



SENIORS' CHAT



Don's Column



Hello, Happy Hands Members and Friends,

Our next Happy Hands meeting on April 5, 2023 will be in person. Barbara Eger-Klatt will give a presentation on "Spring Harvest." For more information, see page 2.

Eileen Goran gave a presentation on "Sephardic Jews and Ashkenazi Jews" at the March 1 meeting. See pages 3-4 for recap.

Happy Hands members and friends met at Wegmans in Fairfax for a Social Lunch on March 8. See page 8.

Hope to see you on April 5 for the Hybrid meeting. As usual, Stay Happy Safely with Our Awesome Hands!

~ Don

P.S. Income Tax Due Date is April 18 [<https://www.irs.gov/newsroom/irs-kicks-off-2023-tax-filing-season-with-returns-due-april-18>].

June 7, 2023
10:00AM-4:00PM (Rain or Shine)

Occoquan Regional Park
<https://www.novaparks.com/parks/occoquan-regional-park>

More information
will be in the May issue.



HAPPY BIRTHDAY ...to the folks with birthdays in April

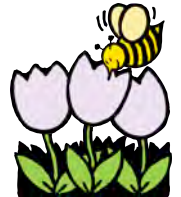
Kathy Ferris [7th]
Richard Cohen [11th]
Kathy Jones [11th]
Laurie Dowling [15th]
Iryna Raviluk [16th]

Paul Daniels [20th]
Jennifer Witteborg [23rd]
Jonathan Kiell [24th]



Happy Hands Meeting

April 5 at 10:00 AM



We will have our ELEVENTH post-COVID in-person monthly meeting on April 5, 2023 at 10:00 AM - 2:00 PM. See below for the menu. If you want to bring something, please let Jill Moebus [jmoebus7@gmail.com] know. If you do not bring food, please pay \$8.00.

Ham — Happy Hands
 Chicken — Jill Kotchen
 Scalloped Potatoes — ??
 Sweet Mashed Potatoes — Bob Hickey
 Deviled Eggs — Don Ames
 Corn Pudding — Peggy Daniels
 Fruit Salad — Lynn Keefe
 Cole Salad — Stan Smith
 Rolls & Butter — Tom Dowling

Jello Salad — ??
 Green Beans — Mary Ann Beatty
 Coke Cake — Melanie Williams
 Cookies — Jonathan Kiell
 Pie — Jill Moebus
 Water — ??
 Beverages — Cindy Pettie and Steve Williams
 Cups & Ice — Steve Williams
 Paper Products — Pat Beech



Barbara Eger-Klatt will give a presentation on “Spring Harvest.”

Zoom info: <https://us02web.zoom.us/j/86919783536> or Meeting ID: 869 1978 3536.

Directions: <https://nvrc.org/about/directions/>

Tentative Schedule:

10:00-11:00 People arrive
 11:00-11:30 Meeting
 11:30-12:30 Lunch
 1:00-2:00 Presentation

Weather Advisory: If Fairfax County Government is closed due to weather (i.e., snow), NVRC will be closed, too (no Snow Date for April).

Additional Happy Hands 2023 Members (as of March 27, 2023)

Membership: Thanks for joining or renewing your membership for 2023.

Tim Beatty
 Carol Duffy Clay
 Joan Corley
 Deanna Dunham
 Phuong Duong

Cheryl Gault
 Robert Gault
 Ross Gilson
 Selina Gilson
 Vicki Hurwitz

Geum Kim
 Bill Morris
 Linda Naiditch
 Sally Newman
 Becky Sadler

Cynthia Pettie
 Shelley Simms
 Sharon Svenningsen

For those who have not renewed or joined for the year 2023, please see:
<https://nvrc.org/wp-content/uploads/2022/09/2023Membership.pages.pdf>



Recap of Hybrid Meeting on March 1, 2023



We had our 10th Hybrid Meeting on March 1, 2023. We had 31 people in person and 8 people on Zoom. Eileen Goran gave a presentation on “Sephardic Jews and Ashkenazi Jews.” Here is link for viewing the presentation: <https://youtu.be/2RZprgO6GQQ>. Also, here is a link for the YouTube video shown before the PowerPoint presentation: <https://youtu.be/M-TjGJ9bgKQ>.



