

FEBRUARY

2023



SENIORS' CHAT



Don's Column



Hello, Happy Hands Members and Friends,

Our next Happy Hands meeting on February 1, 2023 will be in person. Kathleen Brockway will give a presentation on "Lantz Mills". For more information, see page 2.

Barbara Eger-Klatt gave a presentation on "Origami" at the January 4 meeting. See page 3 for recap. The attendees had fun making their own Origami sculptures.

Happy Hands members and friends met at Clyde's Willow Farm in Broadlands on January 11 for lunch and to welcome the new year. Company and food were fabulous. See pictures on pages 7-8.

Hope to see you on February 1 for the Lantz Mills presentation (see page 2). As usual, Stay Happy Safely with Our Awesome Hands!

~ Don



HAPPY BIRTHDAY

...to the folks with birthdays in **February**

Marty Blakely [3rd]
Vicki Hurwitz [6th]
Cathleen Potosky [10th]
Peggy Daniels [12th]
Rocky Rockburn [12th]
Don Ames [14th]

Lanny Quarles [14th]
Nancye Torbett [16th]
Tony Heller [24th]
Stan Smith [25th]
Mary Ann Kielsgard [26th]

Happy Hands Meeting

February 1 at 10:00 AM

We will have our NINTH post-COVID in-person monthly meeting on February 1, 2023 at 10:00 AM - 2:00 PM. Bring your own lunch bags. Here is Zoom info: <https://us02web.zoom.us/j/87332441173>

Meeting ID: 873 3244 1173



Kathleen Brockway will give a presentation on Lantz Mills. This presentation will not be voice-interpreted. The meeting will be held at NVRC, on the third floor of the Service Source Building [<https://nvrc.org/about/directions/>].



Below is the Tentative Schedule:

10:00-11:00 People arrive

11:00-11:30 Meeting

11:30-12:30 Lunch

1:00-2:00 Presentation

Weather Advisory: If Fairfax County Government is closed due to weather (i.e., snow), NVRC will be closed too (no Snow Date for February).

Happy Hands 2023 Members

(as of January 25, 2023)

Membership: Thanks for joining or renewing your membership for 2023.

Don Ames	Tom Dowling	Jonathan Kiell	Vicki Shank
Pat Beech	Eddie Drawdy	Maryann Kielsgard	Stanley Smith
Janet Blakely	Newby Ely	Barbara Eger-Klatt	Cathy Thompson
Marty Blakely	Patty Ely	Walter Klatt	Richard Thompson
Peter Brawley	Serry Fahmy	Jill Kotchen	Mike Toms
Dorothy Brenner	Eileen Goran	Tom Lindsey	Eleni Triantafell
Jean Buffardi	Julie Greenfield	Kerry Anne Mike	Donna Graff-Viall
Lew Carr	Barry Harlan	Jill Moebus	Gary Viall
Felix Chevere	Lois Herberger	Cathleen Potosky	Melanie Williams
Patty Christenson	Irene Hunter	Denise Proulx	Steve Williams
Eve Christian	Tom Hunter	Lanny Quarles	Jennifer Witteborg
Richard Cohen	Song Jo	Nancy Rarus	Sam Yates
Paul Daniels	Kathy Jones	Iryna Raviluk	Zinoviia "Zina" Zimina
Peggy Daniels	Lynn Keefe	Cheryl Rockburn	
Janice Dillman	Chuck Kelley	Rocky Rockburn	
Laurie Dowling	Mary Kay Kelley	Thelma Schroeder	

.....
For those who have not renewed or joined for the year 2023, please see:
<https://nvrc.org/wp-content/uploads/2022/09/2023Membership.pages.pdf>



Recap of Hybrid Meeting on January 4, 2023



We had our 8th Hybrid Meeting on January 4, 2023. We had 21 people in person and 5 people on Zoom. Here is link for viewing the meeting: <https://youtu.be/D2cCg8YFPSs>.

