying Pan Farm

(continued from page 7)



Jeff McCray  
and Pat Beech



Mary Beth Heller,  
Kea Manfredonio,  
and Jackie Trinidad



Howard Ennaco &  
Shelley Helfer-Burgess,  
and Robin Forshay



Meg & Joe  
Duarte



Robert & Cheryl  
Gault



Dani Crittenden and  
Melanie Williams



Neil Ferris and  
George Sidawy



Laurie Dowling  
and Barbie  
Sidawy



Eileen  
McCartin and  
Lanny Quarles



Jill Kotchen and  
Joe Duarte



Anna Marie Sparks, Alicia  
& Russell Almond III



Tom Dowling  
and Darrin  
Forshay



Bill Athy



Darren  
Marquardt



Al Manfredonio and  
Steve Williams



Standing: Eddie  
Drawdy and Tom  
Dowling  
Sitting: Robert  
Goodwin



Lila Renchard  
with Lily



Prapha Biles  
& Tim Graff



Randy Renchard  
with Rose



Gina Sentz  
and Pat Beech





# News of Interest



Ed McGann's grandson Eddie Valdez received his Eagle Scout award on May 23, 2023. Sixty-six years ago Ed got his own Eagle Scout award in 1957. He never received his certificate and documentation until May 23. Source: <https://www.thecarrollnews.com/news/10787/eagle-scout-ceremony-66-years-in-the-making>



The Daily Moth announced that Google released ASL Fingerspelling Recognition Model using AI. See: <https://youtu.be/OJpyU5xtRpc>.

Scott Lehmann and Shayna Unger, both Deaf, reached the top of Mt. Everest on May 22. Source: <https://www.cnn.com/videos/tv/2023/06/15/deaf-mountaineers-mount-everest.cnn> and <https://wsvn.com/news/us-world/deaf-climbers-make-history-on-mount-everest/>

An article appeared in the April 6, 2023 issue of PEOPLE. <https://people.com/human-interest/deaf-boyfriend-girlfriend-climbers-face-mount-everest-brutal-conditions-start-ripple-effect-real-life-love/>

KIA has a 30-sec TV commercial, "Silence Is Powerful," featuring Kris Martin who is a Deaf professional race car driver. For more info about Kris Martin, see: <https://krismartinracing.com/about/>.

YouTube: [https://youtu.be/0CsM5DtHy\\_k](https://youtu.be/0CsM5DtHy_k)

Source: <https://www.ispot.tv/ad/1MZI/2023-kia-ev6-silence-is-powerful-featuring-kris-martin-t2>

Robert and Linda Whitworth had visitors on June 9, 2023, The visitors were Jack Mitchiner from Jacksonville, FL; his son Jon Mitchiner from D.C.; and Justin Lambert from Waynesboro, VA. Jack and Jon were at Ashby Ponds for a tour of the Senior Living community in Ashburn, VA. Pictured on right: Justin, Jon, Jack, Linda, and Robert.



HH members, ASL students, and interpreters met at Fairfax Wegmans for a Social Chat on June 18, 2023.

For more information about future Social Chats, see page 14.



## More News of Interest



Museum of the Shenandoah Valley in Winchester, VA has an exhibition of 13 displays that uses works of art made from LEGO bricks. The exhibition ends on September 4.

Exhibition Admission is:

- \*\$15
- \*\$10 for youth (13-18) and senior (60+)
- \*\$4 for ages 5-12
- \*Free to MSV members and ages 4 & under

For more information, see:

- \* <https://www.themsv.org/events/sean-kenneys-nature-connects-made-with-lego-bricks/>
- \* <https://www.themsv.org/outdoor-exhibition-of-sculptures-made-with-lego-bricks-on-view-at-winchesters-msv-may-27-september-4/>.



Oscar winner Troy Kotsur paid tribute to his father in short film, "To My Father". His father, Len Kotsur, was the police chief of Mesa, AZ. Troy said that his father was the best signer in the family.

The official trailer can be seen at: <https://youtu.be/P4hfBbDvgVY>

For more information, see:

- \* <https://youtu.be/dmgZWMCOi38>
- \* <https://www.shootonline.com/newsbriefs/oscar-winner-troy-kotsur-pays-tribute-his-father-short-film-premiering-tribeca>
- \* <https://abcnews.go.com/Entertainment/wireStory/after-making-oscar-history-troy-kotsur-pays-tribute-99960993>



At the monthly meeting on June 15, 2023, members of Maryland Deaf Seniors (MDSC) elected Janet Weinstock as president and Lisa Skaggs as secretary for the term 2023-2025.

Mike Weinstock is vice-president and Cathy Thompson is treasurer for the term 2022-2024.