Money Table
Steve Williams and Don Ames



Sloppy Joes Chefs
Peggy Daniels and Jill Moebus



Rocky Rockburn, Bob Hickey,
and Jill Kotchen



Donna & Gary Viall, Mary Ann & Tim Beatty,
Cathleen Potosky, Jill Kotchen, and Cindy Pettie



Lynn Keefe and
Cheryl Rockburn



Eileen Goran



Barbara Eger-Klatt
and Pat Beech



Standing: Daniel Murray,
Melanie Williams, Jonathan Kiell,
and Lanny Quarles
Sitting: Serry Fahmy



Richard Cohen, Bob Hickey, Jill Moebus,
Tom Dowling, and Mary Ann Beatty



Cindy Pettie, Jill Moebus,
and Eileen McCartin



Recap of Hybrid Meeting on March 1, 2023

(continued from page 3)



Barry Harlan & Vicki Shank,
and Paul Daniels



Cathleen Potosky, Bill Morris,
and Phuong Duong



Raffle 50/50 Winner
Tom Dowling



Zoom Participants



Shelley
Simms

Lois
Herberger

Eleni
Triantafell

Jean
Buffardi

Song Jo

Nan
Sanders

Paula
Olejarz

Carol Duffy
Clay

Thanks for donating to Happy Hands:

- Geum Kim
- Becky Sadler



Thanks to:

- Everyone who brought goodies for lunch at the Hybrid Monthly meeting on March 1
- Eileen Goran for presenting “Sephardic Jews and Ashkenazi Jews” at the HH Hybrid Monthly meeting on March 1
- Pat Beech for preparing the Powerpoint Presentation and facilitating the Hybrid Monthly meeting on March 1 [see pages 3-4]
- Debbie Jones for helping with the Tech Set-Up at the HH Hybrid Monthly meeting on March 1
- Jonathan Kiell for helping with the Tech Set-Up and Powerpoint Presentation at the HH Hybrid Monthly meeting on March 1
- Jonathan Kiell for pictures taken on March 8 (see page 8) and March 15 (see page 9)
- Pat Beech for doing the monthly HH Newsletter issue
- Sharon Svenningsen, Melanie Williams, and Jonathan Kiell for proofreading the monthly HH Newsletter issue
- Debbie Jones for stuffing the monthly HH Newsletter hardcopies and getting them ready for mail



Happy Hands Seniors - Profile Series

Eddie Drawdy

Full name: Charles Edward Drawdy

Nickname: Eddie

Where were you born? South Carolina

Where have you lived the longest? I would say the northern VA area.

Were you born Deaf? I was born hearing. For reasons unknown, I lost most of my hearing around age of 6 or 7, during second grade. I didn't get sick but the doctor labeled it as nerve deafness.



Did you come from a Deaf family or a family with all Hearing members?

My family were all hearing. I was the first to become deaf at a young age.

Did you attend the State School for the Deaf or regular public school?

After I became deaf, my mother discovered a deaf school (SCSDB) for me to attend.

If you attended the State School for the Deaf, where was it located?

I went to South Carolina School for the Deaf and Blind in Spartanburg, SC.

What was your favorite subject in high school and why?

I loved Social Studies and Science. I love to watch and study people or human behaviors and Social Studies was related to that. I was fascinated about science because it explains a lot about the mysteries around us.

What activities did you participate in after school (clubs, sports, cheerleading, etc.)?

I was more of a bookworm than a sports person. I also was a day student so I did not stay on campus to participate in anything.

Did you attend college after graduating from high school? If so, where? What was your degree?

I went to Gallaudet and obtained my degree in General Business.

If married, how did you meet your spouse? I was married once. My wife and I decided to part ways due to different interests. We have two wonderful kids. Our daughter is an athletic trainer for high school sports. She is married to a Marine, so they relocate often across the country. My son is currently working on his Ph.D. at California State University in Berkeley.