Barbara Eger-Klatt gave a presentation on “Origami”. Here are a few links for tips on making your own origami shapes:

- * Duck — https://youtu.be/9_9pcGwx41Q
- * Heart — <https://youtu.be/Z-BIL6p1Te8>
- * Tulip — <https://youtu.be/LFHGsHdY8w4>
- * Cat — <https://youtu.be/27UVu2QIhoo>
- * Rose — https://youtu.be/XxnntE_0T5Y
- * Crane — https://youtu.be/GC_Szxdqh2Y



Chili Chefs

Barbara Eger-Klatt, Melanie Williams,
and Jill Moebus



Eileen McCartin
[NVRC Executive
Director] and
Barbara Eger-Klatt
[DSSCP Coordinator]



Vicki Shank
& Barry Harlan



Debbie Jones
and Pat Beech



Rocky & Cheryl Rockburn,
Jill Moebus, and Lois Herberger



Eddie Drawdy, Lanny Quarles,
Pat Beech, and Stan Smith



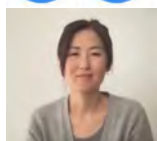
Don Ames, Melanie & Steve
Williams, and Jonathan Kiell



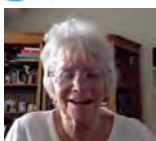
Peggy Daniels, Cathleen Potosky,
and Julie Greenfield



Zoom Participants



Geum Kin



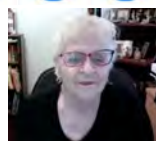
Eileen Goran



Phuong Duong



Song Jo



Nancy Rarus



Barry Harlan, Jill
Moebus, and Walter Klatt



Paul Daniels and
Linda Naiditch

Happy Hands Seniors - Profile Series

Linda Naiditch

Full name: Linda Naiditch

Where were you born? I grew up in Minneapolis until I was 13, then Akron, Ohio until I finished high school.

Were you born Deaf?

I am hearing. I remember learning the ASL alphabet in high school and using it to communicate “secretly” with a friend. But then on a college break, visiting home, I met a 5-year-old deaf boy named Clark who was a neighbor’s grandson. His grandma lent me a book showing 100 ASL signs, that I soaked up. I took Clark on a museum outing, and he gave me a run for my money! The experience implanted an interest in learning ASL that I am finally pursuing. Clark gave me my name sign.



What was your favorite subject in high school?

Hmmmm....I guess I enjoyed psychology and biology most. Then again, I remember having fun in “Home Economics” learning how to cook too. Anything but history — I don’t understand politics and can’t remember those dates.

What activities did you participate in after school (clubs, sports, cheerleading, etc.)?

Ready for a laugh? I was in “Future Homemakers of America”! That one didn’t turn out to be true! Also, French Club, volleyball, and ski club. I did Academic Challenge, too.

Did you attend college after graduating from high school? If so, where? What was your degree?

I got a degree in Social Psychology from the University of Miami in Ohio, then did a Master’s in Applied Social Research (Social Ecology) at the University of California, Irvine.

If married, how did you meet your spouse? I met my current spouse doing contra dancing at Glen Echo.

Contra is a called dance, sorta like square dancing but in long lines and without the western-styled dress. We have been married 18 years. I have one son and two grandchildren (15 and 7).

Are you still working or are you retired? If working, where do you work and what is your occupation?

I work full-time as a real estate agent in DC/MD/VA. Been doing that for 9 years. I recently took a part-time job as a visual interpreter for the blind. The blind “Explorer” calls in and shows me whatever they want to with their cellphone (for anything from setting the thermostat to navigating a sidewalk), or they can invite me to control their computer for tasks as varied as online shopping (always a vicarious thrill), filling in a job application, or installing some software.

Happy Hands Seniors - Profile Series

Linda Laiditch

(continued from page 4)

What is your favorite hobby?

Learning ASL is my only true non-work pursuit right now. For total relaxation, I watch Netflix, and particularly enjoy Korean dramas. They are so sweet and funny.

Do you like to travel? If so, what was your favorite place? Where would you love to go if you had a choice?

I do enjoy travel. Favorite destinations have been small towns in France as well as a visit to a village in Congo where I lived long ago.

What is your favorite food?

Gotta say lobster.

Do you have any pets?

I have a 8.5 pound Chihuahua named Tessa. She is afraid of new people and is initially mean to them. But, if they sit quietly and give her treats, she “adopts” them by putting her feet up on their knees as an invitation to be picked up. Once she does that, they are in her inner circle forever.

What is the funniest thing that has happened to you?

So hard to choose!! Maybe the time I was taking a shower in a “gang shower” in youth hostel in Austria. A guy stepped in to wash up in the shower right next to me, and he struck up a conversation. Yikes, that was not comfortable.

What is the most embarrassing thing that has happened to you?

One time I forgot to put the top of the ketchup on tightly in a restaurant with communal tables. One man picked up the bottle and shook it. The top flew off and ketchup spurted everywhere.

What do you do for fun?

I enjoy live entertainment (a comedy show or a play). I also love going out to eat for a special occasion. Walking or hiking with friends too.

If you were President of the United States, what would be your most important goal(s)?