## More News of Interest



As part of VDDHH's mission to reduce communication barriers, VDDHH has a guide called the Smart App Packet. This guide contains a list of apps available to those with hearing loss and/or speech difficulties. The guide includes:

- \*In Person Captioning Apps
- \*Telecommunications Captioning Apps
- \*Video Call / Video Relay Apps
- \*Emergency Preparedness Apps
- \*Speech Aide Apps

URL: <file:///Users/pgbeech/Downloads/Smart%20App%20Packet-1.pdf>.

A funeral was held for Michael B. Marzolf on June 17, 2023 at the Trinity Episcopal Church in Staunton, VA. Mike passed away on April 4.

The archived service can be seen at: <https://www.youtube.com/live/oqaCnqcc-80?feature=share>.

For his obit, see: <https://www.henryfuneralhome.net/obituaries/Michael-Marzolf/#!/Obituary>.

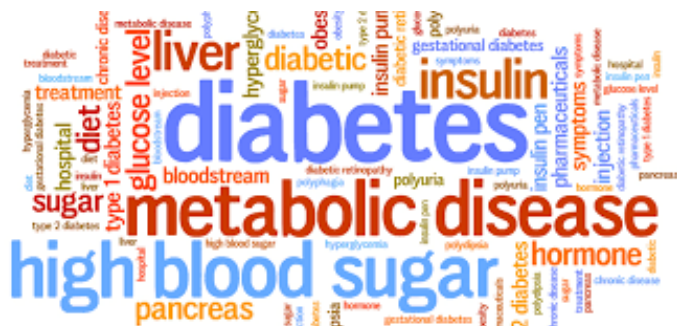


Eve Christian celebrated her 93rd birthday at Matchbox in Ashburn with friends on May 22, 2023 and Sweetwater Tavern in Sterling with her children and their spouses on May 25, 2023.



# Tips and Tricks

## Senior Citizens Health Resource Information by Barbara Eger-Klatt, Community Health Educator



### Trivia Question:

What is the difference between type one and type two diabetes?

- A. Type One diabetes means inefficient insulin use, and type two means insufficient insulin production
- B. People over fifty get type one diabetes, and people under fifty get type two diabetes
- C. Type two diabetes means inefficient insulin use, and type one means insufficient insulin production
- D. Type one diabetes has a known cause

The answer will be the next newsletter.

Reference: <https://hudsonphysicians.com/diabetes-trivia/>

If you want to learn more about the history of insulin, I recommend a book called “The Discovery of Insulin” by Michael Bliss. It explains the first insulin used in 1921 and how many new adaptations of insulin were added over the years. Did you know that they used cow and pig insulin? It caused some allergic reactions in humans. In 1978, “synthetic” human insulin was invented. More information can be found at <https://diabetes.org/blog/history-wonderful-thing-we-call-insulin>.



## Healthy Low-Sodium Recipe

## Green Salad with Oranges, Avocado and Onion

- 1 tbsp lime juice
- 1 tbsp olive oil
- 1 tsp red wine vinegar
- 1/8 tsp Splenda or Truvia  
(optional)
- 2 oranges
- 4 cups mixed greens
- 1 avocado pitted sliced  
cubed
- 1/4 cup red onions  
chopped

Fresh cilantro chopped

Mix the first four ingredient in a small bowl. Then add the rest of the ingredients together. See the website below for more info.

diabetesfoodhub.org

## What is a Podiatrist?

This type of doctor specializes in foot and ankle problems. It is especially important that you keep regular appointments with a podiatrist. The podiatrist can trim your toe nails and make sure your feet are healthy. Below is the link where you can find a podiatrist near you:

<https://www.apma.org/content.cfm?ItemNumber=1566&navItemNumber=24923>





# Chili Casserole

provided by Melanie Williams



## Ingredients:

- 1 pkg. Fritos Corn Chips
- 2 cups shredded cheddar cheese (mild or sharp, your choice)
- 1 15-oz. can chili (I use Hormel chili with beans. You can use whatever brand or version you prefer.  
You can use leftover homemade chili.)
- 2 10-oz. cans Enchilada Sauce
- 1 8-oz. can tomato sauce
- 1/4 cup chopped onion
- 1 cup sour cream



## Directions:

- Set aside 1 cup chips and 1/2 cup cheese.
- Combine remaining chips, cheese, chili, sauces, and onion in a microwaveable bowl.
- Cook on high in the microwave for 10-12 minutes.
- Remove from microwave and spread top with sour cream, sprinkle with reserved cheese, and put remaining chips around edge.
- Cook in microwave 2-3 minutes longer to melt cheese.