Are you still working or are you retired? If working, where do you work and what is your occupation?

I retired in 2020 from Gallaudet University after working for 38 years in the IT department.

Happy Hands Seniors - Profile Series

Eddie Drawdy

(continued from page 5)

What is your favorite hobby? I have spent a great deal of my life working and raising a family so there was little time for hobbies, sad to say. Now that I am retired, I am focusing on re-discovering myself. For now, I enjoy reading good mystery novels, working puzzles, and tackling little home projects.

Do you like to travel? If so, what was your favorite place? Where would you love to go if you had a choice? I do enjoy traveling, especially day trips. My favorite place that I would love to return to in the future is Ireland. I would love to go see New Zealand or Australia. The only reason I have not gone yet is the LONG flight getting there.

What is your favorite food? There is a story here but about 10+ years ago I have transitioned to whole food plant-based (vegan) food. I don't have a favorite because there are so many varieties and ways to fix them.

Do you have any pets? If so, what kind and what name do you give it? As a strong animal lover, I should have but I do not have any at the moment. I did have a Sheltie named Sarah Sue along with two cats named Barney and Butterfly. The kids picked the names for the cats.

What car do you drive? 2005 Hyundai Tucson

What do you do for fun? I am still figuring this one out, but I do enjoy a day in the park by the water watching people go by.

If you were President of the United States, what would be your most important goal(s)?

I would want every person to feel accepted, welcome and be able to live their lives according to their beliefs and values. Being different is not a bad thing and it makes the world interesting. There is a quote that I learned years ago — “Be the best you can be with what you have and try not to hurt anyone.”

If you had a million dollars, what would you do with it? Aside from helping my kids, I would create some type of scholarship or endowment to help others who are not as lucky as others. Everyone could use a little help now and then.

Travel Agencies

Kerstin's Deaf Travel
<https://www.kerstintravel.com/>

Hands On Travel
<https://handson.travel/>

Deaf Land & Sea Travel
<https://www.deaflandsea.com/>

Lange Travel
<https://www.langetravel.com/>

Deaf Vacations
<https://www.deaf.vacations/>

If you know of other Travel Agencies, please let Pat Beech know (pgbeech@aol.com).



Sunshine News



Brenda Sherritt Mitchiner of Jacksonville, FL died at the age of 78 on March 13, 2023. She was predeceased by her son Tyson Mitchiner. She is survived by her husband John Mitchiner, and her children: Camille Albrecht and Jon Mitchiner. Donations can be made to the Florida School for the Deaf and Blind.

Source: <https://www.dignitymemorial.com/obituaries/jacksonville-fl/brenda-mitchiner-11203751>



Ruth Gonzalez Matos of East Stroudsburg, PA passed away on February 26, 2023. She was predeceased by first husband of 40 years, Luis Gonzalez in 1992; and second husband of 19 years, Ruben Matos in 2016. She is survived by daughters: Maida Marinaro and Thelma Schroeder.

Source: <https://www.pulafuneralhome.com/obituary/Ruth-Matos> and <https://www.legacy.com/us/obituaries/name/ruth-matos-obituary?id=48547869>



Nate & Sally Drown's 2nd great grandchild, Austin, was born on February 28, 2023. Austin's parents are Luke Mayhugh and Felicity Kaline. Picture on right is Nate's 1st great grandchild, Ryder, whose parents are Doug & Brittani Mayhugh. Pictured with Ryder are Great-Grandpa Nate and Grandma Betsy.



Stan Smith celebrated his 89th birthday while on a trip to Malaysia and Indonesia for a month during February 5-28. His gift shirt is an excellent example of BATIK creation in Malaysia.



The Whitworth family celebrated Linda's 80th birthday on 03-25-2023 at Ashby Ponds Retirement Community in Ashburn, VA. All of her four children came, plus five grandchildren.





Pineapple Cake

provided by Jill Kotchen



Ingredients:

- 1/2 cup and 2 tbsp sweetened condensed milk
- 2 cups flour
- 1/4 cup sugar
- 2 Tsp soda
- 1 20 oz can crushed pineapple with juice
- 1 Tsp vanilla
- 1/2 cup nuts, chopped

Directions:

Mix eggs, sugar, flour, soda, pineapple (including juice), vanilla, and nuts. Pour into greased and floured sheet cake pan. Baked at 350 degrees for 20-30 minutes.