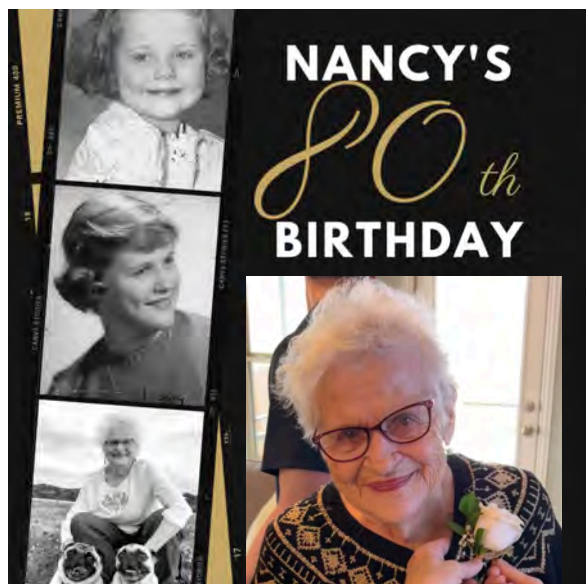
Getting a handle on climate change is the biggest threat to our well being, so I'd focus on that.

If you had a million dollars, what would you do with it?

Beside sharing with some deserving friends, family, special causes, I'd plan a couple trips with my husband (Ireland and France/Spain), then indulge in some good restaurants, too. Knowing myself, I'd put half of it away for the future.



Sunshine News



Nancy Rarus' family and friends surprised her with a big 80th Birthday celebration on January 7, 2023 in Texas.



Beautiful "80th"
cupcakes

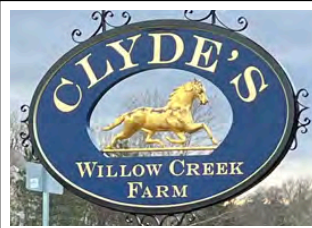


Nancy Rarus with her 2 children,
Kim Rarus and Tim Rarus

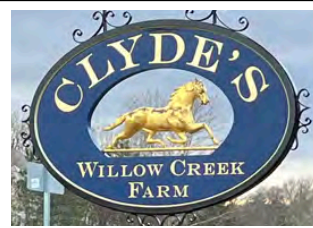
Thanks to:

- Barbara Eger-Klatt, Jill Moebus, and Melanie Williams for making Chili for lunch at the Hybrid Monthly meeting on January 4
- Everyone that brought goodies for lunch at the Hybrid Monthly meeting on January 4
- Pat Beech for facilitating the Hybrid Monthly meeting on January 4 [see page 3]
- Barbara Eger-Klatt for presenting "Origami" at the HH Hybrid Monthly meeting on January 4
- Walter Klatt for supporting Barbara Eger-Klatt during her presentation on "Origami" at the HH Hybrid Monthly meeting on January 4
- Debbie Jones for helping with the Tech Set-Up at the HH Hybrid Monthly meeting on January 4
- Jonathan Kiell for helping with the Tech Set-Up and Powerpoint Presentation at the HH Hybrid Monthly meeting on January 4
- Pat Beech for planning the New Year Lunch at Clyde's Willow Creek on January 11 (pages 7-8)
- Everyone who attended Clyde's Willow Creek on January 11 for making New Year Lunch a memorable one
- Stan Smith for presenting "Hearst Castle" via Zoom on January 25 [<https://youtu.be/DjbKKo4gSu8>]
- Pat Beech for preparing PowerPoint on "Hearst Castle" for Zoom on January 25
- Pat Beech for doing the monthly HH Newsletter issues
- Sharon Svenningsen, Melanie Williams, and Jonathan Kiell for proofreading monthly HH Newsletter issues
- Debbie Jones for stuffing the monthly HH Newsletter hardcopies and getting them ready for mail





New Year Lunch 01-11-2023



36 people attended the New Year Celebration at Clyde's Willow Creek in Broadlands, VA on 01-11-2023



Melanie Williams, Jonathan Kiell,
and Don Ames



Richard Cohen, Eddie Drawdy,
and Steve Williams



Sang Mclauchlin
and Denise Drake



Tom Bergner, and
Kathy & Neil Ferris



Serry Fahmy, Kerry Anne Mike,
and Josephine Bergner



Daniel Murray, Jill Moebus,
and Joan Corley



Peggy Daniels, Rocky Rockburn,
and Donna Graff-Viall



Stan Smith
and Eve Christian



Tom & Laurie
Dowling



Zina Zinovia
and Iryna Raviulok



New Year Lunch 01-11-2023

(continued from page 7)