(Adapted from a recipe by Carol Mathias in a cookbook created by Alexandria (VA) Church of Christ in the 1980s)



# May & June Birthday Celebration



## Lazy Dog in Fair Oaks on 05-31-2023

Sitting: Joan Corley, Jill Moebus,  
and Eve Christian

Standing: Pat Beech, Barbara Eger-Klatt,  
Water Klatt, Melanie & Steve Williams,  
Mary Ann & Tim Beatty,  
and Lois Herberger



# Coke Cake

provided by Melanie Williams



## Ingredients:

- 2 cups flour
- 2 cups sugar
- 2 eggs, beaten
- 1/2 cup buttermilk (Instead of buttermilk, I found that I could use 1/2 cup of regular milk and add 1 tablespoon of lemon juice. Let it sit for about 10 minutes.)
- 1 1/2 cups miniature marshmallows
- 2 sticks margarine (equals 1 cup if you use margarine from a tub)
- 3 tablespoons cocoa
- 1 teaspoon vanilla extract
- 1 teaspoon baking soda
- 1 cup Coca-cola (or Diet Coke if you prefer)

## Directions:

- Set oven temperature to 350 degrees.
- Combine flour and sugar in bowl.
- Heat cocoa, margarine, and Coke to boiling.
- Pour over flour and sugar and mix well.
- Beat eggs, add buttermilk or milk with lemon juice, baking soda, vanilla extract, and marshmallows.
- Mix well. Add to mixture.
- Batter will be thin with marshmallows floating on top.
- Bake in a long shallow pan. Bake for 30-35 minutes.
- Ice while hot.

## Icing:

- 1 stick margarine (1/2 cup)
- 3 tablespoons cocoa
- 1 cup pecans (I prefer black walnuts)
- 6 tablespoons Coke
- 1 box confectioner's sugar

## Directions:

- Combine margarine, Coke, and cocoa.
- Heat to boiling.
- Pour over confectioner's sugar and mix well.
- Add nuts. Pour over cake.



(Recipe by Helen Pearson in a cookbook created by Alexandria (VA) Church of Christ in the 1980s)



# Events for July 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1 
2 Social Night at Wegmans (see p. 16)	3	4 	5 HH Monthly In-Person (see p. 2)	6	7	8
9	10	11	12 HH Social Chat at Wegmans (see p.16)	13	14	15
16 Social Night at Wegmans (see p. 16)	17	18	19 HH Fine Tuners In-Person	20	21	22
23	24	25	26 HH Social Chat via Zoom (see p. 2)	27	28	29
30	31	1	2	3	4	5

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# Events for August 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2 HH Monthly In-Person (see p. 2)	3	4	5
6 Social Night at Wegmans (see p. 16)	7	8	9 HH Social Chat at Wegmans (see p.16)	10	11	12
13	14	15	16 HH Fine Tuners In-Person	17	18	19
20 Social Night at Wegmans (see p. 16)	21	22	23 HH Social Chat via Zoom (see p.2)	24	25	26
27	28	29	30	31	1	2

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VP 571-350-8656  
10467 White Granite Drive, Suite 312  
Oakton, VA 22124  
<https://nvrc.org/about/directions/>



URL: <https://nvrc.org/happy-hands/>  
Don Ames, Chair  
[[dames@cox.net](mailto:dames@cox.net)]

### Thanks for donating to Happy Hands:

- Tim & Jeanne Lavelle
- Darren Marquardt
- Sally & Ricky Newman
- Geneva Riffe
- Shelley Simms



### Additional Members for 2023:

- Jeanne Lavelle
- Tim Lavelle
- Darren Marquardt
- Geneva Riffe



### Fine Tuners for 2023-2024

Front Row: Don Ames (Chair), Jill Moebus (Vice Chair),  
Melanie Williams (Secretary), and Steve Williams (Treasurer)  
Back Row (All are Members-At-Large): Paul Daniels, Tom Dowling,  
Cathleen Potosky, Eddie Drawdy, Stan Smith, and Barbara Eger-Klatt  
Insert: Member-At-Large - Lois Herberger



VIRGINIA ASSOCIATION OF THE DEAF

VAD CONFERENCE 2023



HOSTED BY

NORTHERN VIRGINIA ASSOCIATION OF THE DEAF

FRIDAY, NOVEMBER 3

SATURDAY, NOVEMBER 4, 2023



Fairfax County Government Center  
12000 Government Center Pkwy  
Fairfax, VA 22035

**More details will be announced in the  
next flyer very soon.**

## Silent Social at Wegmans

This occurs on the first and third Sundays of each month at 7:00PM in Fairfax Wegmans at the corner of Route 29 and Monument Drive (Upper Level, near the stairs). Registration is suggested. The dates for the Silent Social Chat are July 2, July 16, August 6, and August 20. FYI: The dates for HH Social Chat are on July 12 and August 9.

For more info, contact Jonathan Kiell at [jona3ki@msn.com](mailto:jona3ki@msn.com) or see: <https://www.meetup.com/aslbridge/>.

Please come join the very informal chat; the group often includes students and interpreters looking to learn and practice ASL. You can also get your groceries while you are there!