DON'T OVERBAKE! (Top will have no white spots and sides will pull away from pan)



Frosting:

- 8 oz. cream cheese
- 1/2 stick margarine
- 1 3/4 cups powdered sugar
- 1 Tsp vanilla
- 1/2 cup nuts, chopped

Directions:

Mix cream cheese, margarine, powdered sugar, vanilla, and nuts. Spread over warm cake.

Fairfax Wegmans Social Chat on 03-08-2023



Standing: Cathleen Potosky, Richard Cohen,
Don Ames, Tom Dowling, Eddie Drawdy,
and Stan Smith

Sitting: Pam Gannon, Jill Moebus, Eileen
Goran, Eleni Triantafell, and Jonathan Kiell

Events for April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 
2 Social Night at Wegmans (p. 10) 7PM	3	4 NVRC ASL Zoom Social (see p. 10)	5 HH Monthly (p. 2) 10AM-2PM	6	7	8
9 	10 DSSCP (p. 10)	11 NVRC ASL Zoom Social (see p. 10)	12 Social Chat (p. 10) at Wegmans 10:30-1:00	13	14	15
16 Social Night at Wegmans (p. 10) 7PM	17	18  NVRC ASL Zoom Social	19 Fine Tuners 10AM-12PM	20	21	22
23	24	25 NVRC ASL Zoom Social (see p. 10)	26 Social Chat (p. 10) via Zoom 10:00-12:00	27 DSSCP (p. 10)	28	29
30						

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March & April Birthday Celebration



**Lazy Dog in Fair Oaks
on 03-15-2023**

Standing: Vicki Shank &
Barry Harlan, Jonathan
Kiell, Tom & Laurie
Dowling, and Daniel
Murray

Sitting: Peggy & Paul
Daniels



E-mail: info@nvrc.org
 URL: www.nvrc.org
 VP 571-350-8656
 10467 White Granite Drive
 Suite 312
 Oakton, VA 22124
 Directions: <https://nvrc.org/about/directions/>



URL: <http://nvrc.org/resources>
 Don Ames, Chair
[\[dames@cox.net\]](mailto:dames@cox.net)

The Happy Hands gatherings are held monthly on the first Wednesday from 10:00AM to 2:00PM. We have lunches. We provide presentations, workshops, activities, etc.



HH Financial Report



Account as of February 28:
 \$4,289.65

Cash on hand as of February 28:
 \$120.50

Total of both accounts:
 \$4,410.15



As of March 27,
 Happy Hands has
 89 members.



Happy Hands Social Chats

04-12-2023 at 10:30-1:00 in person

Fairfax Wegmans at 11620 Monument Drive in the Food Court area upstairs.

For more information, contact Jonathan Kiell at jona3ki@msn.com.

04-26-2023 at 10:00-12:00 via Zoom

Lois Herberger will give a presentation on "Road Rage." Here is Zoom info:

<https://us02web.zoom.us/j/82891474067>
 Meeting ID: 828 9147 4067

DSSCP Chats

2nd Monday of the month at 4:30-5:30PM
 4th Thursday of the month at 7:00-8:00PM

For more information, contact Barbara Eger-Klatt at seniors@nvrc.org.

NVRC ASL Zoom Chats

Tuesdays at 8PM-9PM

For more information, contact Barbara Eger-Klatt at seniors@nvrc.org.

Silent Social at Wegmans

This occurs on the first and third Sundays of each month at 7:00PM in Fairfax Wegmans at the corner of Route 29 and Monument Drive (Upper Level, near the stairs). Registration is suggested. The dates are April 2 and 16.

For more info, contact Jonathan Kiell at jona3ki@msn.com or see: <https://www.meetup.com/aslbridge/>.

Please come join the very informal chat; the group often includes students and interpreters looking to learn and practice ASL. You can also get your groceries while you are there!