Barbara Eger-Klatt
& Walter Klatt



Lanny Quarles, Pat Beech,
and Lois Herberger



Gary Viall, Cheryl Rockburn,
and Paul Daniels



Barry Harlan &
Vicki Shank



GOODBYE
2022
WELCOME
2023

GOODBYE
2022
WELCOME
2023

Thanks for donating to Happy Hands:

- Cathleen Potosky
- Lois Herberger
- Eleni Triantafell
- Jill Moebus



Events for February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 HH Monthly (p. 2) 10AM-2PM	2 	3	4 
5 Social Night at Wegmans (p. 10) 7PM	6	7 NVRC ASL Zoom Social (see p. 10)	8 Social Chat (p. 10) at Wegmans 11:00-1:00	9	10	11
12  NVAD Super Bowl Party at 5PM (see p. 10)	13 DSSCP (p. 10)	14  NVRC ASL Zoom Social (see p. 10)	15 Fine Tuners 10AM-12PM	16	17	18
19 Social Night at Wegmans (p. 10) 7PM	20 	21  NVRC ASL Zoom Social (see p. 10)	22 Social Chat (p. 10) via Zoom 10:00-12:00	23 DSSCP (p. 10)	24	25
26	27	28 NVRC ASL Zoom Social (see p. 10)				

© BlankCalendarPages.com



Popular Recipes for Mardi Gras



Taste Of Home listed 60 recipes at <https://www.tasteofhome.com/collection/best-mardi-gras-recipes/>.

Here are the top 5 recipes:

- Southern Shrimp and Grits — <https://www.tasteofhome.com/recipes/southern-shrimp-and-grits/>
- Mardi Gras King Cake — <https://www.tasteofhome.com/recipes/mardi-gras-king-cake/>
- Muffuletta — <https://www.tasteofhome.com/recipes/muffuletta/>
- Easy Jambalaya — <https://www.tasteofhome.com/recipes/easy-jambalaya/>
- Crawfish Beignets with Cajun Dipping Sauce — <https://www.tasteofhome.com/recipes/crawfish-beignets-with-cajun-dipping-sauce/>



E-mail: info@nvrc.org
 URL: www.nvrc.org
 VP 571-350-8656
 10467 White Granite Drive
 Suite 312
 Oakton, VA 22124
 Directions: <https://nvrc.org/about/directions/>



URL: <http://nvrc.org/resources>
 Don Ames, Chair
[\[dames@cox.net\]](mailto:dames@cox.net)

The Happy Hands gatherings are held monthly on the first Wednesday from 10:00AM to 2:00PM. We have lunches. We provide presentations, workshops, activities, etc.



Happy Hands Social Chats

02-08-2023 at 11:00-1:00 in person

Fairfax Wegmans at 116200 Monument Drive in the Food Court area upstairs.

For more information, contact Jonathan Kiell at jona3ki@msn.com.

02-22-2023 at 10:00-12:00 via Zoom

Presidential Trivia

Here is Zoom info:

<https://us02web.zoom.us/j/85980577584>

Meeting ID: 859 8057 7584

DSSCP Chats

2nd Monday of the month at 4:30-5:30PM

4th Thursday of the month at 7:00-8:00PM

For more information, contact Barbara Eger-Klatt at seniors@nvrc.org.

NVRC ASL Zoom Chats

Tuesdays at 8PM-9PM

For more information, contact Barbara Eger-Klatt at seniors@nvrc.org.

Silent Social at Wegmans

This occurs on the first and third Sundays of each month at 7:00PM in Fairfax Wegmans at the corner of Route 29 and Monument Drive (Upper Level, near the stairs). Registration is suggested. The dates are February 5 and 19.

For more info, contact Jonathan Kiell at jona3ki@msn.com or see: <https://www.meetup.com/aslbridge/>.

Please come join the very informal chat; the group often includes students and interpreters looking to learn and practice ASL. You can also get your groceries while you are there!

Northern Virginia Association of the Deaf
 proudly hosts

SUPER BOWL LVII PARTY



Sunday, February 12, 2023

5:00 PM

Dinner: 5:30 PM

Kickoff: 6:30 PM

Northern Virginia Resource Center
 Service Source Building
 10467 White Granite Drive, Suite 312
 Oakton, VA 22124



Please bring a dish or 2 to share according to your last name:

A-E: Hot Dishes

G-I: Appetizers

M-S: Cold Salads

T-Z: Desserts

Bring your own sodas & non-alcoholic drinks). NVAD will provide water bottles.

Please let NVAD Vice President Joan Corley know at nvadvicepresident@gmail.com what dish you will bring to avoid duplicates.

In case of inclement weather in our area, the party will be cancelled.
 Watch for flash news via email and Facebook.